



# ZONTA

CLUB OF  
QUABOAG VALLEY

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

## ZONTA BOG NEWSLETTER JANUARY 2017

### Important Dates for your Calendar

**January 9 Dinner Meeting \***  
Amelia Earhart program

**February 13 Dinner Meeting \***  
Hands-on Service program

**March 8 International Women's Day**

**March 13 Dinner Meeting \***  
International Women / Women's Health

**April 10 Dinner Meeting \***  
Service Project Updates

**May 8 Silent "no more!" Auction**

**June 2-4 North American Inter-District  
Meeting – McLean Virginia Hilton**

**June 19 Dinner Meeting\***  
Please note this is the 3rd Monday of the month.

\* 5:30 Social and 6:00 Dinner.

Effective 2017, the Board has voted to enforce the rule that member reservations for the dinner meeting are assumed and payment of \$18 is expected unless notification is made in advance. Call Trish 413-626-5656 or email [info@zontaqv.org](mailto:info@zontaqv.org) with guest count and any regrets by the prior Wednesday. In an emergency, a member will have until noon of the day of the meeting to call without penalty.

**Collecting Toiletries** (Debbie) for local Cupboard and **Magazines** (Marge) for hospital waiting rooms.



Dear Sister Zontians and Friends,

A brand new year, a clean slate. As you consider your intentions for 2017, please remember what we learned from Sandy Neumann: If you want positive outcomes, you need to start with positive thinking.

I have great expectations about you and this club and look forward to what's coming next!

As January is Amelia Earhart month, we celebrate this Zontian's extraordinary achievements and uncompromising spirit during our meeting this month. We also celebrate the induction of a new member—Sue Williams.

**The Period Project –Distributing dignity to women and teens in need—** gets underway with this newsletter. This week, we need each member to find two locations for drop boxes and get me the location name/address to post on the website and in press releases. You can use the flyer in this newsletter or contact me for a 12" X 18" poster. Boxes are available at appliance and package stores. Please get the word out to local churches, high school Key Clubs and local merchants. This hands-on service project is not only for a good purpose, it is also an opportunity to raise awareness about this issue and about Zonta..

Our fellowship with the women at Soldier On continues to reap rewards. The December event was well received (see pictures and write up in this newsletter) and we will be awarded a plaque from the organization for our ongoing efforts with the Women's Program. Meanwhile, each of us who has participated in monthly activities during the past 8 years with these veterans has experienced an awakening and growth that is hard to put into words. Truly a win-win project.

Please see the important note about calling in regrets and guest counts. Deadline this month is Wednesday, 1/4.



Wishing you and your family a healthy, joyous and prosperous 2017. Let's start it off by throwing kindness around like confetti!

Mary Knight, President

If you don't like something change it;  
if you can't change it,  
change the way you  
**THINK**  
about it.

## Amelia Earhart - Zontian, Record-breaking aviator, Women's rights advocate.



Zonta is proud to honor the extraordinary achievements and uncompromising spirit of Amelia Earhart. Every January, Zonta celebrates the life of Zontian and famed aviator Amelia Earhart. While we promote the program for the whole month, we have selected 11 January as Amelia Earhart Day in recognition of the day Amelia began her trip from Honolulu, Hawaii, to Oakland, California, United States, which made her the first person to fly solo across any part of the Pacific Ocean.

Donations to the Amelia Earhart Fellowship are especially encouraged so as to allow Zonta International Foundation to continue offering the Fellowship to amazing women who excel in aerospace-related sciences and engineering.

Here are 10 facts you may not know about this famous aviator:

- Amelia Earhart was born in Atchison, Kansas on July 24, 1897.
- Amelia saw her first plane at a state fair when she was 10 years old.
- During World War I, Amelia became a nurse's aid in Toronto, Canada, to tend to wounded soldiers.
- On December 28, 1920, pilot Frank Hawks gave Amelia her first ride in an airplane.
- Amelia took her first flying lesson on January 3, 1921.
- Amelia's first plane was a bright yellow Kinner Airster that she nicknamed, "The Canary".
- While living in Boston, Amelia wrote articles promoting flying in the local newspaper.
- In 1932, Amelia developed flying clothes for the Ninety-Nines that were advertised in Vogue.
- Although she referred to herself as "AE", Amelia became known as "Lady Lindy" after her first flight across the Atlantic.
- During her 2,408-mile flight to become the first person to fly solo across the Pacific, Amelia enjoyed a cup of hot chocolate.

*"Democracy is just like a company. It works better when everybody is engaged."*

### Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International 2016—2018

**President:** Mary Knight  
**Vice President:** Patricia Pupek  
**Treasurer:** Joanne Turner-Chiacchia  
**Secretary:** Kristin Goold  
**Directors:** Debbie Wood  
 Dana Burton  
 Lisa Sedelow

**Website:** [www.zontaqv.org](http://www.zontaqv.org)

### Committee Chairs 2016—2018

**Finance & Audit Chair:** Pam Albertson  
**Membership Chair:** Patricia Pupek  
**PR /Communication Chair:** Mary Knight  
**Advocacy/UN Chair:** Dana Burton  
**Service Chair:** Debra Wood  
**Scholarships Chair:** Dana Burton  
**Poinsettia Fundraiser Chair:** Liz Reeves  
**Golf Fundraiser Chair:** Debra Wood  
**Auction Fundraiser Chair:** Patricia Pupek  
**Archives Chair:** Marge Cavanaugh  
**Nominating:** Pam Albertson, Liz Reeves, Marge Cavanaugh



## December 12, 2016 Zonta of Quaboag Valley Dinner Meeting

Ludlow Country Club, Ludlow MA

**Present:** Debbie Wood, Pam Albertson, Dana Burton, Marge Cavanaugh, Mary Knight, Trish Pupek, Mary Ann Rubis, Joanne Turner-Chiacchia, Liz Reeves

**Absent:** Kris Goold, Shanique Spalding, Janet DaSilva, Ann Cormier, Tina Guinasso, Lisa Sedelow, Dianne Kidd

**Guests:** Susan Williams, Kim Lee, Mary Jane Gaumont, Rosanna Rivera, George O'Brien

President Mary Knight called the meeting to order at 6 P.M. Introductions were made and guests welcomed; dinner followed the Zonta Blessing.

Guest: Since **Kim Lee, Vice President of Development, Marketing and Communications at the Center for Human Development (CHD)** had a need to leave early she spoke briefly during dinner about CHD programs and the need for feminine hygiene products which we plan to collect for the women in local shelters. She expressed her gratitude that CHD would be among the recipients of our "Period Project."

### **Business Meeting:**

Minutes: The minutes for the October 10th dinner meeting as published in the newsletter were approved.

Treasurer's Report: Joanne indicated that we had a \$609 surplus from the November 25th Anniversary/Founder's Day Event which was attended by 88 members and guests. We have distributed our annual donations to food pantries. The report was voted approved and filed for audit.

Membership: Susan Williams was excused for the membership to vote affirmatively for her to become our newest member. Members had reviewed her profile as published in the newsletter and welcomed her into the club. She will be officially installed at a subsequent meeting.

Service: Debbie Wood presented 2 proposals recommended by the Service Committee: 1.) \$100 for the Palmer Domestic Violence Task Force to be applied towards a holiday celebration for 14 women and 34 children 2.) \$100 for the Top Floor Learning program which provides literacy and educational programs for adults. Both proposals were voted and approved by members.

Guest: **George O'Brien**, Editor of **Business West Magazine** and a member of the Board of Directors for the Link to Libraries program spoke on behalf of Susan Jaye-Kaplan about the non-profit's outreach programs. He mentioned that in the process of publishing both Health Care News and Business West publica-

tions they connected with Susan Jaye-Kaplan's Go Fit and Link to Libraries programs. It was a natural partnership to help support Link to Libraries which has celebrity reading, adoption of classrooms and ongoing donations of books to schools amongst the programs it offers. Mr. O'Brien was pleased to accept a \$300 check from our club for the Link to Libraries program.



**The Period Project:** Mary described the launch of this project to culminate at our February meeting when we would do the final assembly of individual packets of feminine hygiene products for distribution to CHD and other shelter programs benefitting women and teens. Mary had a sample poster which can be made available for collection boxes in our local communities. Members are asked to begin the placement of boxes and posters in key locations in our towns and to keep Mary informed so that our website can publicize and direct donors to the locations. We will also be soliciting the help of the Soldier On Women for this project.

Guest: **Rosanna Rivera from Woman Shelter Companeras** spoke briefly about their 9 person shelter and the need for the toys for the children of the women now living in the shelter. She expressed her gratitude for the toys we had collected. A picture was taken before members offered assistance to pack the toys in her car.

### **Announcements:**

Membership: Chairman, Trish Pupek shared calendars that the Berkshire Club is selling. She also distributed cards bearing information about Zonta International and smaller cards for members to make available to interested women who want to know more about our club.

Soldier On: Debbie and Marge have organized stockings, blankets and gifts to be presented December 15th to the Soldier On women following a trip to Look Park to see the light display. Future activities will be discussed by the Board.

Fall 2017 District Conference: Information regarding the 2017 conference in the Berkshires was distributed.

Raffles: Kim Lee won the raffle for guests and Joanne won the regular raffle.

Meeting adjourned: 7:35 P.M.

Respectfully submitted by  
Debbie Wood



# SOLDIER ON

The December Holiday Party was cold but grand! Debbie brought 7 women to Look Park to view the lights and enjoy the trains. We enjoyed cookies and hot chocolate. The gel pens, stocking, blankets, etc. were joyfully received. Many nice conversations about special Christmas celebrations in the past.



Our January event with the women of Soldier On will be a working session with them helping us to figure out how best to package the Project Period kits we are making for women in shelters. An email will be sent to all members when the date and time are finalized.



**Wishing all veterans a peaceful 2017 filled with friendship, hope and joy.**



Thanks to the generosity of our members, dozens of children staying in shelters had a memorable Christmas morning!. Thanks to **Rosanna Rivera from Woman Shelter Companeras** for pickup and delivery of the presents!

## Applications Being Accepted for YWPA Award

The Young Women in Public Affairs Award recognizes young women for their demonstrated leadership skills and commitment to public service. We are looking for women in the Quaboag Valley and surrounding towns who are high school juniors or seniors and have an active commitment to volunteerism, experience in local or student government, demonstrated leadership skills, and dedication to advancing the status of women throughout the world. **The club offers an award of \$1000 to be used however the recipient chooses**, to the most outstanding YWPA applicant. The application is available at the club's site: [www.zontaqv.org](http://www.zontaqv.org) and must returned to **Dana Burton by March 15, 2017**. The local winner's application will then be submitted for competition at the Zonta District 1 level (New England states of the U.S. and Nova Scotia, Canada). The District 1 winner goes on to compete internationally. District and International awards are funded by the Zonta International Foundation.





## THE PERIOD PROJECT

For women living with homelessness or poverty, having a period is more than a hassle. It's a financial burden. Basic menstrual hygiene products are costly, especially for women struggling to support themselves and their families.

But pads and tampons are considered “non-essential” by the federal government, so they are not covered by SNAP and WIC programs. What’s more, women and teens who are homeless often lack consistent access to hygiene products or safe sanitary spaces.

### **You can help by supporting The Period Project!**

Join the Zonta Club of Quaboag Valley in distributing dignity to women and teens in need.

- We are collecting items to create monthly menstrual kits for homeless women and to stock supplies at local shelters.
- We are assembling kits on **February 13th** at the Ludlow Country Club in Ludlow. **5:30pm Set up 6:00pm Dinner (\$18)**

RSVP by 2/6/2017 to Mary 413-219-8260 or [info@zontaqv.org](mailto:info@zontaqv.org)

Learn more at [www.zontaqv.org/period](http://www.zontaqv.org/period)

**Together, we can make a period just a little easier  
for women and teens in need.**



**DONATIONS  
NEEDED by 2/10/17**

**Sealed Boxes of  
Pads or Tampons  
Cleansing Wipes  
Hand Sanitizers**

**Soap**

**Panty Liners**

**New Pairs of  
Underwear  
(Any Size)**

**Assistance with  
Filling Kits on 2/13**

**Collection Boxes  
for The Period  
Project are located  
throughout  
Hampden and  
Hampshire  
Counties.**

**Find drop-off  
addresses  
and maps at  
[zontaqv.org/period](http://zontaqv.org/period)**