

ZONTA CLUB OF QUABOAG VALLEY BOG NEWSLETTER

NOVEMBER 2018

Important Dates for your Calendar

2018

November 12 Dinner Meeting \$20 Founder's Day program celebrating Monica Moran for her valuable contributions. Please bring gently used or new outerwear for donating to the Soldier On women. Poinsettia orders being accepted.

November 25—December 10 16 Days of Activism—Zonta Says No!

December 10 Dinner Meeting \$18
Holiday program highlighted by inspirational speaker Dee DiFatta of Ludlow.
Please bring gifts for children and teen mothers served by the Western MA YWCA.
Wish list: zontaqv.org/event/december

2019

January 14 Dinner Theater Amelia Earhart tribute—"CHALLENGER: Soaring with Christa" with History At Play's Judith Kalaora

February 11 Dinner Meeting

Period Project - hands on service initiative, bringing dignity to women in need.

Please support this effort with donations.

March 11-22 Commission on the Status of Women 63, UN—New York

March 11 Dinner Meeting

April 8 Dinner Meeting

May 6 Silent "no more!" Auction

June 7—9 NAIDC Meeting in Dallas, TX June 10 Dinner Meeting

Collecting for Good Causes:
Toiletries (Danielle) Magazines (Marge)
Gently used adult and children's books,
puzzles and yarn (Debbie)

President's Message

Dear Sister Zontians and Friends.



Gratitude.....

It is hard for me to believe November is here-the 11th month of the year. As I reflect on the past year, I am so grateful for all the wonderful people in my life; my incredibly supportive husband, Bill, our children, grandchildren, our amazing family and friends. I am especially grateful for my Zonta family. Zonta is a family of women supporting, uplifting, educating and empowering one another. I am in awe of each one of you women and all you do, not only in supporting our Zonta mis-

sion, but in your personal and professional lives. I am thankful for having the opportunity to serve with you in this club.

November is a very special month for Zonta. Zonta International was founded on November 8th, 1919. To commemorate this anniversary each year, we honor a local woman who exemplified the ideals of Zonta. On Monday, November 12th, we are honored to celebrate **Monica Moran, of Amherst,** manager of Domestic Violence Prevention Programs at the Pioneer Valley Planning Commission in Springfield. We look forward to celebrating Monica and learning how our club can partner with her to support the mission of ending violence against women. We also celebrate this anniversary by encouraging our members to make a donation to the Zonta International Foundation. Mary Ann will have donation forms available at our meeting for anyone who wishes to make an individual donation.

From 25 November, the International Day for the Elimination of Violence against Women, to 10 December, Human Rights Day, the 16 Days of Activism against Gender-Based Violence Campaign is a time to take action to end violence against women and girls around the world. Our club will continue our efforts to focus on ending all forms of violence against women and girls. All members will be called upon to support our efforts to raise awareness during this campaign.

By Wednesday, please RSVP to me (email or text) to confirm your attendance at our 11/12 meeting and provide a guest count for dinner.

Thank you.
President Trish

RSVP * 5:30 Social and 6:00 Dinner at the Ludlow Country Club, Ludlow MA Members are expected for dinner unless notification made in advance.

<u>Call/Text Trish 413-626-5656 or email info@zontaqv.org with guest count and any regrets by the prior Wednesday.</u>



Mary Knight 11/12
Tina Guinasso 11/14
Dana Burton 11/25
Pam Albertson 12/22

PAGE 2 NOVEMBER 2018

Monica Moran Named 2018 Founder's Day Recipient



In November of each year the Zonta Club of Quaboag Valley celebrates its Founders Day by giving an award to a woman in the greater Quaboag area who exemplifies the ideals of Zonta International. Recent past recipients include Gail Gramarossa, Marge Cavanaugh, Mary Reardon Johnson, Kathy Picard, Yoko Kato, Anne Gobi, and Bonny Rathbone. This year the club has chosen to give this honor to Monica Moran of Amherst

Monica is the manager of Domestic Violence Prevention Programs at the Pioneer Valley Planning Commission in Springfield, Massachusetts. Ms. Moran coordinates two rural domestic violence task forces in Western Massachusetts, the Southern Hilltown Domestic Violence Task Force and the Ware River Valley Domestic Violence Task Force. Both task forces work to combine the expertise and energy of community residents, survivors of violence, and professionals to develop innovative, grass root responses to prevent and end domestic violence. Both task forces helped launch community-based

programs that provide follow-up advocacy to domestic violence police calls and provide transportation, court accompaniment, and home visits to rural victims who might otherwise not be able to access help. Both task forces also work extensively on prevention. The task force in Ware helped build the Ware High School Domestic Violence Task Force with 36 teen members. The task force in the hill towns created the first social norms dating violence prevention campaign in the country with Gateway High School. Before relocating to Massachusetts, Ms. Moran worked at Tri-Valley Haven Woman's Shelter in northern California. Ms. Moran is the recipient of several awards, including most recently a 2018 Access to Justice Award from the Massachusetts Office of Victim Assistance.

The public is invited to join us in celebrating Monica Moran on Monday, November 12th starting at 5:30 with a reception and dinner at the Ludlow Country Club, Ludlow MA. Please RSVP by November 6th—details at www.zontaqv.org. In addition to celebrating the recipient's accomplishments and commitment over dinner with family and friends, we also present her with a \$500 award that can be made out to the charity of her choice. If you are unable to attend but would like to honor Monica, you are welcome to make a donation to be added to the \$500 award in honor of Monica at squareup.com/store/zontaqv.

"If you look around the world, the one thing that unites us is there is not a single culture, community, religion that can say: violence against women, domestic violence, trafficking does not exist. It exists everywhere," begins the trailer for Sophia Kruz's documentary Little Stones.



Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International 2018—2019

President: Patricia Puepk Vice President: Dana Burton

Treasurer: Joanne Turner-Chiacchia **Secretary**: Shanique Spalding

Directors: Andrea Bordenca Danielle Petrangelo

Mary Knight

Website: www.zontaqv.org

Committee Chairs 2018—2019

Finance & Audit Chair: Pam Albertson Membership Chair: Dana Burton

PR /Communication Chair: Mary Knight
Advocacy/UN Chair: Pam Albertson

Service Chair: Debra Wood Scholarships Chair: Dana Burton

Poinsettia Fundraiser Chair: Liz Reeves
Golf Fundraiser Chair: Debra Wood

Auction Fundraiser Chairs:

Patricia Pupek and Dianne Kidd

Centennial Chairs:

Marge Cavanaugh and MaryAnn Rubis **Nominating:** Pam Albertson, Liz Reeves,

Marge Cavanaugh

ZONTA BOG NEWSLETTER

NOVEMBER 2018 PAGE 3

October 15, 2018 Zonta of Quaboag Valley Dinner Meeting

Ludlow Country Club

Domestic Violence Awareness: Learn What's Happening in Your Backyard and How You Can Be Part of the Solution.

On Monday, October 15th, the Zonta Club of Quaboag Valley sponsored a panel discussion on issues around the topic of Domestic Violence. The meeting was open to the public and several guests were in attendance.

Each attendee received a packet of information, including:

- Jane Doe Inc fact sheets on Sexual Violence and Domestic Violence
- One-page summary of survey responses on issues of domestic violence in our backyard
- Survivor information from the YWCA Victim's Bill of Rights
- "This is Zonta" pamphlet an overview of Zonta and where our club fits in.
- #heforshe flyer explaining an initiative of UN Women and Zonta
- Save the date 12/14/18 flyer for #ReimagineManhood Symposium, Southbride Conference Center.

Moderators for the program were Zontians **Shanique Spalding** and **Danielle Petrangelo**

Panelists:

Belchertown Chief Christopher Pronovost Palmer Chief John J. Janulewicz

Monica Moran, Manager of Domestic Violence Prevention Programs at the Pioneer Valley Planning Commission

Elizabeth G. Dineen, Executive Director, YWCA of Western MA

The moderators explained why we sponsored this program and the Zonta \ He for She tie-in, and highlighted info in folders as the basis of what's happening in our backyard, locally and globally. Each of the panelists did a short introduction to inform us about his/her perspective on the subject of domestic violence.

Each were then asked to answer three questions:

- 1. How many incidents of domestic violence (new or re-occurring) do you encounter in a typical week and what are the trickle-down effects?
- 2. What do you see as the #1 barrier when it comes to victims of domestic violence?
- 3. What is ONE thing that if it was in place right now would benefit survivors of domestic abuse.

The conversation was then opened to all attendees.

An article by Wyatt Aloisio published in Turley Publications' Journal Registar is posted at: http://zontagv.org/heforshe/



Violence against women and girls manifests itself in physical, sexual and psychological forms. Every day in countries around the world, women and girls experience acts of violence ranging from online harassment to domestic assault and human trafficking. This has to stop. Zonta, in support of HeForShe – a UN Women Solidarity Movement for Gender Equality, is building a world where no one has to be afraid simply because of who they are.

Comments:

- ⇒ Domestic Violence in our backyard is pervasive maybe even a public health epidemic. There is a cycle of violence that is supported by a culture of raising boys to be fighters and girls to be submissive. Education needs to start early and continuously. We all need to learn and practice healthy, respectful relationships.
- ⇒ Educating kids, parents and educators, around how we can either perpetuate gender stereotypes and bias or create new standards. This is a part of my mission to bring emotional and whole body awareness & learning to schools. Dignity, self-care/independence and boundaries are a part of my curriculum. I see where action can be taken and now have the grounding to create these conversations in local schools. If anyone wishes to team up with me here, I'm wide open to collaborating. Andrea Bordenca
- ⇒ Tougher laws have helped, but more needed. Every 911 is coded many calls are undoubtedly domestic violence, but many others (fights, drugs/ alcohol-related) turn out to have DV issues behind the scenes, so the true numbers are much higher. Police can spend 20 40% of time on response and follow up activity.
- ⇒ Rural areas have their own unique issues for DV victims – isolation due to lack of public transportation, limited locations for services nearby. Victims need to be better informed about how to reach out to civilian advocates to work out a safety plan.
- ⇒ Economic concerns are a constant barrier for survivors in transitioning out of abusive relationships. Genuine fear and concerns of affording food and rent if they kick abuser out or finding new housing. It also seemed that funding to help address this concern is available but limited and can be not accessible in regards to where the fund lives and where the individual lives. Shanique Spalding

What's Happening around Domestic Violence in Our Backyard?

Survey Results summary

Department	Name	Calls/ month	Calls/ Resources available month	Takeaways from survey responses:
Belchertown PD	Chief Christopher Pronovost	7	Trained Civilian Victim Advocates and DA's Office has resources available	(1) There is a lot of DV activity in our backyard
Granby PD	Chief Alan Wishart	5	Domestic Violence Police advocate and Court	(2) Advocate resources are available- but not necessarily in the community.
Hardwick, New Braintree PD	Chief James Ayotte	10	PATCH advocates and Civilian Police Advocates	Resources are often dependent on outside funding (grants).
Ludlow PD	Sergeant David Irwin	13	Civilian Police Advocates at Court	(3) Police training and supports for
New Salem PD	Joseph Camden, Chief	_	Mary A. Kociela Director of DV Projects Northwestern District Attorney's Office	addressing DV are a priority per Kelly Dwyer, Executive Director, Governor's Council to Address Sexual Assault and
Palmer PD	John J. Janulewicz	25	Civilian Police Advocate at Palmer District Court	Domestic Violence
Ware PD	Chief Shawn Crevier	20	PATCH advocates and Civilian Police Advocates	(4) Little or no presence of resources for men and bovs.
W. Brookfield PD	Chief C. Thomas O'Donnell Jr	m	Specifically in town, very little. Regionally and through the safe plan advocate at court, quite a few.	(5) A LOT getting in the way for women seeking to get out of an abusive situation.
YWCA of Western MA	Elizabeth Dineen, E.D.	100's	The Spfld Police have civilian specialists who assist police officers and the District Attorney's Office has a special group of visiting witness advocates that help survivors obtain restraining orders	Questions: 1. Where can we help? 2. How?

Police role is guided by keeping people safe.

- $^\sim$ Police services include written advisement of M.G.L. Ch 209A Abused Person's Rights; facilitating the application for an emergency restraining order, and assisting in transportation
 - to a safe location.
- All domestic violence-related calls received generate a police response. Responding officers strive to maintain a non-coercive, judgement-free environment while interacting with victims.
- \sim While attempts to facilitate actions that are in the best interests of victims are always made, officers must respect when a victim chooses to opt against our help.
 - $^\sim$ Zero tolerance even verbal DV require incident report. Arrests are made where any assault or A & B is committed

What gets in the way of women getting out of unsafe situations?

- Isolation (lack of transportation, limited locations for services nearby, childcare concern, afraid to leave pets)
 - ~ financial issues, no economic resources, feel trapped
- ~ fear of offender, scared (one call will upset entire life as she knows it)
- ~ overwhelmed, fear of not being believed, stigma, embarrassment; sense of self has been shattered by physical, sexual and emotional abuse
 - no alternative place to go/stay

NOVEMBER 2018 PAGE 5



The ZONTA Club of Quaboag Valley Annual Poinsettia Fundraiser

We invite you to participate in our annual poinsettia fundraiser. These plants brighten up the office and home during the holiday season, and make wonderful gifts for friends, colleagues and clients. These florist-quality Poinsettias in foil-covered pots are available in two sizes and four colors. Deliveries will be made between late November and early December.

To order your poinsettias, simply complete the order form and (1) mail OR fax to the Committee Chairs (contact info below) or (2) provide to the Zonta Club member who will call you in the next two weeks. Payment is not due until delivery. Make checks payable to "Zonta of Quaboag Valley". Thank you for your support!

Business/Co	ntact:		
Address:			······
Phone:		Email:	
Quantity	Size / Cost Medium (5-7 blooms) \$18 Large (10-14 blooms) \$25	Color Selection Red Pink White Pink & White*	Subtotal Multiply quantity times cost
Example: 2	Large	Red	\$50

	tal	

Zonta of Quaboag Valley – Poinsettia Fundraiser Committee Members

Committee: Liz Reeves, Andrea Bordenca, Patti Matthieu, Lisa Sedelow, Mary Knight

Phone: (413) 583-4283 Fax: (413) 547-0024 E-mail: Info@ZontaQV.org

Mailing Address: Zonta Club of Quaboag Valley, PO Box 1034 Belchertown, MA 01007-1034

Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy. The Quaboag Valley Club uses funds raised from this project to support local community projects such as raising awareness on issues of domestic violence, homeless women veterans, trafficking of women and children, and suicide prevention in Western MA. Thank you for your support!

^{*} limited quantities of pink & white, so please note 2nd choice on same line.

NOVEMBER 2018 PAGE 6



HISTORY AT PLAY



CHALLENGER

Soaring With Christa

A Teacher, Explorer, and Educational Pioneer.



Join us Monday
January 14th
5:30 for dinner
and a theater
performance at
the Ludlow CC

Journey through Christa McAuliffe's life in this multi-media immersive show, suitable for all ages. CHALLENGER: Soaring With Christa honors the United States' Teacher in Space Program and the crew of the NASA space shuttle. Discover the true

story behind the incredible teacher, the American pioneer, and the internationally recognized heroine in a program made possible, in part, due to the generosity of the Bob Jolly Charitable Trust and the Massachusetts Cultural Council. Photo: A. Conant

RSVP by 1/8 Details at zontaqv.org

"Judith is a one woman force of nature. It takes people like her to bring these stories to life...these lost pieces of history." - The Jordan Rich Show, CBS WBZ News Radio

CHALLENGER: Soaring With Christa is "fantastic," "marvelous!" The audience was "taken by Kalaora's performance." - Brad Avery, The MetroWest Daily News

Contact:

www.HistoryAtPlay.com info@HistoryAtPlay.com 508.259.2985







Judith Kalaora is a professional actress, historical interpreter, and educator. She holds a Bachelor of Fine Arts from Syracuse University and graduated from the Globe Education Program at Shakespeare's Globe Theatre of London. History At Play was created to chronicle the lives of influential and oft forgotten women.