



ZONTA

CLUB OF
QUABOAG VALLEY

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA BOG NEWSLETTER SEPTEMBER 2018

Important Dates for your Calendar

2018

September 8 Golf Tournament
Cold Spring Golf Course

September 10 Dinner Meeting
Installation of Nancy Ayers and Luz Rivera
ZI Convention Delegate Report

October 15 Dinner Meeting 3rd Monday
#HeForShe program

November 12 Dinner Meeting
Founder's Day program

16 Days of Activism—Zonta Says No!

December 10 Dinner Meeting
Holiday program

2019

January 14 Dinner Meeting
Amelia Earhart tribute

February 11 Dinner Meeting
Period Project

March 11-22 CSW63, UN—New York

March 11 Dinner Meeting

April 8 Dinner Meeting

May 6 Silent "no more!" Auction

Spring Retreat

June 7—9 NAIDM Dallas, TX

June 10 Dinner Meeting

Collecting for Good Causes:

Toiletries (Danielle) Magazines (Marge)
Gently used adult and children's books,
puzzles and yarn (Debbie)



President's Message



Dear Sister Zontians and Friends,

I hope that all of you have had a relaxing and rejuvenating summer and are as excited as I am to begin our monthly meetings!

I was delighted to see many of you at the June campfire with the Soldier On women. Thanks to Debbie for hosting this fun evening complete with gourmet s'mores! It was a very enjoyable evening and I was able to get some "inside scoop" from the SoldierOn women who provided me with a list of suggestions for monthly activities. We will discuss this further at our September meeting. I was also happy to host a "warm and cozy" get together in August. For those of you who missed this evening, my air conditioning unit broke down and it was quite toasty in my home! It was so nice to catch up with you and hear about your summer activities.

Our Golf Committee has been very busy putting the finishing touches on our upcoming golf fundraiser on September 8th. Marge—If you haven't already done so, please put in your request for beautiful weather! Rain or shine, this is always a fun event and I hope to see many of you there.

We have so many interesting projects in the works; our centennial celebration, the HeForShe initiative, as well as our current service projects. I believe that our Quaboag Valley club offers members many opportunities for serving the women in our community and furthering our Zonta mission. Please take the time to review the opportunities to serve on a committee. It is a great way to learn more about our Zonta mission, as well as connect with our fellow members and our community.

In Zonta friendship,
Patricia (Trish) Pupek

PS: Zonta.org is an important resource. Please review the Resource Guide included in this newsletter and sign in to the member site to be sure your contact info is up-to-date.

PPS: Please note the RSVP below.

RSVP * 5:30 Social and 6:00 Dinner at the Ludlow Country Club, Ludlow MA
Members are expected for dinner (\$18) unless notification made in advance.
Call/Text Trish 413-626-5656 or email info@zontaqv.org with guest count and any regrets by the prior Wednesday.



Birthday wishes:

Marge Cavanaugh 8/27
Janet DaSilva 8/29
Lisa Sedelow 9/9
Shanique Spalding 9/18
Liz Reeves 10/10
Dianne Kidd 10/25

Lauren Gamache Named Winner of Zonta Scholarship



Western MA ~ Dana Burton, Scholarship Chairman of the Zonta Club of Quaboag Valley, is proud to announce that Lauren Gamache of Ludlow, MA was chosen to receive the club's **2018 Jane M. Klausman Women in Business Scholarship**, given annually to a woman pursuing an undergraduate or master's degree in business management. She is now in the running for the Klausman award at the Zonta International District 1 level - representing the New England States and Nova Scotia, Canada.

Lauren is a senior at Western New England University majoring in business analytics and information management. She is a part of the Alpha Lambda Delta honors society and the National Society of Leadership and Success. In her free time, she works at Randall's Farm in Ludlow as a customer service representative. She has also done community service at a pet adoption agency called Rainbow Rescues in Chicopee.

Upon receiving this recognition Lauren noted: "I am honored to receive the Zonta Women in Business scholarship. This will allow me to continue my studies in business and pursue a career in analytics. I will also be able to continue saving money for a trip volunteering with Habitat for Humanity next summer. I am very appreciative for the opportunities that this scholarship has provided me with."

The Women in Business Scholarship was established in 1998 from a generous bequest by Jane M. Klausman, a member of the Zonta Club of Syracuse, New York USA, and the 1990-1995 Zonta International Parliamentarian.

"Zonta gives me hope, energy, a global perspective, friends and knowledge that collectively, we make a real difference to women and girls."

Lynn McKenzie Past International President Membership Committee Chairman

What do YOU find most impressive about Zonta? What is your WHY—for being a member?



Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International 2018—2019

- President:** Patricia Puepk
- Vice President:** Dana Burton
- Treasurer:** Joanne Turner-Chiacchia
- Secretary:** Shanique Spalding
- Directors:** Andrea Bordenca
Danielle Petrangelo
Mary Knight

Website: www.zontaqv.org

Committee Chairs 2018—2019

- Finance & Audit Chair:** Pam Albertson
- Membership Chair:** Dana Burton
- PR /Communication Chair:** Mary Knight
- Advocacy/UN Chair:** Mary Ann Rubis
- Service Chair:** Debra Wood
- Scholarships Chair:** Dana Burton
- Poinsettia Fundraiser Chair:** Liz Reeves
- Golf Fundraiser Chair:** Debra Wood
- Auction Fundraiser Chairs:**
Patricia Pupek and Dianne Kidd
- Centennial:** Marge Cavanaugh
- Nominating:** Pam Albertson, Liz Reeves, Marge Cavanaugh

June 11, 2018 Zonta of Quaboag Valley Dinner Meeting

Ludlow Country Club

Present: Pam Albertson, Dana Burton, Marge Cavanaugh, Mary Knight, Patti Matthieu, Danielle Petrangelo, Liz Reeves, Mary Ann Rubis, Shanique Spalding, Joanne Turner Chiacchia, Sue Williams, Debbie Wood, Andrea Bordenca, Dianne Kidd, Trish Pupek

Not Present: Janet Da Silva, Tina Gianasso, Lisa Sedelow, Kris Goold,

Guests: Bill Ploran, Linda Tsoumas, Dawn Nooney, Luz Rivera, Nancy Ayers

President Mary Knight called the meeting to order at 6:10 PM. Mary welcomed everyone to the meeting. She then led the group in the Zonta Blessing. People introduced themselves table by table and then proceeded to the buffet.

Business Meeting:

Minutes: A motion was made to amend the minutes as published in the April newsletter to correct guest name Liz Rivera to Luz Rivera. Minutes were approved as amended.

Treasurer's Report: Joanne reported that there would be some adjustments which will become available this summer. Pam and Joanne will be working on a budget for the new fiscal year and a draft will be sent to members by email. It was also reported that Zonta International is asking members to sign a privacy statement. Please contact Joanne with any questions. Treasurer's report was accepted.

Committee Reports/End of Year Reports:

Membership: Trish Pupek reported that many people had a great deal of interest in our club this year, largely due to the many wonderful events we have had. Two new members will be installed in September.

The Silent "no more!" Auction held in May was a tremendous success realizing our biggest profit to date: \$7,221! Our receiving charities, ZIF, Soldier On and ROCA, have officially received their checks.

Advocacy: Mary Knight reports our Zonta Says No efforts on gender equality will be expanded to include #HeforShe – a UN Women Initiative supported by Zonta International. Our Period Project has been embraced by all the clubs in Area 2 and will continue next year. Finally, we had a very successful event introducing Lucy Stone.

Scholarship: Dana Burton stated that our Young Women in Public Affairs award winner Laura Davis was presented with her check and certificate by Marge Cavanaugh in Palmer. She also announced that we have a Jane M Klausman recipient, Lauren Gamache of Ludlow.

Service: Debbie Wood reports that with a budget of \$15,890.79, we have been able to support many service projects this year, such as donating books and journals to the Women's Correctional Facility and collecting toiletries for the YWCA of Western MA. We have had ongoing and well attended monthly activity nights with Soldier On. Debbie also shared thank you cards written to our group for the most recent Soldier on Activity night that featured acupuncture provided by member Dana Burton. Our club also supported the American Legion Girls State scholarship, a high school program focused on teaching girls about government. Lastly, we have donated to the Tanzania Nurse Scholarship program.

Golf Tournament: Debbie Wood reported that our golf tournament last year included seventy-five players and raised \$4,000. We hope to exceed those numbers at our 9/8/18 tournament. She encouraged all members to help get new sponsors and players. Sponsorship and player forms are available on our website www.zontaqv.org/golf. As every player gets a gift valued at \$25 or more, we are all encouraged to start now to get donations and purchase gift certificates for the prize table. Debbie requested 3 to 4 volunteers to donate pastries and a few people to buy snacks. Volunteers for raffle ticket sales are also needed



Induction of new officers for 2018-2020.

Mary-Ann Rubis at 7:25pm conducted the induction of our new officers under the theme of "jewels". All our members are jewels.

Patricia Pupek -President

Dana Burton -Vice President

Shanique Spalding-Secretary

Joanne Turner Chiacchia-Treasurer

At Large Directors: Daniel Petrangelo, Andrea Bordenca, Mary Knight



Shanique Spalding, our delegate to the 2018 Convention, will deliver her report at the September meeting. While her reflections will be personal, you can review the key areas of business that were voted on in Japan in the current issue of The Zontian. https://www.zonta.org/Portals/0/News/ZontianIssue1_1820.pdf
Of particular interest are:

Who's Who: Pictures and introductions to the 2018-2020 Zonta International Board, Governors, and International Committee Chairmen.

Proposed Biennial Goals and ideas on how your club can make each happen.
Goal 1 Maximize our impact through service and advocacy initiatives and educational programs that empower women and girls.
Goal 2 Strengthen our resources to support our mission.
Goal 3 Enhance our profile around the world through our centennial anniversary activities.

\$5M voted on for Service Projects and Programs—including description of each
Let Us Learn Madagascar 1,000,000
Eid bi Eid (Hand in Hand) Jordan 1,000,000
ZISVAW Ending Child Marriage 2,000,000
Amelia Earhart Fellowships 600,000
JMK Women in Business Scholarships 100,000
Young Women in Public Affairs Awards 100,000
Rose Fund 200,000

The Centennial Celebration— Details on the plans for honoring our 100th anniversary, including zonta100.org being developed, a pilot Women in Technology scholarship, a call to honor remarkable achievements, a common action initiative on November 8, 2019, a toolkit for celebrating, an anniversary endowment campaign—<https://zontaendowmentcampaign.org/>, and plans for the next international convention to be held in Chicago, July 4-9, 2020.

Two Members to be Welcomed in September

Luz Rivera



Luz is a mother of four, a grandmother of 10 and step mother of 3. She graduated from Bay Path University with honors, obtaining her BA in Psychology; she is currently finishing a master's Degree in Developmental Psychology. Luz was a paralegal for 11 years, a Domestic Violence Advocate for the Springfield Police Department and currently works at the YWCA as a Domestic Violence Counselor. She is the Vice President of the Pine Point Citizens Counsel, member of the Psi-chi Association and owner of a new company. In her spare time, she enjoys arts and crafts, crochet, sewing and gardening. When not doing any of these things, she can be found caring for her mother in Puerto Rico to give her sister a break, or spoiling the grandchildren. She is also looking forward to graduating so she can work on a book she started a couple years ago.

Nancy Ayers



Nancy received an Associate in Science degree with a major in Dental Hygiene from Westbrook College, and was awarded a BA in Liberal Arts from Bay Path University. She worked as a dental hygienist for 37 years, and then as a special needs paraprofessional in Hampden and Wilbraham for seven years before retiring. She is the sister of Zontian Dianne Kidd and a familiar face at our Silent Auctions and other special events.

Note, Linda Tsoumas is unable to commit to membership right now, but is interested in remaining a friend of Zonta.



ZONTA GOLF TOURNAMENT

Saturday, September 8, 2018

Cold Spring CC Belchertown

8:30 a.m. Shotgun Start - 18 Hole Scramble

Our 24th tournament is just two weeks away!!

We have received several checks from sponsors but some are outstanding and we can always use more. Contact Debbie Wood directly if you have a new sponsor.

We are still collecting prizes for each golfer—items and gift certificates with a \$25 value are appreciated. If you have smaller items we will combine them with others. Let Debbie know of any donations you get—we want to acknowledge them on the Welcome card on each cart. She also needs to know what gift cards you are bringing so she can make up certificates.

We still need players to make our tournament successful so please encourage players at all levels to join us for a day of fun for a good cause. **Player registration forms are available at www.zontaqv.org/golf. Deadline for registration is Saturday 9/1.**

\$90 /Person Includes
Greens Fees, Cart, Coffee/
Pastries at the start
Snacks at the turn
Picnic Lunch
Raffles
Prizes for ALL
Day of Fun for a Worthy
Cause

June Dinner meeting minutes continued from Page 3

Announcements:

Scrapbook: Marge announced that she would like to make a scrapbook for our club and requests photos from club members to add to the scrapbook.

Centennial Anniversary of ZI over 2 Years: Trish announced that we have been in touch with area clubs and an effort to write the history of our club has been started. Stories will be collected and submitted to a writer who will write a history of Zonta. In 2019, Zonta will be 100 years old.

He for She: Trish played a video with spokesperson Emma Watson who spoke about the He for She Gender Equity Campaign happening globally. This campaign explicitly asks men to get involved in raising awareness around women’s issues including, but not limited to, violence against women. After the video, club members agreed that the category centered around violence prevention aligns most closely with our club’s objectives. Members broke into groups to brainstorm how our local club can get involved with the campaign. Some ideas generated: raise awareness of this initiative (have He for She literature for distribution at the September golf tournament, to start); learn more about the issue of violence against women in our communities (invite local police representatives to inform us and offer suggestions on specific actions that could make a difference); explore opportunities for working with youth groups and local men and women organizations on how to promote the he for she gender equity campaign.

Campfire Gathering: Campfire gathering with the women of SoldierOn will be held on August 22nd at Debbie Wood’s home. Debbie will email directions and a request for food items to be brought.

Special Recognition of Mary Knight, Zontian of the Biennium - a \$100 donation will be donated in her honor to Zonta International. Also on behalf of the board, Trish thanked Mary for her commitment and leadership this past biennium and presented her with a gift certificate for a spa day at the Cranwell Spa and Resort.

Trish adjourned the meeting at 8:33 PM.

Respectfully submitted,
 Shanique Spalding, Secretary

Zonta International Website Resource Guide

Zonta's website is comprised of three separate domains.

WWW.ZONTA.ORG
Zonta's external website

- **GLOBAL IMPACT:** Overview of global service and education programs and advocacy initiatives
- **LOCAL ACTION:** Membership information, Local Service and Advocacy, Student Clubs, Locate a Club, Locate a Student Club and more
- **MEDIA & NEWS:** Zontian Magazine, President's Corner Blog, e-newsletters, social media, photo and video galleries, and news feed
- **ABOUT US:** Mission and vision, History, Centennial Anniversary, Past International Presidents, Leadership & Structure, ZI Board, International Committees, Governors, International Honorary Members, Headquarters Team and more

MEMBERSHIP.ZONTA.ORG
"My Zonta" members-only site

- **MY PROFILE:** Update your information
- **GOVERNANCE:** Governing Documents, Strategic Plan & Biennial Goals, Manuals, Policies & Guidelines
- **FORMS:** Member Report Form B, Donation Form, Club Bylaws Template and more
- **TOOLS:** Advocacy Tools, Award, Scholarship & Fellowship Tools, Membership Tools, PR Tools & Logos, Zonta Store and more
- **MEMBER DIRECTORY**
- **NEWS:** News and Events
- **COMMUNITIES:** Interact with other Zontians
- **CONVENTION:** Find out the latest details about the 2018 Convention in Yokohama

FOUNDATION.ZONTA.ORG
Zonta International Foundation's site

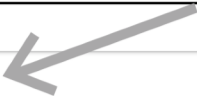
- **Donate** online
- **OUR PROGRAMS:** In-depth descriptions of the International Service, ZISVAW and education programs and specific projects
- **OUR PARTNERS:** Information on our partnerships with UN agencies
- **YOUR SUPPORT:** Campaigns, Ways to Give, Funds, Planned Giving
- **MEDIA & NEWS:** Foundation Update e-newsletter, social media, photo and video galleries, and newsfeed
- **ABOUT US:** Foundation Board, Committees and Ambassadors, Annual Report, Audited Financial Statements, 990s, FAQs

How to log in to My Zonta

If you have not reset your password since our database upgrade in April 2017 or are a new member, please follow the instructions below. If you are already set up with a username and password, skip to Step 6.

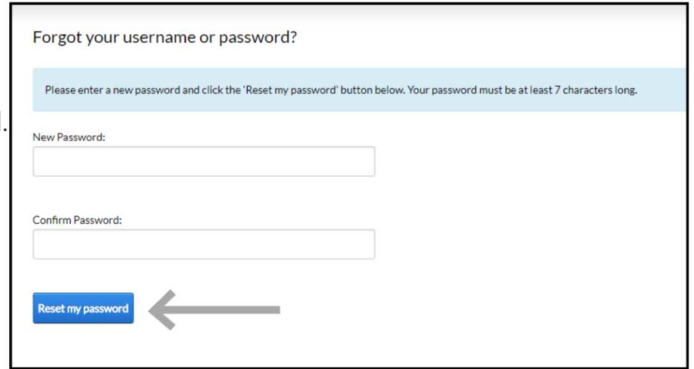
1. Go to membership.zonta.org/Reset-Your-Password
2. Enter the email address that you have on file with Zonta International. Then click the "send" button.
 - If you do not know what email address you have on file with Zonta or you have a new email address, email memberrecords@zonta.org.

Email Address:

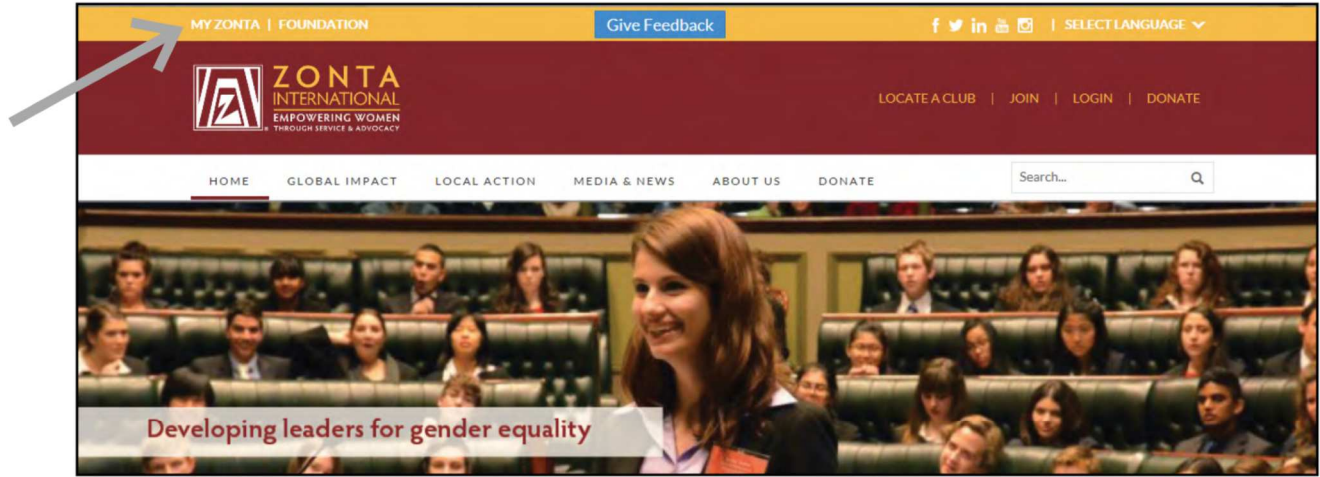


- You will receive an email with a link to reset your password from memberrecords@zonta.org. Please note that the link is unique to you and is only active for 20 minutes. If you do not see the email, please check your spam or junk folder.
- Either click on the link in the email or copy the entire link and paste it into your web browser. If attempting one of these options does not work, please try the other.
- This should take you to a page where you can enter a new password. Please note that you cannot enter a previous password for zonta.org as the new password. After you have entered a new password, click the “reset my password” link.

If you still cannot login after following the instructions, or if you have additional questions, please email memberrecords@zonta.org or call +1.630.928.1400.



- To log in, go to membership.zonta.org, or go to www.zonta.org and click on MY ZONTA.



- Enter your email and password. To stay logged in, check the box next to “Remember Login.” Then click LOGIN.

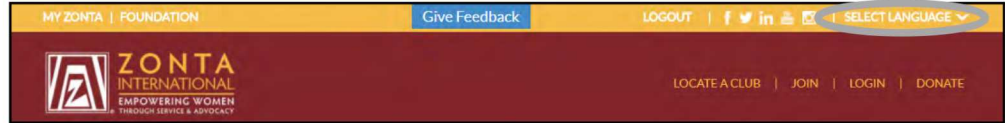


Zonta International's Website

Zonta.org is where we show the world, including potential new members, the impact of Zonta and our long history of commitment to empowering women through service and advocacy.

Highlights

- Automatic translation of more than 50 languages



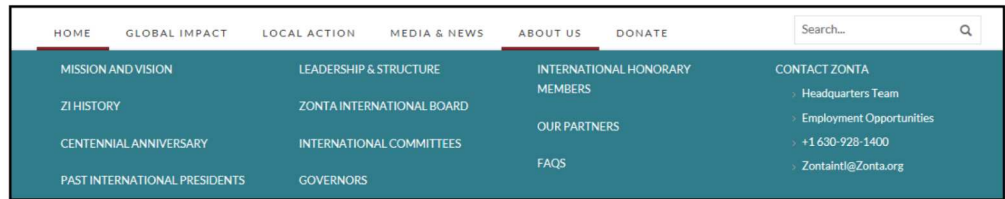
- An interactive map where potential members can find information about clubs near them



- Share Your Story (located at Local Service and Advocacy, in the mega menu under Local Action) to feature club and district actions



- Sub-menus appear underneath main menu to improve ease of navigation



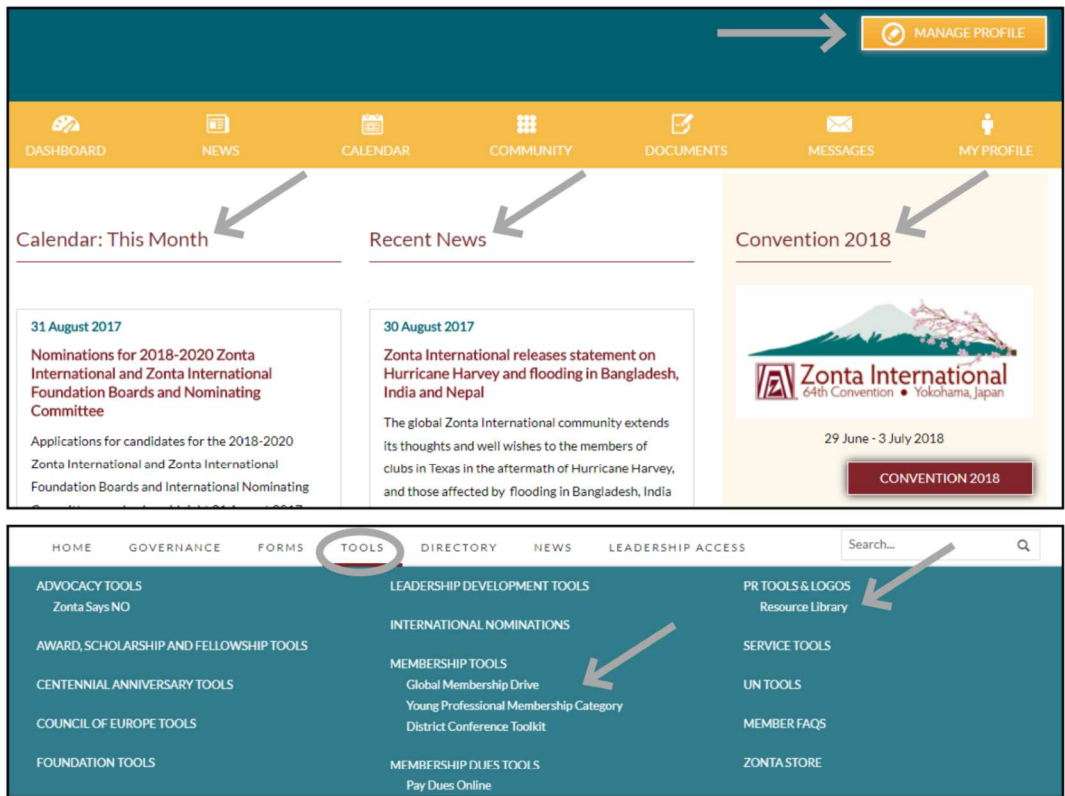
- Helpful information about Zonta, useful links, Instagram feed, e-newsletter signup, links to our social media channels and a link to log in located in footer on every page



Membership Website

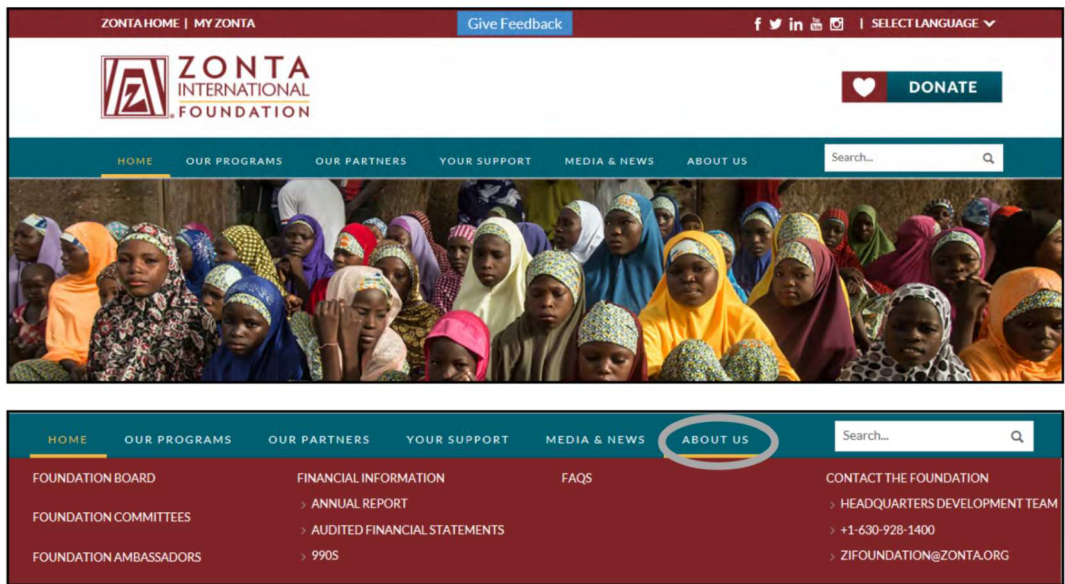
My Zonta encompasses everything that was under Member Resources on our old website, as well as many new features that support communication among members.

- In My Dashboard, members can update their profile, view upcoming events, read the latest membership news, find information on Convention and more.
- Most of what was on the Member Resources page now lives under Tools. This is also where members can find resources for our Global Membership Drive, new Young Professional Membership Category and a District Conference Toolkit. Downloadable materials such as letterhead, brochures and pull-up banners are located in the Resource Library.



Zonta International Foundation Website

- Everything related to the Foundation can be found on this site. We showcase dedicated pages for each program and project and highlight our UN partnerships. We also offer information for donors with online donation forms.
- Financial information, such as the Annual Report, audited financial statement and 990s, can be found under ABOUT US. That is also where you will find FAQs, contact information, and the Foundation Board, committees and ambassadors.



Still have questions? Contact us at webmaster@zonta.org.



Every day in countries around the world, women and girls experience acts of violence ranging from online harassment to domestic assault and human trafficking. This has to stop. **HeForShe** is building a world where no one has to be afraid simply because of who they are.

You don't have to be a hero to join the fight against gender-based violence, but real change requires all of us to do what we can.

Here are a few ways to be smart about being safe.

No Trolls ~ What happens online is everyone's business. Report bullying and abusive comments immediately to a parent, teacher or site administrator.

Teach Peace ~ Give young people the tools to stop gender-based violence before it starts with Voices Against Violence, a non-formal education program by UN Women and the World Association of Girl Guides and Girl Scouts.

Active Bystander ~ Check in to help out. Simply asking "Are you okay?" may offer a potential victim a way out of a dangerous situation.

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Are you ready to make the commitment at heforshe.org and join with the Zonta Club of Quaboag Valley in speaking up about stopping the violence? Men and women together? *After all, this is not a woman's issue, it is a human rights issue.*



Yes! I will take action against gender bias, discrimination and violence to bring the benefits of equality to us all.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____