



# Zonta Club of Quaboag Valley

## Member of Zonta International

*Advancing the Status of Women Worldwide*

ZONTA BOG NEWSLETTER APRIL 2016

### Important Dates for your Calendar

April 11 Dinner Meeting \* Laura Rooney from Ludlow Cares will be our guest speaker. Elections, Silent Auction work

April 16 Area 2 Workshop 10am—3pm  
"Walk in My Shoes" Register Now!  
Springfield Sheraton

May 2 Silent "No More!" Auction  
First Monday of the month  
SPREAD THE WORD!

June 13 Dinner Meeting \*  
Year End Report, YWPA Award

July 3—6 ZI Convention  
Nice, France

September 10 Golf Tournament at Mill  
Valley Golf Links

October 21-23 District 1 Fall Conference  
in Truro, Nova Scotia

\* 5:30 Social and 6:00 Dinner.  
Call Lisa at 335-7722 or email her at  
ldsedelow@gmail.com with guest count  
and any regrets by the prior Wednesday.

Bill Gates once said: "If you can't explain something simply, you don't really understand it." Think about what it means to be a Zontian and say it out loud until you really feel what it means and can express that feeling with passion.

**What is Zonta International to you?  
Send your suggested response to  
info@ZontaQV.org; all responses will be  
published!**

## Silent "no more!" Auction

... Because victims need to be heard



Monday, May 2, 2016 6pm (preview 5:30)  
Ludlow Country Club, Ludlow, MA

\$30 Per Person  
Payable to the Zonta Club of Quaboag Valley

Proceeds to benefit Ludlow C.A.R.E.S. Coalition, Soldier On Women  
Veterans, Zonta International Foundation

Hear Ye, Hear Ye! Our annual Silent "no more!" Auction is but a mere 4 weeks away!! Just a reminder, please bring your auction items that need to be combined with other items, to our April meeting. No item is too small! A restaurant gift certificate could be added to a "Night on the Town" gift basket. Use your imagination! We will have fun making auction baskets at the April meeting. We are also in need of baskets.

We have some wonderful items so far. Two \$100 dining gift certificates for Todd English's Tuscany and Bob Flay's Bar American at Mohegan Sun. (One of these will be used for the auction, the other for the golf tournament); a Summer Beach bag complete with Blanket, towel, flip/flops, frisbee, kid pops and water bottle (maybe someone would like to throw in a bottle of sunscreen and some sunglasses)? A lovely grey/gold shawl; an Asian style tea set with tray; two beautiful hand knitted afghans, among other wonderful items.

Please look around your house for like-new items, check in with friends and family, ask the businesses you frequent for donations. New this year: The Zonta Club of Quaboag Valley is now a 501(c)(3) nonprofit organization, so donors may be able to take a tax deduction for cash or items donated to this event!

Of course, the Silent "no more!" Auction will only be a success if we have a great attendance. So invite, Invite, Invite!

Trish Pupek, Auction Chairman

# SOLDIER ON

## Soldier On – Women’s Veterans Program at the Northampton Veterans Administration Leeds, MA



We had a wonderful time on March 31st with the Soldier On women. Deb and Tina brought cider and fruit, as well as cookies and different colored frosting to decorate with. The women enjoyed designing their cookies and everyone enjoyed eating them. At one point one of the ladies showed us her collection of healing stones, which were beautiful!

**April 4:** Dana has offered acupuncture sessions. Let her know if you can join her. Refreshments welcome Ideas for May and June needed. Craft project, Game night, Manicures, Chocolate making? Tina has the event calendar.

Soldier On Women Veterans’ mission is preserving the dignity, independence and quality of life of women veterans and expanding transitional housing for female veterans who have found themselves homeless since leaving military service.

*“Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle.” – Chistian D. Larson*

**Zonta Club of Quaboag Valley  
District I, Area II,  
Charter 1317 of Zonta  
International  
2015—2016**

**President:** Lisa Sedelow  
**Vice President:** Tina Guniasso  
**Treasurer:** Pam Albertson  
**Secretary:** Debra Wood  
**Directors:** Ann Cormier  
 Joanne Turner-Chiacchia  
 Elizabeth Reeves

**Website:** [www.zontaqv.org](http://www.zontaqv.org)

**Committee Chairs 2015—2016**

**Finance & Audit Chair:** Pam Albertson  
**Membership Chair:** Tina Guniasso  
**PR /Communication Chair:** Mary Knight  
**United Nations Chair:** BJ Bourdon  
**Advocacy Chair:** Tina Guinasso  
**Service Chair:** Debra Wood  
**Scholarships Chair:** Dana Burton  
**Poinsettia Fundraiser Chair:** Liz Reeves  
**Golf Fundraiser Chair:** Debra Wood  
**Auction Fundraiser Chair:** Patricia Pupek  
**Archives Chair:** Marge Cavanaugh  
**Nominating:** Pam Albertson, Tina Guniasso

ZONTA BOG NEWSLETTER



## March 14, 2016 Zonta of Quaboag Valley Dinner Meeting

### Ludlow Country Club

**Present:** Pam Albertson, Debbie Wood, Marge Cavanaugh, Joanne Turner-Chiacchia, Trish Pupek, Tina Guinasso, Lisa Sedelow, Liz Reeves, Kris Gould

**Absent:** B.J. Bourdon, Dana Burton, Ann Cormier, Janet DaSilva, Dianne Kidd, Mary Knight, Mary Ann Rubis

**Guests:** Kathy Picard, Shanique Spalding, Donna Bihler

Lisa called the meeting to order at 6:05 P.M.

**Zonta International Service Projects:** Tina presented a slide show of the 2014-2016 ZI and ZISVAW service projects including the following: 1.) Eliminating Obstetric Fistula in Liberia, 2.) HIV-Free Generation in Rwanda, 3.) Gender Responsive Schools in Vietnam, 4.) Delaying Early Marriage in Niger, 5.) Voices Against Violence in 12 Countries. Tina also reviewed the Amelia Earhart Fellowships, Jane M. Klausman and Young Women in Public Affairs Scholarships and the Rose Fund which are part of ZI's Education and Leadership Development Programs. Thank you Tina.

### Business:

**Minutes** of January 11 Dinner Meeting: Approved as written in the newsletter

**Treasurer's Report:** Pam referred to the proposed budget for 2015-2016 which members are asked to review and be prepared to vote at the April meeting.

**Fill a Bag with Hope Project:** All agreed that the project was a huge success and well received by women. Shanique cited the grateful remarks of a woman who received a choice designer bag. The club may explore a similar project possibly considering baby items for next year.

**Silent No More Auction:** Trish outlined that besides Zonta International and Soldier On we need to identify a 3rd recipient of the funds which would result from the May 2nd event. Kathy Picard presented a request on behalf of the Ludlow Cares coalition for funds. The organization promotes a safe and healthy environment for youth. Another request was made on behalf of the YWCA by Shanique Spalding for funding of programs that promote the elimination of racism and the empowering of women. Marge had mentioned the Ware Domestic Violence Task Force but withdrew her suggestion given the 2 proposals.

After some discussion while the 2 presenters left the room it was unanimously decided by vote to consider the Ludlow Cares program this year.

Joanne has offered to maintain a spreadsheet of donated items and bid sheets. Mary Knight will assist with publicity and the programs. Trish invited members to bring odd items and baskets to our April meeting where some time will be spent assembling baskets and cellophane and ribbon will be available.

**Golf Tournament Committee:** Debbie informed the group that Saturday, September 10, 2016 is the date of the tournament which will be similar to last year as far as costs. Sponsor solicitation letters will be going out in April.

**Soldier On:** The trip to Magic Wings did not take place in February as Stephanie never responded to contact made by Trish. It was suggested to put "Zonta" in the subject when sending an E Mail. On March 31st at 6 P.M. Tina has organized a cookie decorating event at the women's residence. She will have the cookies prepared for decoration by the women. In April Dana is proposing acupuncture sessions. Debbie mentioned that she would like to offer a campfire for June.

**Nominations:** We have just learned that Dana is not comfortable with consideration of the Treasurer's position so that leaves that vacancy. Some discussion ensued about suitable candidates. Joanne is willing to consider it if no other suitable candidate is offered. A guest who is hoping to join our club soon might be a candidate as she works in a bank. The Board will further discuss the options at the next Board meeting.

**Prospective Members:** Two guests, Shanique Spalding and Donna Bihler who attended the meeting are interested in joining our club and are submitting their applications which will be reviewed by the Board.

**Other Business:** Trish wondered about some way to recognize Cecile Ploran as a generous supporter of our auction and our club. It was determined that we could present her with yellow roses on the night of the auction.

In lieu of a raffle prize "Women in History" books were given to our 3 guests. Meeting Adjourned: 7:50 P.M.

Respectfully submitted by,  
Debbie Wood, Secretary

### The following have accepted nominations for 2016-2018:

President - Mary Knight  
Vice President - Trish Pupek  
Treasurer - Joanne Turner Chiacchia  
Secretary - Kris Gould  
Director - Deb Wood  
Director - Dana Burton

Scholarships Committee  
Dana Burton, Chairman



## Applications for JMK Women in Business Scholarship due 5/27

The **Jane M. Klausman Women in Business Scholarship** is open to women in Western MA enrolled in at least the second year of an undergraduate program through the final year of a Master's program in business, leading to a business management career. The program is designed to encourage women to enter careers and to seek leadership positions in business-related fields in their communities and throughout the world. The club offers a \$1000 scholarship to the most outstanding Klausman applicant. The application is available at the club's site:

[www.zontaqv.org](http://www.zontaqv.org). The return date is **May 27, 2016**.

The local winner's application will then be submitted for competition at the Zonta District 1 level (New England states of the U.S. and Nova Scotia, Canada). The District 1 winner goes on to compete internationally. District and International awards are funded by the Zonta International Foundation.

Applications can be downloaded at [zontaqv.org/resources](http://zontaqv.org/resources). Completed documents should be mailed to the Zonta Club of Quaboag Valley c/o: Dana Burton, Scholarship Committee Chair, 118 Jensen St., Belchertown, MA 01007

Golf Tournament Committee Report  
Debbie Wood, Chairman



Zonta Club of Quaboag Valley  
Annual Golf Tournament Fundraiser

## Date Set for 22nd Zonta of Quaboag Valley Annual Golf Tournament

Our 22nd Annual Golf Tournament will be Saturday, September 10th at Mill Valley Golf Links. Prices will be the same as last year. Sponsor Solicitation and Player Registration forms will be available at our April meeting and on our website. We ask members to keep the tournament in mind as you seek donations for the Auction. The funds from this event help to support Zonta International and the many local service projects we fund.

## Zonta District 1 and Area 2 were Represented at CSW60

From March 14-24, 2016, the Commission on the Status of Women held its sixtieth session (CSW60) at the United Nations in New York. The priority theme was Women's Empowerment and its Link to Sustainable Development; for more information visit <http://www.unwomen.org/en/csw/csw60-2016>. On Saturday, several Zontians were able to take advantage of a dinner being held in honor of Zonta International President Maria José Landeira Oestergaard hosted by the Zonta Club of New York and held at The National Arts Club.



From left to right: Elizabeth Hart (Lt. Governor, Malden Club), ZI President Maria José Landeira Oestergaard, ZI President-elect Sonja Hönig Schough, Mary Ann Rubis (Quaboag Valley), Lynn Goodhue, Audrey Millgate and Donna Sroka (all from the Northampton club)



# Silent "no more!" Auction

... because victims need to be heard

Menu
Assorted Fruit
Cheese /crackers
Veggie Platter / dip
Salads
Pasta Dishes
Carving Station
Grilled Vegetables
Array of Delicious
Desserts
Coffee and Tea
Cash bar /
Specialty Drinks

**Monday, May 2, 2015 6:00** (5:30 preview)  
**Ludlow Country Club, Ludlow, MA**

**Admission: \$30**

Appetizers, buffet meal, dessert, coffee/tea ~ Cash bar  
Chance to bid on a large array of valuable items and themed baskets  
Beautiful, convenient location, free parking, relaxing atmosphere and plenty of seating  
Opportunity to network with like-minded individuals and support important causes

**Sponsored by Zonta of Quaboag Valley / Proceeds to Benefit:**

**Ludlow C.A.R.E.S. Coalition** [ludlowcarescoalition.org](http://ludlowcarescoalition.org)

Providing local youth with community opportunities and resources that promote good character and healthy choices, while minimizing destructive and risky behaviors.

**Soldier On Women Veterans** [wesoldieron.org / women](http://wesoldieron.org/women)

Preserving the dignity, independence and quality of life of women veterans and expanding transitional housing for female veterans who have found themselves homeless since leaving military service.

**Zonta International Foundation** [zonta.org](http://zonta.org)

Helping women and girls overcome gender barriers to educational and professional advancement; providing opportunities for women to earn higher wages and achieve economic independence; ensuring that women and children have access to quality, affordable health care; and striving to end violence against women while helping survivors rebuild their lives.

**Tickets may be reserved by April 27<sup>th</sup> through Zonta Club members, or by contacting Marge Cavanaugh**

**Address:** 57 South Street, Three Rivers, MA 01080  
**Phone:** (413) 283-6448 **E-mail:** [mecqltr@comcast.net](mailto:mecqltr@comcast.net)

**Auction Items and Tickets: Cash, checks and credit cards accepted.**  
Make checks payable to **Zonta of Quaboag Valley**

**Donations of Auction items are welcomed! Contact Patricia Pupek by 4/27**  
with Donor name—item description —value – Info on delivery or pickup needs.  
**Phone:** (413) 626-5656 **E-mail:** [patuppek@comcast.net](mailto:patuppek@comcast.net)

<p><b>Silent Auction</b> The auction will include a large array of valuable items and themed baskets donated by members of Zonta of Quaboag Valley and local businesses.</p> <p><b>Donors will receive publicity</b> on the <a href="http://zontaqv.org">zontaqv.org</a> website, in the evening's program and in all marketing materials.</p> <p>The Zonta Club of Quaboag Valley is now a 501(c)(3) nonprofit organization.</p>
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