



ZONTA

CLUB OF
QUABOAG VALLEY

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA BOG NEWSLETTER SEPTEMBER 2016

Important Dates for your Calendar

September 10 Golf Tournament at Mill Valley Golf Links 8:30 Shot-gun

September 12 Dinner Meeting *
Get More of What You Want and Less of the Other Stuff—Sandy Neumann, SVH

September 17th Soldier On outing at Quabbin Reservoir & Fish Hatchery

September 25th Out of Darkness Walk

October 10 Dinner Meeting *
Why "Self-Care" Should be a Priority—Dana Burton

October 21-23 District 1 Fall Conference in Truro, Nova Scotia - Details outlined at zontadistrict1.org and coming soon by mail.

November 14 25th Anniversary Meeting * and Founder's Day Celebration

November 25 —December 10 16 Days of Activism Against Gender Violence

* 5:30 Social and 6:00 Dinner.
Call Mary 413-323-4806 or email her at mfknight@crocker.com with guest count and any regrets by the prior Wednesday.

Collecting Toiletries (Debbie) for local Cupboard and **Magazines** (Marge) for hospital waiting rooms. We are also considering collecting feminine hygiene products for local shelters. Your thoughts?

Congratulations to the Zonta Club of Quaboag Valley on its 25th Anniversary!



Dear Sister Zontians,

I look forward to our new Zonta year—our 25th! We had a wonderful French-themed outing at Deb Wood's home in August in honor of ZI Convention. Picture at [facebook.com/ZontaQuaboagValley](https://www.facebook.com/ZontaQuaboagValley) reflects the camaraderie of the group!

Our Golf Tournament on the 10th is shaping up to be another successful fundraiser. Thanks to all members for donating prizes and recruiting players; check out zontaqv.org/golf-sponsors too!

Our first meeting of the year will be action packed:

- We will induct Shanique Spalding as our newest member.
- Our guest speaker—Sandy Neumann—will clue us in on "Getting More of What we Want" through the power of intention. Read about the topic on page 7 of this newsletter and then review the intentions our Board put together for this biennium on page 8.
- Delegate Pam Albertson provided a report on the ZI Convention in Nice on page 5 and—along with other attendees—will be available to answer questions about this biennial event.
- Several of the new committees formed over the summer are meeting and will be prepared to share reports. Special thanks to Pam, Trish, Dana, Debbie, Liz and Marge for each taking on TWO leadership roles this year. Committee Assignments are outlined on page 9.
- Our November 14th meeting will be a special event. At the 9/12 meeting we need to select someone for our Founder's Day Award (please come prepared with nominations of local women who have made a significant difference in the Quaboag Valley area) and make plans for our 25th Anniversary (be thinking about how we can break down tasks—menu, décor, invitations, publicity, program, etc.).
- Details for the October Fall Conference in Nova Scotia will be available—Let's determine who will be traveling and suggestions for making this 12 hour journey!
- The women from Soldier On will join us for an outing at Quabbin Reservoir and the McLaughlin Fish Hatchery in Belchertown on Saturday September 17th. Ideas for lunch and head count will be needed to make final plans.
- Trish will share details about the Out of Darkness Walk scheduled for the 25th.

As a reminder, we want to capitalize on the strengths each of us bring to this organization. Please provide the following to me as soon as possible so we can plan accordingly:

- (a) An area of expertise that you are willing to share with others
- (b) A skill, talent, area of knowledge that you would like to sharpen during the next two years.

Thanks for your dedication and passion for this organization!
Mary Knight





ZQV 2016 Young Woman in Public Affairs Award winner: Olivia Murray

The YWPA award committee, made up of Kris Goold, Marge Cavanaugh, Trish Pupek, and Dana Burton, Chair, reviewed submissions from 7 applicants from surrounding schools, (2) Belchertown, (2) Palmer, Pathfinder, (2) Ludlow. The things that stood out about Olivia were her confidence and level of involvement in everything she does.

Olivia Murray is the Valedictorian of the Palmer High School class of 2016. While in High school she developed a passion for learning, community service and leadership. She is a three-year member of The Hampden County District Attorney’s Youth Advisory Board and this year served as

its President. While on the board, she has presented internet safety programs to the community and also helped to create a Public Service Announcement which depicts the dangers of substance abuse and wrong decisions. Olivia is a member of the National Honor Society, Student Council, Student Advisory Council and serves as class historian. She is co-editor in chief of the year-book staff, an active member of blood bank, a four-year member of track and field and 5-year member of the soccer team where she was named a captain her senior year. She was chosen as a Massachusetts Girl’s State Representative and was the recipient of The 2016 Massachusetts Association of School Superintendents’ Academic Excellence Award. In her free time, she enjoys running and spending time with family and friends. In the fall, Olivia will enter the highly competitive 6-year Doctorate of Pharmacy program at The University of Rhode Island.

The goal of the Zonta International Young Women in Public Affairs (YWPA) Award Program is to encourage young women between the ages of 16 and 19 to participate in public affairs by recognizing a commitment to the volunteer sector and evidence of volunteer leadership achievements in their community.

*“Change the way
you look at things
and the things you
look at will
change.”
Wayne Dyer*

Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International 2016—2018

President: Mary Knight
Vice President: Patricia Pupek
Treasurer: Joanne Turner-Chiacchia
Secretary: Kristin Goold
Directors: Debbie Wood
 Dana Burton
 Lisa Sedelow

Website: www.zontaqv.org

Committee Chairs 2016—2018

Finance & Audit Chair: Pam Albertson
Membership Chair: Patricia Pupek
PR /Communication Chair: Mary Knight
Advocacy/UN Chair: Dana Burton
Service Chair: Debra Wood
Scholarships Chair: Dana Burton
Poinsettia Fundraiser Chair: Liz Reeves
Golf Fundraiser Chair: Debra Wood
Auction Fundraiser Chair: Patricia Pupek
Archives Chair: Marge Cavanaugh
Nominating: Pam Albertson, Liz Reeves,
 Marge Cavanaugh



June 21, 2016 Zonta of Quaboag Valley Dinner Meeting

Ludlow Country Club

Present: Pam Albertson, Dana Burton, Marge Cavanaugh, Kris Goold, Mary Knight, Trish Pupek, Liz Reeves, Mary Ann Rubis, Lisa Sedelow, Joanne Turner-Chiacchia, Debbie Wood

Not Present: Ann Cormier, Dianne Kidd, Janet DaSilva, Tina Guinaso

President Lisa Sedelow called the meeting to order at 6:03 pm and welcomed members. She asked members to complete the ballot for Zontian of the Biennium.

The Zonta Blessing was followed by dinner.

Mary Knight acknowledged Lisa Derose of the Ludlow Country Club for her continued support of our club's activities. Mary presented Lisa with a card and a gift. Lisa thanked the members for their thoughtfulness.

Mary referenced the overview of the club's accomplishments that was in the newsletter. She asked members to share what the highlight of the year was for them. Fill the Bag was cited by many as their highlight. Others included working with the Soldier On women, the Founder's Day event, the Silent Auction, and the June meeting with guests Kathryn Mary Kraver and the YWPA winner. Joanne cited working on the District Nominations Committee on which she spoke to many people who shared positive feedback about our club and members. Mary Ann Rubis announced that she will be the District Foundation Ambassador for the upcoming 2016-2018 biennium.

Mary then reviewed the handout "A Message from President-elect Mary F. Knight (2016-20218)". She stated that a key objective is strengthening our club and generating interest in our club. She asked everyone to identify a growth opportunity she we would like to explore.

Installation of 2016-2018 Board

Mary Ann Rubis led the Installation of the 2016-2018 Board. She acknowledged Marge, Debbie and Liz as founding members of the club and asked that they stand and be recognized for their dedication to the club. Using an analogy of the gifts for anniversaries, Mary Ann installed the new officers and board members. Mary Knight presented Lisa Sedelow a Past President's pin.

Induction of Shanique Spalding:

Mary Knight explained that Shanique Spalding was not in attendance and therefore would be inducted at the September meeting.

YWPA Award:

Olivia Murray, the YWPA recipient was also unable to attend this evening. Marge presented the YWPA award to her at the awards ceremony at Palmer High School.

Business Meeting Items

Minutes: The minutes as printed in the Zonta boag were passed.

Treasurer's Report: Pam and Joanne have talked about transitioning

the treasurer's duties and everything is under control. The dues have been sent in. Pam and Joanne will meet tomorrow to file the club tax return. The report was passed to be filed for audit.

Committee Reports:

Golf- Debbie stated that about 50% of the sponsors have responded thus far. She's looking for prizes for the prize table with a value of approximately \$25. A player's sign-up sheet will be posted at Mill Valley. Mary reminded us that the tournament is one week before our September meeting. Debbie will send out a task sign-up sheet for the event.

Announcements:

- Mary doesn't think we will do the fill a bag event again this year. She proposed perhaps collecting baby items or feminine products. These would be distributed to agencies that work with domestic violence victims or perhaps homeless women. She asked us to think about that.
- The club's 25th anniversary is this year. This celebration could be combined with the Founder's Day event. She would like a committee to get together to start working on this.
- We will have a summer get together this year. Debbie offered to host it at her house. A date is to be determined.
- Trish announced that the Out of Darkness Walk is on Sunday, September 25 at the Mass Mutual Center.
- Marge announced that the 300th anniversary of Palmer is this October. Marge would like Zonta to be a part of the celebration. There will be a parade on October 15 and she proposed that we march in the parade with our banner. This could help our club to get some recognition in Palmer.

ZI Convention Decisions:

Pam, our convention delegate, explained that she has received a package of materials from convention. She reviewed the handout of the proposed amendments to the bylaws and the proposed four projects for funding by Zonta International. The members discussed each proposed amendment and resolution and agreed with the recommendations of ZI Board.

Zontian of the Biennium:

Pam was voted as the Zontian of the Biennium. A check will be sent in her name to the charity of her choice. She thanked the club for the honor.

Closing:

A gift was presented to our waitress with our appreciation for her good service throughout the year.

Pam won the raffle.

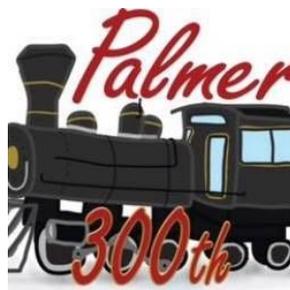
Mary reminded us to get back to her by August 1 with the committees on which we will serve.

The meeting was adjourned at 7:40 pm.

Respectfully submitted by Kristin Goold, Secretary



Palmer's annual National Night Out was held on Tuesday, August 2nd, 2016 from 6:00—8:00 pm at the Palmer Administration Building/Police Department parking lot. Zonta of Quaboag Valley was represented by Mary, Debbie and Marge. We handed out info about our club and answered questions from the dozens of individuals who stopped by our booth.



Palmer 300th Anniversary Parade invitation!

The Palmer 300th Committee—specifically Marge Cavanaugh, Military Coordinator—has invited our club to participate in their parade on Saturday, October 15th (time not provided).

At our Board Meeting this past week, it was suggested that we put the word out to members to gauge interest in carrying either our Zonta of Quaboag Valley Club or Zonta Says No banner in the parade. We would need 3 to 4 people. The **deadline for a response is September 10th** (before our meeting date) so please respond to Mary Knight—mfknight@crocker.com—if you are able to participate. Thanks!

Service Request for Funds

The Service Committee has reviewed a request from **River East School-to-Career, Inc. for \$350** to support the Girls and STEM project. This program will focus on activities that will encourage young girls to pursue careers in science, technology, engineering and math. The River East organization helps to coordinate career exploration events in their partnership school districts including Belchertown, Hampden-Wilbraham Regional, Ludlow, Palmer, Pathfinder and Ware. The funds requested will go towards costs associated with the programs such as hiring guests speakers and busses to events such as the Western New England Engineering Expo. The Service Committee is recommending approval of service funds for this worthwhile project, which falls within our mission to improve the status of women. Questions can be directed to me. Please be prepared to vote your approval to support this project with our service funds at the September meeting.

Submitted by Debbie Wood, Chairman Service Committee

Golf Committee Report



Zonta Club of Quaboag Valley Annual Golf Tournament Fundraiser

Crunch time ladies. We have received a good response from sponsors and we are starting to receive confirmations from players. If you know of interested players (men and women of all levels, ages are welcome), please give their names to Marge Cavanaugh—even if they have not registered with payment or have an incomplete foursome. We need to give a final count to Mill Valley for 9/6 so please e-mail Marge mecqltr@comcast.net with names of players.

We are hoping for 60-70 players and have approximately 20 gift cards and 25 prizes collected or promised—they can be combined or stand alone. Ann Cormier is preparing the individual gift card signage for display so please e-mail the names/amounts of gift cards to Ann anncormier@aol.com. Please also email me debwood197@gmail.com with gift cards and prize descriptions that you will bring for players. As another alternative for players we are gratefully accepting donations towards cash prizes. We appreciate the generosity of members who have signed up for tasks and donated items to make our tournament a fun, fundraising success. Marge, Kris and I thank you all for your support for our 22nd Annual Golf Tournament. It promises to be an enjoyable day of fun.

P.S. If non-golfing Zontians care to stay for lunch it will cost \$12.00 for the meal alone.

Submitted by Debbie Wood, Chairman-Golf Tournament Committee



63rd Zonta International Convention
Empowering Women - TOGETHER
2-6 July 2016

The 63rd Zonta International Convention, held in Nice, France, began on July 2 with the District 1 meeting. There were 17 Zontians from our district, led by Governor Joanne Puopolo. Quaboag Valley Club delegate Pam Albertson and alternate Debbie Wood, along with Mary Ann Rubis and Kris Gould, represented our club very well. Overall attendance was 2,287 of which there were 1,431 delegates.

The convention was at the Nice Acropolis, a large and lovely (and nicely air conditioned) center located near the heart of Nice. Shops and restaurants were within walking distance; the tram also conveniently ran along the streets to the seaside. The weather was beautiful and we savored many delicious meals in the local restaurants. July 3 began with the parade of flags representing all 67 countries which have a Zonta presence. It was most impressive. The keynote speaker, Maria Luisa de Contes who is Secretary General of Renault Spain Group, spoke about her commitment to making diversity and equality between men and women a reality. The business sessions began after lunch. The highlight was the candidates' speeches during the afternoon. All the candidates presented themselves as well-qualified for the positions they were in the running for. I thoughtfully took notes on their comments and evaluated them when I was making my decision about whom to vote for.



Voting took place first thing July 4. Details: <http://membership.zonta.org/Events/Convention-2016>. Results of the biennium were reported as well as committee reports from Zonta Leadership Development, Finances, Investment, United Nations, Council of Europe, and ZIF Development. The recipients of the Amelia Earhart Fellowship and the Young Women in Public Affairs each spoke. Camille Bilger (AE Fellow) told us about her research at the University of Cambridge which focuses on reducing the environmental impact of aircraft engines by improving the understanding of liquid atomization. Anna Rukko, YWPA recipient, told a compelling story of her childhood cancer diagnosis and her treatment in a rundown hospital. To pass the time she began making necklaces to sell to raise money for a new pediatric hospital in Helsinki. To date she has raised more than \$57,000 towards her goal of \$114,000. Both young women show how ZI's support can really make a difference in the world as they will surely use their talents for the betterment of society. Then the discussion of proposed amendments to the bylaws began. This continued the entire next day and presented a lively education as to how ZI operates and how the amendment process works. The results are on the ZI website.

Four international projects were approved for \$1,000,000 each. You can view President Sonja Honig Schough speaking about them at this link: <http://www.zonta.org/Media-News/Presidents-Corner-Blog/Blog-Detail/zonta-expands-projects-in-two-additional-countries-in-the-2016-2018-biennium> Continued support is being given to the Liberia Fistula Project and Delaying Early Marriage in Niger. New projects are the promotion of education for adolescent girls in Madagascar and addressing human trafficking of women and girls in Nepal. ZIF raised 93.5% of its fundraising goal for 2014 – 2016 and \$169,000 at the convention itself. My first time at a convention was very rewarding and interesting. I enjoyed meeting new friends, hearing inspirational speakers and seeing the energy generated by so many people in one place with one goal. I highly recommend attending and taking part by serving as a delegate. If you can't be a delegate, just go and enjoy the excitement! The next convention will be in 2018 in Yokohama; Chicago will take place in 2020.

Submitted by Pam Albertson, Delegate



ZQV Membership Corner

By Trish Pupek, Vice President and Membership Chairman
 Email: patpupek@comcast.net

A strong Membership is vital to the future of our club and the growth of Zonta International. The primary responsibility of the Membership Committee falls into four categories:

- **Recruitment**—Establishing short/long-term goals in line with the ZI strategic plans and International Membership Committee—of which club member Dr. Mary Ann K Rubs is Co-Chairman.
- **Rejuvenation**—Designing activities that engage like-minded individuals and help identify new members
- **Revitalization**—Encouraging every member to identify prospective members throughout the year, invite them to our club meetings and events and refer them to our Membership Committee for follow up.
- **Retention**—Developing a plan for retaining our current members.

Our Committee will meet in August to discuss ideas and develop a strategy for presenting to membership in September. But please remember, each of us has a stake in strengthening our club... so let's hear your suggestions!

The following resources can be found on our website zontaqv.org/resources:

- [Membership FAQs](#) - information about what is involved
- [Member Questionnaire](#) - form for applying for membership
- [ZQV Procedures for Working with Prospective Members](#)

Question: What is the difference between Districts, Areas and Clubs?

Answer by Dana Burton ~ Resource: Zonta Club Manual

The world is divided into Zonta's 32 Districts. We are in District 1, headed by District Governor Joanne Puopolo.

Each District is broken into Areas by the District Board. Areas are an administrative subdivision of a district.

District 1 is broken into four Areas:

- Area 1: VT, NH and ME
- Area 2: Central and Western MA, CT
- Area 3: Nova Scotia
- Area 4: Eastern MA, RI

We are in Area 2, headed by Area Director Christine Hunt



Each Area is then broken into clubs, which is the basic organizational unit of Zonta International. A club is issued a charter if it has paid all of its dues and fees has the required number of members, has elected officials and is in a country approved by the Zonta International Board.

Our club—the Zonta Club of Quaboag Valley—received its Charter in April 1991. We are known in the Zonta world as District 1, Area 2, Charter 1317 [01021317]. Our club is headed by President Mary Knight.

Quaboag Valley is comprised of Western Massachusetts towns in Hampden, Hampshire and Worcester counties. Quaboag Valley towns include Belchertown, Brimfield, Brookfield, East Brookfield, Hardwick, Holland, Monson, New Braintree, North Brookfield, Palmer, Spencer, Wales, Ware, Warren, West Brookfield. In addition, the Zonta Club of Quaboag Valley has members from Chicopee, Hampden, Ludlow, Westfield and Wilbraham.

The Power of Intention: how to get more of what you want and less of what you don't.

Do you wonder sometimes why you have such difficulty achieving goals, even though you try so hard? Your purpose might be spot on, your determination strong and yet you are stuck in a neutral state or caught in a negative spiral. Dr. Wayne W. Dyer * proposes that you can learn to co-create your world, your way, get what you want and choose to feel good by consciously tapping into the power of intention – defined as a force in the universe that allows the act of creation to take place.

Below are “Dyer’s Dozen” guidelines on connecting to intention so that the universe conspires with you to make your goals a reality.

1. Want more for others than you want for yourself. You are not separate – the success of others will attract the same for you.
2. Think from the end. See yourself surrounded by people, events and things as you want them to be. Believe it as reality and act as if it is already here.
3. Be an appreciator. It’s not always easy, but accept and love reality as it is – good or bad. Everything has value.
4. Stay in harmony with intention. If you feel good, you are in vibrational harmony with your source; if you feel bad, use this indicator to make an adjustment. Change the way you look at things, and the things you look at will change.
5. Understand that the low energy of resistance makes you powerless. Replace the need to win, to be right, to dominate others with a sense of curiosity and willingness to be open to different views.
6. Practice the art of creative visualization. Use your imagination to create a clear image of what you want to manifest, then focus on that picture regularly – giving it positive energy – until it becomes objective reality.
7. Trust in the art of allowing. “Allow” everything in your life to simply just “be” what it is - without anger, without criticism, without wishing it was something else. Just keep your eyes open for the opportunities that are going to present themselves to you.
8. Practice radical humility. Check your ego at the door and don’t take yourself so seriously.
9. Be in a constant state of gratitude for all that shows up in your life. There is no justified blaming or resentment.
10. Remember that you cannot resolve a problem by condemning it. You attract what you condemn. Be the example you wish to see in the world.
11. Play the match game – match your thoughts to what you want, rather than NOT want. What you think about, you bring about. “I need to lose 20 pounds; I am so bad about this.” “I am the perfect body weight and eat a healthy diet that allows me to maintain the healthiest frame for me.”
12. Meditate. Just 3 to 5 minutes of silence each day, focused on your breathing, can radically change your life. As thoughts come up, simply acknowledge with no judgement and let them float away.

* Dr. Wayne W. Dyer was the bestselling author of 20 books and had a doctorate in counseling psychology. He lectured across the country to groups numbering in the thousands and appeared regularly on radio and television.

At our meeting in September, Sandy Neumann will join us to talk about intention and the concept of creative visualization.

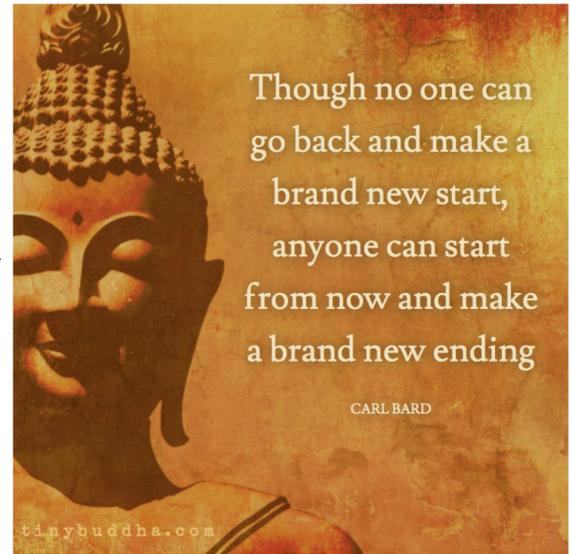
Changing thoughts and attitudes of the mind can lead to major changes in how you view your world and what happens in it. With the help of Hypnosis and Neuro - Linguistic Programming you are able to open new pathways into how you interpret your world, break down barriers, get clarity and get control over negative thoughts, emotions and behaviors all without side effects. Life coaching is a serious business helping people to understand what is most important to them and how to develop skills to achieve their goals using the power of their own subconscious. We can all have the vibrant lives we choose to have if our beliefs are in line with our intentions.

Sandra Neumann, Certified Hypnotist, NLP Practitioner, Certified HypnoCoach®

Founder [Springfield Valley Hypnosis Center](#) (2013)

280 North Main St. Suite # 7, East Longmeadow, Ma 01028 413-537-3710 springfieldvalleyhypnosis.com

Interested in learning more about the Power of Intention and the Law of Attraction? Visit: <http://springfieldvalleyhypnosis.com/resources.html>



Zonta Club of Quaboag Valley ~ 2016-2018 Strategic Plan Focus: Strengthen Our Club.

Intentions proposed by the Board of Directors:

The marketing communication efforts of our club are generating interest from the community and an increase of guests and inquires.

We engage and mentor individuals who are willing to actively support and implement the Mission, Vision and Objects of Zonta* as a member of this club.

In our club, we maximize the ‘value-quotient’ of being a Zontian. Our members are hopeful, respected, seen and heard, and an integral part of a world-wide movement empowering women through service and advocacy.

We continue hands-on service projects: working with Soldier-on Women Veterans and collecting /disseminating something valued by women in Domestic Violence and Homeless shelters.

We continue to advocate for women’s rights: participating in *Zonta says NO!* activities and partnering with like-minded organizations to raise awareness and support on important issues.

Our fundraising activities – Poinsettia sales, Silent “no more!” Auction and Golf Tournament – raise money and awareness for Zonta’s Vision – locally and globally; the generosity of our members support our goal of 100% participation in Zonta International Foundation donations.

*

Mission of Zonta – Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy.

Vision of Zonta – Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.

In such a world, no woman lives in fear of violence.

Objects of Zonta

To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy

To work for the advancement of understanding, goodwill and peace through a world fellowship of members in business and the professions.

To promote justice and universal respect for human rights and fundamental freedoms.

To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

Why is each worthy of our intentions?

How can we know / believe this will happen?

Visualize what it will look and feel like. Then, expect it and be grateful

2016 – 2018 ZQV Board and Committee Assignments 8/1/2016

President:	*	Mary Knight
Vice President:		Patricia Pupek
Secretary:		Kristin Goold
Treasurer:		Joanne Turner-Chiacchia
Directors:		Debra Wood
		Dana Burton
		Lisa Sedelow
Nominating:		Pam Albertson, Marge Cavanaugh, Liz Reeves
Membership:	*	Patricia Pupek, MaryAnn Rubis, Shanique Spalding, Mary Knight, Marge Cavanaugh
Service:	*	Debra Wood, Pam Albertson, Joanne Turner-Chiacchia
Advocacy/UN:		Dana Burton, Dianne Kidd, Mary Knight, Shanique Spalding
PR/Communication:		Mary Knight, Liz Reeves, Dana Burton
Archives:		Marge Cavanaugh
Scholarships:		Dana Burton, Kristin Goold
Finance:		Pam Albertson, Joanne Turner-Chiacchia
Fundraising		
Golf:		Debra Wood, Marge Cavanaugh, Kristin Goold
Poinsettia:	*	Liz Reeves, Pam Albertson, Mary Knight
Silent Auction:		Dianne Kidd, Patricia Pupek, Mary Ann Rubis, Janet DaSilva
Soldier On Tracking:		Janet DaSilva
Program Tracking:		Lisa Sedelow
25th Founder's Day:	*	Mary Knight, Debra Wood and Lisa Sedelow

* These committees need to meet in August to begin planning and have a report ready for September 12th.

Assignments for each individual:

Pamela Albertson – Finance Chair, Service, Poinsettia
Dana Burton – Scholarships Chair, Board, Advocacy/UN, PR
Marge Cavanaugh – Archives+ Chair, Golf, Membership, and serving as District Archives Chair
Ann Cormier – Out of area
Janet DaSilva – Soldier On Tracking, Silent Auction
Kristin Goold – Board, Scholarships, Golf
Christina "Tina" Guinasso – Out of area
Dianne Kidd – Silent Auction Co-Chair, Advocacy/UN
Mary Knight – Board Chair, PR Chair, Membership, Poinsettia, 25th Anniversary, and serving as District Webmaster
Patricia Pupek – Membership Chair, Silent Auction Co-Chair, Board
Elizabeth Reeves – Poinsettia Chair, Nominating, PR
Mary Ann Rubis – Membership, Silent Auction, and serving as District ZIF Ambassador and ZI Membership Co-chair
Lisa Sedelow – Board, Program Tracking, 25th Founder's Day
Shanique Spalding – Membership, Advocacy/UN
Joanne Turner-Chiacchia – Board, Service, Finance and serving as District Finance Chair
Debra Wood – Service Chair, Golf Chair, Board, 25th Founder's Day

We all, of course, pitch in on fundraising and service projects.