



# Zonta Club of Quaboag Valley

## Member of Zonta International

*Advancing the Status of Women Worldwide*

ZONTA BOG NEWSLETTER      APRIL 2015

### Important Dates for your Calendar

#### April 13, 2015 Dinner Meeting \*

Special guests: representatives from the Palmer Domestic Violence Taskforce and Soldier On Women Veterans—chosen recipients for profits from May's Silent "No More!" Auction.

**Please bring items** for this event that you have collected so far and Auction Donation Form for each. **Also, donations** for Top Floor Learning Golf Basket and finally, **annual dues** of \$124.

#### May 2, 2015 District 1 Spring Retreat in Wells, Maine. Details at [zontadistrict1.org](http://zontadistrict1.org).

District 1 is sponsoring a raffle to give away a two night stay at the Hampton Inn, Wells, Maine. Ticket cost is only \$5/ticket and the proceeds are to benefit District 1's operating costs and travel expenses.

#### May 4, 2015 Silent "No More!" Auction (1st Monday of month)

Start getting the word out for attendees and donations.



**June 8, 2015 Dinner Meeting**—final meeting before summer break. Special guests: YWPA Award winner and author Katherine Kraver.

#### September 12th Annual Golf Tournament

\*Note: Member reservations for the dinner meeting are assumed and payment expected unless notification is made in advance. Contact **Kris Goold** [kmgould@aol.com](mailto:kmgould@aol.com) or (413) 783-4376 with your guest count by Wednesday before meeting.

#### Collecting Toiletries

Debbie Wood is collecting donations to give to the Helping Hands Cupboard in Belchertown. Feel free to bring to our monthly meetings.



### Greetings Sister Zontians,

Spring is finally here. As we drove home from Florida yesterday, I saw daffodils blooming in Virginia. They can't be far behind for us.



Our April meeting gives us the opportunity to hear from the two organizations selected to receive funds generated by the "Silent no more" Auction. We will hear from representatives from Soldier On and the Palmer Domestic Violence Task Force. I always find these presentations a powerful motivation to support not only the auction, but also the organizations themselves. Please try to attend this meeting.

Speaking of the auction, don't forget to bring your auction items to the meeting. Loretta has again generously offered to make beautiful baskets and arrangements of the items we collect. Don't forget to fill out a donation form for your items as those are needed to make the bidding sheets and to keep track of the wonderful items we have to offer. Last but certainly not least, invite your friends and colleagues. This evening is a very enjoyable night out in support of a great cause.

Our April meeting is scheduled for April 13th. If you know you will not be able to attend, please either email me at [kmgould@aol.com](mailto:kmgould@aol.com) or call me at 413 783-4376 by noon, the Friday before the meeting. That is my cutoff time for notifying Ludlow Country Club. Thank you for your cooperation. I look forward to seeing everyone in April.

Kristin M. Goold/  
Co-President





## Silent "no more!" Auction

.... Because victims need to be heard

MONDAY, MAY 4, 2015 6:00 - 9:00 LUDLOW COUNTRY CLUB

The Zonta Club of Quaboag Valley is looking for gift certificates, donated items or themed baskets to be used in the Silent "no more!" Auction fundraiser. Proceeds for this year's event will go toward local projects aimed at assisting homeless women veterans and providing domestic violence education and advocacy connections to women in need; and international projects aimed at stopping violence against women and children.

Donors are eligible to receive publicity at the event and at our website: [www.zontaqv.org](http://www.zontaqv.org).

We would also value your attendance at the auction and buffet - \$30/person for advance tickets.

Questions: Contact Loretta Dansereau at (413) 283-5051 or [Imdansereau@yahoo.com](mailto:Imdansereau@yahoo.com)

An Auction donation form (page 5) needs to be completed with each auction item. As you gather items for the auction, please complete one donation form per auction item and give it to Loretta. We would love to see many auction donations at our April meeting.

We need **everyone's** participation to ensure a successful, lucrative auction. Auction items are needed! Themed baskets are popular. Items for men and children have been quite popular in the past. Gift certificates to grocery stores; restaurants, retail stores, shows/theater, movies, entertainment, sporting events; - as well as gift certificates for services- housecleaning, lawn care, car detailing, car servicing; pet care/pet sitting; Unique Experiences- Hot Air Balloon ride? Music lessons or any other type of learning experience. Perhaps you have a gift certificate or received a gift that you will not use?? Look around your house for "almost new" items.

Please invite friends, family members, coworkers to this very enjoyable evening!

### Golden Words from Famous Women:

"Nobody can make you feel inferior without your permission." - Eleanor Roosevelt

### Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International

**Co-Presidents:** Kristin Goold  
Janet DaSilva

**Vice President:** Lisa Sedelow

**Treasurer:** Pam Albertson

**Secretary:** Debra Wood

**Directors:** Tina Guniasso  
Ann Cormier  
Joanne Turner-Chiacchia  
Elizabeth Reeves

### Committee Chairs

**Finance & Audit Chair:** Pamela Albertson  
**Membership Chair:** Lisa Sedelow  
**PR /Communication Chair:** Mary Knight  
**United Nations Chair:** BJ Bourdon  
**Advocacy Chair:** Tina Guinasso  
**Service Chair:** Loretta Dansereau  
**Scholarships Chair:** Dana Burton  
**Poinsettia Fundraiser Chair:** Liz Reeves  
**Golf Fundraiser Chair:** Debra Wood  
**Auction Fundraiser Chair:** Dianne Kidd  
**Archives Chair:** Marge Cavanaugh  
**Nominating:** Loretta Dansereau,  
Dana Burton, Mary Knight

## March 9, 2015 Zonta of Quaboag Valley Dinner Meeting

Ludlow Country Club

**Present:** Kris Goold, Dana Burton, Marge Cavanaugh, Joanne Turner-Chiacchia, Loretta Dansereau, Sandy Goss, Tina Guinasso, Trish Pupek, Liz Reeves, Debbie Wood, Pam Albertson  
**Absent:** Ann Cormier, BJ Bourdon, Janet DaSilva, Chris Gerl, Diane Kidd, Mary Knight, Lisa Sedelow, Mary Ann Rubis

Meeting Called to Order at 6 P.M. by Co President Kris Goold. Kris offered a moment of silence after she recalled Joanne Lambert's many accomplishments while a member of Zonta.

**Secretary's Minutes:** Read and approved as published in the Newsletter.

**Treasurer's Report:** Pam reported no activity in the month of February. She indicated that annual notices regarding our dues will be sent to members and dues should be submitted to Pam by May 1st. They remain \$124. Pam is in the process of preparing an Annual Budget for 2015-2016 for the membership to review after the Board reviews and approves it at the April Board Meeting.

### Old Business:

- Mary Ann is in New York and informed Kris that Zontians might appear on March 12th on the taping of the Today Show in NY. They will be wearing Zonta colors.
- Kris mentioned that the Board learned that Gayle Dragicevich has informed Pam that she is unable to commit to joining our club at this time. When she was contacted regarding a refund of the \$62.00 she had provided she did not want it returned. The Board voted to send it to the Rose Fund in her name and will inform her of the plan. Gayle hopes to attend our May Auction and reconsider joining in the future.
- Kris had prepaid for a ticket to the Women's Comedy Night scheduled for the Log Cabin on March 26th. She is unable to attend and offered her ticket to any member. Debbie and Pam are already planning to attend. Debbie will hold the ticket for anyone interested to contact as Kris is leaving tomorrow for Florida.

Kris led the Zonta Blessing before dinner was served.

**Advocacy Presentation:** Tina delivered a nice definition of advocacy as a means of preventing gender discrimination, basic human rights, gender prejudices, improving the political status of women and advocating for more representation in government. In addition advocacy can help towards women receiving better benefits, equal access to salaries and other privileges afforded men. Tina listed the many ways our club advocates for women citing the support we provide the Soldier On Veterans and our efforts at fundraising so we can provide funding for programs that serve women and all the social media we access to spread the word. Tina described the many Zonta International Service Projects that benefit women in different

countries. She reviewed how our advocacy efforts need to follow basic steps such

- 1.) Actively seeking opportunities to advocate for women,
- 2.) Asking questions about our strengths in helping women and
- 3.) Educating others about solutions to enact and implement programs that benefit women.

The ZISVAW program under ZI and the "Zonta Says No" campaign are good examples of advocacy efforts. Tina's presentation was very enlightening and assures our club undertakes a valuable role in advocacy efforts for women.

- Kris informed members that guidelines for the Sunshine Fund were discussed, reviewed and agreed upon by the Board for all bereavement and illness affecting our club members. Basically \$50 would be sent to the fund mentioned in an obituary or \$50 to the ZI Rose Fund or to another purpose depending on the circumstances.

### Committee Reports

**Scholarship Committee:** Dana has two applications for the YWPA with a deadline of March 14th. Jane M. Klausman applications were mailed to 13 area colleges with a May 29th due date. Dana will meet with members of her committee.

**Service Committee:** Loretta distributed and reviewed the Service Committee Request For Funds Form as prepared by the committee and approved by the Board. Loretta will assure it is posted on our website in a format that can be completed on line. She presented 2 proposals which reviewed and approved by membership.

- 1) An additional \$50 towards the \$100 already allocated as a recurring expense for the Top Floor Learning Annual May basket with a golf theme.
- 2) A proposal of \$150 for Christina's House towards essential operational supplies. Kris had raised her concern at a Board meeting that Christina's House is sectarian but in its reference to being "faith based" and with a mission similar to Zonta's mission, Kris withdrew her objection and the approval for \$150 was voted and approved by the members.

**Auction Committee:** Trish presented that the date is Monday, May 4th at the Ludlow Country Club. The menu and the price (\$30) are the same as last year. As in the past, 1/3 of the funds go to ZI, 1/3 to the Soldier On program for women. Marge presented that she hoped that the Palmer Domestic Violence Task Force could be provided the last 1/3 of the auction income. Besides their White Ribbon campaign in



## Manicures for Soldier On Women

Report from Debbie Wood

Sandy Goss graciously did nails for several women veterans at her Fancy Fingers Nail Salon on the first two Saturdays of March. During the first visit, Dana and I brought refreshments to add to the sandwiches Sandy offered the 6 women from the cottages. We learned a little more about the women and the proposed new residence where some of them hope to move this summer. The ladies were excited to describe the quad apartments which 4 women will share. They will have a common kitchen and living room, two bathrooms and private rooms with built in beds. The ladies hope they can occupy the dwellings in August. They were excited about some of the furnishings they would like to make it their home. Linens and decorative wall plaques with inspirational and motivational words were amongst the items they would appreciate. Dana and I explored their possible interest in taking them shopping for the items at Target, Christmas Tree Shop, etc. and they were very receptive. Dana inquired about their interest in acupuncture and an offer of the use of a Reiki table at the cottage was extended. Dana will be contacting the Wellness Director to propose a date in April. During this visit a former resident of the cottage stopped by and mentioned her interest in some type of transitional group or service for women who leave the program but want ongoing support.

Marge and Joanne joined me for the second Saturday when Sandy provided manicures for 3 women. They described many activities they have enjoyed and would like their Zonta "sisters" to join them for fun and socialization. Game play, camping, shopping for the new residence were amongst the activities they suggested. They are enthusiastic about attending our May 4th "Silent No More Auction." Ginger offered to speak on behalf of the Soldier On program and they all will consider some items they might want to donate to the auction understanding that 1/3 of the income will benefit Soldier On. The women enjoyed the refreshments and manicures. They took the remaining food to share with the women who were unable to attend the manicures. I know that I am joined by all our club members in expressing my appreciation for Sandy's generous donation of her time for the ladies to be pampered for a few hours. Dana, Joanne, Marge, Sandy and I gained a little more insight regarding the hopes and dreams of the special women in the Soldier On Program reinforcing the valuable service and friendship we offer them.



## Golf Tournament Committee Report

Debbie Wood, Chairman, Golf Tournament Committee

I know that some of us wonder if we will ever see a golf green again. Hopefully we will be thawed out my Saturday, September 12th for our 21st Annual Golf Tournament. It will be held at the Mill Valley Golf Links with an 8:30 A.M. shotgun start. The Golf Committee approved a slight change on the Sponsor Solicitation form which deletes the \$25 level of sponsorship and adds a \$75 option. The Player Registration form reflects an increase to \$75.00 for non members and \$55.00 for full time members so that we can realize more profit from this fundraiser. Sponsor Solicitation forms will be sent soon and we ask all members to use them to add at least one new sponsor this year. The Sponsor Solicitation and Player Registration forms will be on our website. Hopefully all members can switch gears soon after the May 4th Silent No More Auction so that we can make this year's golf tournament one of the most successful tournaments ever.

## Scholarship Committee Report

Dana Burton, Chairman

The YWPA Award finalist is due by April 1 to District, so the committee and I will be deciding the winner shortly. Packets for the JM Klausman scholarship, the packets have been mailed to 13 area colleges. This year the scholarship amount has been raised to \$1000 and women of any age, pursuing a business or business-related program who demonstrate outstanding potential in the field and are living or studying in a Zonta district/region, are eligible. Note that applicants from geographic areas where no Zonta clubs are located will be considered and also eligible to apply for the district/region scholarship. Online students are also eligible to apply. The applications can be found in the financial aid departments of most local colleges as well as online at [zontaqv.org](http://zontaqv.org). The due date for submission is May 29th. My address is 118 Jensen St., Belchertown, MA 01007

**Silent “no more!” Auction support**

Visit [zontaqv.org/silent-no-more-auction](http://zontaqv.org/silent-no-more-auction) to download forms for donations, donation requests, posters and invitations.



*Silent “no more!” Auction*

Because victims need to be heard

Monday, May 4, 2015 6:00 – 9:00  
Ludlow Country Club, Ludlow, MA

<p><b>Menu</b> Assorted Fruit Cheese crackers Veggie Platter / dip Salads Pasta Dishes Canning Station Grilled Vegetables Army of Delicious Desserts Coffee and Tea Cash bar / Specialty Drinks</p>
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**Admission: \$30**

Chance to bid on a large array of valuable items and themed baskets  
Appetizers, buffet meal, dessert, coffee/tea ~ Cash bar  
Beautiful, convenient location, free parking, relaxing atmosphere and plenty of seating  
Opportunity to network with like-minded individuals and support important causes

**Sponsored by Zonta of Quaboag Valley / Proceeds to Benefit:**

**The Palmer Domestic Violence Task Force Group** [townofpalmer.com/domesticviolence](http://townofpalmer.com/domesticviolence)  
Working in collaboration with local Police and DV Resource Groups to provide education and advocacy with the goal of ending violence against women, while helping survivors rebuild their lives. Our support will provide unrestricted funding to help expand programming and outreach.

**Soldier On Women Veterans** [wesoldieron.org/women](http://wesoldieron.org/women)  
Preserving the dignity, independence and quality of life of women veterans and expanding transitional housing for female veterans who have found themselves homeless since leaving military service.

**Zonta International Foundation** [zonta.org](http://zonta.org)  
Helping women and girls overcome gender barriers to educational and professional advancement; providing opportunities for women to earn higher wages and achieve economic independence; ensuring that women and children have access to quality, affordable health care; and striving to end violence against women while helping survivors rebuild their lives.

**Tickets may be reserved by May 1st through Zonta Club members, or by contacting Marge Cavanaugh**

**Address:** 57 South Street, Three Rivers, MA 01080  
**Phone:** (413) 283-6448 or **E-mail:** [mecq@comcast.net](mailto:mecq@comcast.net)

**Auction Items and Tickets: Cash, checks and credit cards accepted.**

Make checks payable to **Zonta of Quaboag Valley**

**Donations of Auction items are welcomed! Contact Loretta Dansereau**  
**Phone:** (413) 283-5051 or **E-mail:** [lmdansereau@yahoo.com](mailto:lmdansereau@yahoo.com)  
**with Donor name—item description—value—info on delivery or pickup needs.**

The Zonta Club of Quaboag Valley ([www.zontaqv.org](http://www.zontaqv.org)) is part of Zonta International — a leading global organization of professionals empowering women worldwide through service and advocacy.

**Silent Auction**  
The auction will include a large array of valuable items and themed baskets donated by members of Zonta of Quaboag Valley and local businesses.  
**Donors will receive publicity on the zontaqv.org website, in the evening's program and in all marketing materials.**

*Silent “no more!” Auction Donation Form*

Donor Name \_\_\_\_\_

Business/  
Organization \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Value \$ \_\_\_\_\_

List donor on website & brochure  YES  NO

Description of Donation \_\_\_\_\_

\_\_\_\_\_

Zonta Contact \_\_\_\_\_

**March Minutes continued from page 3**

**Palmer Public Schools, National Night Out, and combined efforts with the Zonta Says No campaign in November, the task force has objectives similar to ours. It was unanimous for a “yes” vote from members. There will be on line invitations and letters to solicit donors available soon. Please bring auction items, either partial or full baskets to Loretta at our April meeting so that they can be recorded and prepared for the auction. Task lists for the day of the Auction will be available soon.**

**Golf Committee:** Debbie distributed Sponsor Solicitation letters which have eliminated the \$25 level of sponsorship and added \$75 level. She requested how helpful it would be towards our goal if each member got one new sponsor. We have also increased the Player Registration cost to \$75.00 for non members and \$55.00 for members in hopes that we can increase our income from this fundraiser. The two forms will be available on line soon.

**Soldier On:** Debbie and Dana described how grateful the 5 women were to receive manicures by Sandy on Saturday, March 7th. The women also shared some of their hopes or wish list for future activities and items they might need when they move to new residences under construction. Three more women will be coming to Fancy Fingers next Saturday, March 14. Marge and Joanne will join Debbie and Sandy.

**Announcements**

**June Dinner Meeting:** Mary Ann will conduct the portion of the meeting which will include an introduction and presentation of Katherine Kraver and a signing of her children’s book. Presentation of the YWPA award and a membership recruitment appeal will be followed by a brief Business Meeting.

**The Inter-District Meeting In Minneapolis, June 12-14th.** Pam related her former experience attending the meeting in NYC. The International President and President Elect are expected to attend. Info was circulated.

**Leadership Change:** Debbie read a memo from the Board announcing that Kris and Janet will step down effective June 2015 as Co Presidents due to personal life circumstances. Lisa has agreed to step up to become President and Tina agreed to fulfill Lisa’s position as Vice President. The Board may be looking for member(s) to fill Director positions. We are very grateful for Lisa and Tina’s agreement to provide leadership for the club and to Janet and Kris for their service. There were no comments or questions.

**Raffle Winners:** Marge, Tina, Joanne and Dana. Dana will bring a prize for the next meeting. Next Dinner Meeting Monday April 13, 2015 at Ludlow Country Club. Reminder: No business meeting in May due to the Auction.

Respectfully submitted, Debbie Wood, Secretary



# INFORMATION

While not official Zonta events, the upcoming Commission on the Status of Women and the North American Inter-District Meeting will bring Zontians from around the world together in a unique format.

**The Commission on the Status of Women (CSW)**  
**Primary theme: Beijing +20 March 9-20, 2015 New York City**



An unprecedented 55 Zontians from North America, Europe, Africa, Asia, and Australia will join thousands of other members of NGOs around the world as the Commission reviews the progress made by Member States since the Fourth World Conference on Women in September 1995 in Beijing. In 2013, the Member States adopted a resolution calling for a 20-year review of the Beijing Platform for Action to take place in 2015 at this session of the CSW. The focus will be on the 12 critical areas of concern as outlined in 1995. (See sidebar)

In addition to official meetings at the United Nations, side events inside the UN and NGO parallel events at locations around Manhattan will occur. As an NGO, Zonta is allocated 20 passes for members to attend sessions in the UN. Parallel events are open to everyone. Most are free. This year, all attendees must register with the CSW.

Meeting and engaging with women, men, and teens (female and male) from around the world working to advance the status of women in their own unique ways is an amazing experience. This year, I will attend my third CSW. Each one has been an eye opening and thought provoking opportunity.

- Critical Areas of Concern**
- Women and the environment
  - Women in power and decision making
  - The girl child
  - Women and the economy
  - Women and poverty
  - Violence against women
  - Human rights of women
  - Education and training of women
  - Institutional mechanisms for the advancement of women
  - Women and health
  - Women and the media
  - Women and armed conflict

In addition to participating in discussions at the UN, Zonta will also host parallel events during the two weeks. On March 12, The Zonta Club of New York will host a dinner for ZI President Maria Jose Landiera Ostergaard and the Zonta delegation, which will include a discussion on the Beijing Platform for Action.

More information can be found at [www.unwomen.org](http://www.unwomen.org) and [www.zonta.org](http://www.zonta.org).



**North American Inter-District Meeting (NAIDM) June 12-14, 2015 Minneapolis**

The NAIDM is a fabulous opportunity for Zontians from North America to meet every two years and engage in discussion on the challenges and topics important to us. This year, membership will take center stage as ZI discusses redistricting. A diverse selection of workshops, including those with a leadership theme, will be offered. Additional information will be available soon.

So, check your calendars and see if you are able to attend one or both of these meetings. I promise, you will return with an entirely new perspective of the world we live in.

Next month, I will share with you my Zonta adventure as I travel to Belgium to attend the European Interdistrict Zonta Seminar. Until then, tot ziens!

Mary Ann K. Rubis,  
 Zonta International Membership Committee Member, 2014-2016

*Every month, a new ZI topic will be featured. Please share your ideas and questions for future newsletters with Mary Ann at [maryannrubis@yahoo.com](mailto:maryannrubis@yahoo.com)*