



# ZONTA CLUB OF QUABOAG VALLEY BOG NEWSLETTER

## OCTOBER 2019

### Important Dates for your Calendar

2019

**October 14 Dinner Meeting**

Bring chocolate (p7) and wish list item (p2)

October 19 1pm Domestic Violence Awareness Walk—Veterans Park, Ware

November 8 –10 **Zonta District 1 Fall Conference and Centennial Common Action in Wakefield MA**

**November 11** Founder's Day program

**16 Days of Activism—Zonta Says No!**

**December 9 Dinner Meeting**

Holiday program

2020

**January 13 Dinner Meeting**

Amelia Earhart Fellow guest speaker  
Girls Rocket Award

**February 10 Dinner Meeting**

Period Project

**March 9-20 CSW64, UN—New York**

**March 9 Dinner Meeting**

**April 13 Dinner Meeting and Elections**

**May 4 Silent “no more!” Auction**

**Spring Retreat**

**June 8 Dinner Meeting**

**July 4—8 Zonta Convention—Chicago**

**Collecting for Good Causes:**

**Toiletries** (Danielle) **Magazines** (Marge)  
**Gently used adult and children's books,**  
**puzzles and yarn** (Debbie)



Dear Sister Zontians and friends,



Happy fall to all! Our Zonta club is in full swing and we have so many exciting events during this Centennial anniversary biennium! I am not going to recap the fantastic lineup of upcoming speakers and events in my president's message. As always, Mary has done her usual impeccable work with our club's newsletter. I want to express my sincere thanks to Mary for her efforts in putting together this wealth of information. I encourage every member to carefully read our

monthly newsletter. While we all may not be able to attend every meeting each month, every member is expected to stay informed of what is going on within our club and district!

My thoughts lately have been filled with what I can do to encourage and promote engagement within our members. We often speak about increasing our membership. While this is absolutely necessary, it is also necessary to take a look at recommitting to our “WHY”..... why did we join Zonta??

I can tell you that I joined our Zonta club of Quaboag Valley because I was at a place in my life where I finally had the time to become involved in my community. I felt a need to give back to my community, in some way. My “other mother”, Marge Cavanaugh, spoke passionately about Zonta and I was intrigued. I loved the idea of helping other women, locally and internationally. I attended my first meeting and was hooked. Zonta has provided me with so much more than an avenue to help other women. I have experienced opportunities for honing my leadership skills, which, in turn, have helped me in my professional career, opportunities to meet and learn from other professional women, as well as cultivating special friendships. I hope that all of you will think about your “WHY” and make a plan to recommit to Zonta. Please feel free to reach out to our board members, any “seasoned” member or me for any guidance. We are here for you.

In Zonta Friendship, Trish Pupek, President

**RSVP** \* 5:30 Social and 6:00 Dinner at the Ludlow Country Club, Ludlow MA  
Members are expected for dinner (\$18) unless notification made in advance.  
Call/Text Trish 413-626-5656 or email [info@zontaqv.org](mailto:info@zontaqv.org) with guest count and any regrets by the prior Wednesday.

**Birthday wishes:**

Liz Reeves 10/10  
Dianne Kidd 10/25  
Mary Knight 11/12  
Tina Guinasso 11/14  
Dana Burton 11/25





## Noryn Resnick—Fostering Full Potential

Our guest speaker on October 14th is **Noryn A. Resnick**—the founder and executive director of **HelpOurKids**, Inc. This non-profit organization provides goods and services, beyond the basics of food, clothing and shelter, to children in foster care in western Massachusetts. HelpOurKids offers the kids in foster care opportunities to be more like their peers by providing music, dance, swimming and sewing lessons, and art supplies, sports equipment, joining a sports team and a lot more. The “college tour” opens horizons, and the “Fitting For The Future” event prepares the kids for the future, daring them to dream. HelpOurKids operates entirely through volunteers. Community support enables 100% of received contributions to go directly to helping kids in foster care. Visit [www.helpourkidsinc.org](http://www.helpourkidsinc.org) for more information.

*Please bring one or more items to the October meeting from the following list of needed items.*

### Wish List includes Personal Care Items, Duffle Bags, Household Items and Formal Wear for Young Adults

- |   |  |  |
|---|--|--|
| Shampoo, Conditioner for all types of hair      | Hair products (gels, pomade, mousse, hair spray—variety of hair types) | Household -Pots, pans, dishes, cutlery)      |
| Body wash                                       | Brushes, Combs (all styles)  | New and gently used duffel bags              |
| Washcloths                                      | Barrettes, hairbands, elastic hair ties                                | Formal wear for young adults                 |
| Toothbrushes (all sizes from toddlers to adult) | Deodorant (for girls and guys)   | “Blingy” jewelry and jewelry sets            |
| Toothbrush holder                               | Face moisturizer   | Men’s belts, dress and casual                |
| Toothpaste                                      | Shaving cream  | Men’s tuxedos and tuxedo shirts              |
| Soap with a soap dish                           | Disposable razors for guys and girls                                   | Women’s gowns in plus sizes                  |
| Baby shampoo                                    | Sanitary products (Pads, Tampons, Panty Liners)                        | Women’s shoes, especially sizes 5 – 7 and 12 |
| Body lotion                                     | Nail files   |  |
| Sleep sacks for babies, toddler blankets        | Socks (for both girls and guys)  |  |

“If you don’t like something, change it. If you can’t change it, change your attitude.”  
Maya Angelou

“How wonderful it is that nobody need wait a single moment before starting to improve the world.”  
Anne Frank



### Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International 2019—2020

- President:** Patricia Puepk  
**Vice President:** Dana Burton  
**Treasurer:** Joanne Turner-Chiacchia  
**Secretary:** Shanique Spalding  
**Directors:** Andrea Bordenca  
 Danielle Petrangelo  
 Mary Knight

**Website:** [www.zontaqv.org](http://www.zontaqv.org)

### Committee Chairs 2019—2020

- Finance & Audit Chair:** Pam Albertson  
**Membership Chair:** Dana Burton  
**PR /Communication Chair:** Mary Knight  
**Advocacy/UN Chair:** Pamela Albertson  
**Service Chair:** Debra Wood  
**Scholarships Chair:** Dana Burton  
**Poinsettia Fundraiser Chair:** Liz Reeves  
**Golf Fundraiser Chair:** Debra Wood  
**Auction Fundraiser Chairs:**  
 Patricia Puepk and Dianne Kidd  
**Centennial:** Marge Cavanaugh, MaryAnn Rubis  
**Nominating:** Pam Albertson, Liz Reeves, Marge Cavanaugh

## September 9, 2019 Zonta of Quaboag Valley Dinner Meeting

### Ludlow Country Club

Present: Pamela Albertson, Andrea Bordenca, Dana Burton, Marge Cavanaugh, May Knight, Patricia Matthieu, Patricia Pupek, Elizabeth Reeves, Mary Ann Rubis, Joanne Turner-Chiacchia, Debra Wood  
Absent: Nancy Ayers, Janet Da Silva, Kristin Goad, Dianne Kidd, Danielle Petrangolo, Luz Rivera, Shanique Spalding  
Guests: Melissa Delargy, Dee DiFatta, Deborah Foley-Donn, Tara Page, Suz Tiranno, Stacy Troy

The meeting was called to order at 6:05 pm by President Trish Pupek. Guests introduced themselves, we said the Zonta Blessing, then Andrea led us in a guided meditation setting the stage for our inspirational speaker and the start of a busy year, after the summer break.

### Speaker: Dee DiFatta – The Power of Perspective

Dee and “Diva” (her walker) gave an inspiring plea, encouraging us to



Photo by Tara Page of A Dreamers View

keep things in perspective. When we adjust our thinking and focus on the positive (instead of the negative,) our reality transforms into something else. When we start building ourselves up with our thoughts, words and actions (instead of tearing ourselves apart,) our perspective changes.

When we realize we are role models and our actions and reactions have an effect on others, we tend to step up our game. When we make this shift within ourselves, it starts to transform our world. Finding Love, Light and Joy is Possible. It just requires a shift in mindset. **What we put out there, comes back to us.**

Dee is available for complimentary coaching calls if we need help jump-starting that shift! Dee also handed out a great flyer that we might want to look at daily to remind us to Let our Spirit Shine! Those who were not in attendance can get a copy at [deedifatta.com](http://deedifatta.com)

### Business Meeting

**Minutes:** There were no written minutes of the June meeting. Per the agenda, we recognized the 2019 YWPA winner McKenna Troy, and we had a lengthy discussion on the progress report from the Centennial committee (see details below). A motion was made and voted to accept the oral overview.

**Treasurer's Report:** The latest financial report was sent to membership via email. This report was reviewed and accepted for audit. Service funds available for this fiscal year are \$10,353. Of that amount, \$6,805 is earmarked for activities with Soldier On, ZIF, Scholarships, and other priorities approved in the budget. The balance of \$3,548 is available for other projects and requests.

As an aside, Trish acknowledged the hard work of the club to raise these service funds - both the time and financial contributions - each giving as best as she can. The reality however is that a core group of members are carrying most of the load and that is not sustainable. We need to brainstorm some options about how to go forward.

~ obviously getting more members would be a big help - and that takes all of us reaching out.

~ If we can't spread the work more evenly, perhaps we give up or change up one or more of the fundraisers.

~ With less funds, we will also need to pare down the list we contribute to.

We need soul searching to make some realistic choices. The Board will discuss and come back in October with a plan on how to move forward.

### Committee Reports

**Golf:** Debbie proudly announced that this year's event set new records - most players (106) and largest profit (\$5500).

Weather was fantastic, prizes were amazing - sentiment among players is that we have an amazing tournament!

**Membership:** Dana announced that Suz Tiranno and Stacy Troy have completed applications for membership. (We will publish a short bio and pictures of them in the October Bog). We would love to see other guests here tonight consider becoming members. All individuals who are or have been active in a profession are invited to join, providing they are willing to commit time to service and advocacy projects in our community, and to contribute financially to and raise money for local & international projects that benefit women. Dana can send membership packages by email or physical mail to anyone interested.

**Scholarship:** Dana reported that the Jane M. Klausman Scholarship winner Leah Jack was unable to join us tonight but hopes to attend an upcoming meeting when time allows. Dana and Mary Knight presented Leah with her \$1000 check, certificate and flowers on Sunday at a luncheon in Easthampton. She is very bright and deserving of this award. A picture and write-up was posted to our website and Facebook.

**Service:** We discussed past activities with the Soldier On women and possible ideas for September, October and November. Volunteers are needed to lead those visits - reimbursement is available for any out of pocket expenses. Contact Trish with your preference for month. December plans - a holiday party - are already in the works.

**Advocacy/U.N. Chair:** No new report made.

**Centennial Committee:** Mary Ann Rubis reported on the many projects this committee has tackled.

~ **Luggage tags** yielded a profit of \$828 so far - more coming in. Thanks to Pam and Joanne for all their work!

~ **Road Signs** - we used a portion of the luggage tag profit to have the Centennial icon affixed to road signs in Belchertown, Ludlow and Palmer. Thanks to Patti for spearheading and her husband for volunteering to make that happen.

~ **Strong Women Read** - Libraries in Ludlow, Belchertown, Monson and Palmer purchased 80+ books with money from the Silent "no more!" Auction and we have provided a custom bookplate to put in those books.

~ **Founder's Day 11/11/19** - we have an excellent recipient to honor - Dr. Mary-Beth Cooper, PhD, DM, president of Springfield



## Honoring & Empowering Women— Building on the next 100 Years

### Zonta International District 1 Fall Conference November 8—10, 2019 Four Points Sheraton—Wakefield MA

Excitement is building for our District biannual Fall Conference—where members of Zonta clubs throughout the New England states USA and Nova Scotia CA will meet to celebrate the Centennial Anniversary of Zonta International, present special Centennial Awards and celebrate the accomplishments of Zontians, both locally and internationally. As this is an official conference, we will conduct the business of the district, elect our leaders for the new biennium, and welcome our District 1 liaison, Zonta International and Zonta Foundation Director -Margaret Bateman of Australia.

The weekend agenda is packed with opportunities for learning, celebration, introspection and fun.

**Friday** will start with a professional development Leadership Institute (3—6pm) where you can pick from a range of topics: The Role & Duties of the Treasurer, Conflict Management, Advocacy 101, and PR & Social Media. At 6:15 you are invited to a personal development workshop and reception with a career coach, The conference Opening Ceremony and 1st Business Session begins at 7:30pm and ends with a Zonta Centennial Anniversary Celebration and a chance to “Meet the Candidates” reception.

**Saturday**, after breakfast, the Business Session will continue, interspersed with an Open Forum (ZI Liaison Margaret Bateman) and lunch with Keynote Speaker (Rep. Cassandra Levesque, NH). The afternoon (1:30—5:30) features workshops where timely issues will be addressed (Gender Inequality, Climate Change, Coalition Building to Maximize Zonta’s Visibility, Vaping and its Effect on Youth, and New Ways of Building Membership). The Governor’s reception starts at 7pm, followed by a Roaring 20’s themed banquet, Silent Auction and Live “Purse Auction”.

**Sunday** will start with a Memorial Service. The final Business Session begins at 9am. Featured speaker will be Youth Representative to CSW63, Aysha Emmerson. The conference will conclude at 12:15 with an invitation to the 2020 Zonta International Convention in Chicago.

In preparation for the Conference, there are a few details we need to attend to at the October meeting.

#### **1, Delegate and Alternate need to be chosen and paperwork completed/submitted.**

The delegate is responsible for voting on behalf of our club at the Business Meetings. She needs to get familiar with the business topics and will get a stipend to offset costs.

#### **2. Zonta Store/Marketplace.**

The Board has suggested we offer a “Chocolate Lovers” Gift Basket and sell \$5 chances. Profits go to our club for operating expenses. Please bring 1 or 2 items to contribute to the making of an enticing, irresistible, heavenly concoction that will fetch a good sum!

**3. Silent Auction Fundraiser** – each club is asked to donate item/items worth \$100 + to benefit District 1 or ZIF. The Board has suggested we give a \$100 gift certificate with a small but alluring item.

**4. Special Purse Auction** – we are asked to donate a designer purse and fill it, to benefit ZIF in honor of Centennial. We are looking for a donation of a high-end purse from a friend of Zonta and ideas for contents.

**5. Sponsor Opportunities and Program Book Ads** – we are asked to solicit donations from local businesses and individuals to offset the cost of the Conference. Program options range from full-page \$100 to quarter-page ads \$25. Sponsorship opportunities are available as well, with something for everyone. Trish has the details. Referrals welcome!!



**The Call to Conference, Registration form, and important business meeting information are posted at our District website: [zontadistrict1.org](http://zontadistrict1.org). Room prices are guaranteed only until 10/8, Conference Registration discount extended to 10/5— [On line registration payment open](#) but form must be completed and sent to Pam Albertson.**



### Committee Assignments for 2019-2020

First	Last	BOARD	Nominating	Membership	Service	Advocacy/UN	PR/Comm	Centennial	Scholarship	Golf	Poinsettia	Silent Auction
Pamela	Albertson		X			Chair		X				
Vancy	Ayers				X							X
Andrea	Bordenca	Board							X		X	
Jana	Burton	VP		Chair		X			Chair	X		
Marge	Cavanaugh		X					Co-chair		X		
Janet	DaSilva				X							X
Kristin	Goold								X	X		X
Christina "Tina"	Guinasso											
Dianne	Kidd			X	X							Co-chair
Mary	Knight	Board				Chair						
Patricia	Matthieu						X				X	
Danielle	Petrangelo	Board			X							X
Patricia	Pupek	President		X	X		X					Co-chair
Elizabeth	Reeves	Secretary	Chair					x			Chair	
Luz	Rivera					X						
Mary Ann	Rubis					X		Co-chair				
Shanique	Spalding											
Joanne	Turner-Chiacchia	Treasurer			X							X
Debra	Wood				Chair					Chair		

PLEASE meet with the chair of your committees - in person, by phone or email - and identify what you hope to accomplish this year.

*Dinner meeting notes continued from Page 3*

College. Tara has volunteered to be our photographer. The rest of the details are in the works – Marion DeForest visit, short video clips, etc. Please let Trish know if you can assist with the planning and publicity. Many hands/ ideas needed.

~ **Young Girls Rocket** – we are working with local guidance counselors to identify high school seniors who have overcome adversity and show the tenacious spirit of aviatrix Amelia Earhart. We will recognize these young women at our January meeting and involve guest speaker 2018 Amelia Earhart Fellow Shristi Kasyrap with the presentation.

We are also interested in a collaboration with the Girl Scouts – communication with Patti Halberg continues.

~ **Zonta District 1 Calendar** – The Berkshire club is working on a 2020 calendar – each club will have its own page. We have submitted pictures and a tag line. We should have a draft of our page to approve this month. The calendar will be on sale at Fall Conference.

~ **Archives** – Marge is working on sorting and categorizing numerous boxes of items saved since the club’s inception. Once completed, we will set up instructions on items to be added to the archives and where the records will be stored.

~ **Display Board** – Mary Ann and Liz are putting together a visual of our incredible club in action – to be displayed at upcoming meetings and events, starting with Founder’s Day.

Poinsettia Committee: Mary reported for Liz Reeves that this year’s fundraiser will get underway shortly. We are looking for new businesses to add to our database when we send flyers about the drive, individuals to commit to 2 hour shifts at the greenhouse getting the poinsettias ready for delivery, and folks to help with the delivery. More details will be shared in the October newsletter.

**Fall Conference 11/8-10, 2019**

Call to conference is out and all are encouraged to attend this event! It will include speakers, business sessions, voting for next biennium’s leaders, workshops, trainings, comradery with Zontians throughout the New England states and Nova Scotia, Canada. This is an especially important conference because of our low membership numbers – our International representative will hold an open forum on the implications for District 1.

**Raffle Prizes – Mary Knight and Pam Albertson were the big winners.**

Meeting adjourned 8:04 p.m.

Respectfully submitted,

Mary Knight, acting Secretary for the evening.

# 5<sup>th</sup> Annual!!! Domestic Violence AWARENESS



Saturday, October 19th, 1pm  
Veterans Park, Ware, Massachusetts  
*(If it rains we'll be across the street in Town Hall)*

Join the community for a one-mile walk in downtown Ware to show support for survivors of domestic and sexual violence.

*With each step forward there is hope!*

The afternoon will be highlighted with speakers, activities and exhibits for all ages. Come and show your support, meet up with family and friends, learn about resources in your community, and have some hot apple cider!

Sponsored by the Ware River Valley Domestic Violence Task Force, [www.waredvtaskforce.org](http://www.waredvtaskforce.org)

If you or someone you know needs confidential support and resources:  
The Quaboag Valley Community Advocate at VHS/BHN : cell 413-579-2924  
Safelink statewide 24 hour hotline: 877-785-2020  
Ware River Valley Domestic Violence Task Force Input Line: 413-758-0605

*Wear purple to show your support!*

*(We will have 5<sup>th</sup> Annual Walk t-shirts for sale)*

## Poinsettia Fundraiser

Our annual poinsettia sale is quickly approaching. Please send any new customers' names and addresses to Mary and I. Good candidates to approach are family, friends, colleagues, hairdressers, dentists and the list goes on!

These florist-quality Poinsettias in foil-covered pots are available in four colors and two sizes: Medium (5-7 blooms) \$20 and Large (10-14 blooms) \$26. .



### The ZONTA Club of Quaboag Valley Annual Poinsettia Fundraiser

We invite you to participate in our annual poinsettia fundraiser. These plants brighten up the office and home during the holiday season, and make wonderful gifts for friends, colleagues and clients. These florist-quality Poinsettias in foil-covered pots are available in two sizes and four colors. Deliveries will be made between late November and early December.

To order: Complete the order form and (1) mail OR fax to the Committee Chairs (contact info below) or (2) provide to the Zonta Club member who will call you in the next two weeks. Payment is due at delivery. Make checks payable to "Zonta of Quaboag Valley".

Business/Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Quantity	Size / Cost	Color Selection	Subtotal Multiply quantity times cost.
Example: 2	Large (10-14 blooms) \$26	Red	\$52
		White	
		Pink & White*	

\*limited quantities of pink & white - so please make 2<sup>nd</sup> choice on some line.

Total: \_\_\_\_\_

Zonta of Quaboag Valley - Poinsettia Fundraiser Committee Members  
Committee: Liz Reeves, Andrea Bordenca, Patti Mattheu, Mary Knight

Phone: (413) 583-4283 Fax: (413) 547-0034 E-mail: [Info@ZontaQV.org](mailto:Info@ZontaQV.org)  
Mailing Address: Zonta Club of Quaboag Valley, PO Box 1034, Belchertown, MA 01007-1034

Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy. The Quaboag Valley Club uses profits from this fundraiser to support local community projects such as raising awareness on issues of child marriage, domestic violence, homeless women veterans, trafficking of women, and more. Visit us at [zonta.org](http://zonta.org) for more information. Thank you!



The order form will be on our website. Our deliveries will be the first week of December. We will be looking for volunteers to help with set-up and deliveries. Thank you for all of your efforts!

**Liz Reeves, Poinsettia Chair**



## Girls Rocket!

The Zonta Club of Quaboag Valley, a member of Zonta International, is offering a special award this year in honor of Zonta's 100th Anniversary and our historic member Amelia Earhart. We would like to acknowledge young women who have overcome adversity and show the tenacious spirit of aviatrix Amelia Earhart.

### Girls Rocket!

A tribute to young women who have overcome adversity and show the tenacious spirit of aviatrix Amelia Earhart.

We are partnering with local guidance counselors who are interested in choosing a deserving young woman from their schools. **The only criteria are that she be a high school junior or senior who has prevailed through obstacles.** We do not need any verification of the hardship/s and she need not have a superior academic record or be skilled in sports.

Because of our longstanding collaboration through the Young Women in Public Affairs Scholarship, we are inviting high school guidance counselors from Belchertown, Palmer, Ludlow, Ware and Monson to each nominate a deserving student by December 12th. The young women (and their guests) will then be honored at our January 13th meeting at the Ludlow Country Club.

Also in attendance at the meeting will be a recipient of the 2018 Amelia Earhart Fellowship Award—**Shristi Kasyrap** who is studying at UMASS Amherst. Read more about this prestigious award at [foundation.zonta.org/Our-Programs/Educational-Programs/Amelia-Earhart-Fellowship](http://foundation.zonta.org/Our-Programs/Educational-Programs/Amelia-Earhart-Fellowship)



EXPANDING OPPORTUNITIES FOR WOMEN IN AEROSPACE-RELATED SCIENCES AND ENGINEERING

2018  
**AMELIA  
EARHART  
FELLOWSHIP**

## Centennial Founder's Day Award 2019



### Zonta Club of Quaboag Valley Centennial Community Award

The public is cordially invited to join us in celebrating **Dr. Mary-Beth Cooper**, President of Springfield College on Monday, November 11<sup>th</sup> starting at 5:30 with a reception and dinner at the Ludlow Country Club, Ludlow MA.



In honor of Zonta's 100th birthday, we have chosen to recognize someone who is not only a champion for women's empowerment but an influencer and mentor for equality.

#### Please RSVP by November 6<sup>th</sup> either:

- (1) Online at [zontaqv.org](http://zontaqv.org), Click on the Donate link to register/prepay.
  - (2) Send a check (\$35/pp) with names of all attendees to Mary F. Knight, PO Box 1034, Belchertown MA 01007-1034, or
  - (3) Email [info@zontaqv.org](mailto:info@zontaqv.org) with names of all attendees and pay \$35/pp at the door – cash, check or credit card.
- (Note: Specify any dietary restrictions to [info@zontaqv.org](mailto:info@zontaqv.org).)

*On November 8, 1919, a small group of pioneering women came together in Buffalo, New York with a vision to help all women realize greater equality while using their individual and collective expertise in service to their community. Their vision became Zonta International (ZI), an organization that has grown to more than 29,000 members in 63 countries, working together to make gender equality a reality for women and girls worldwide..*

*Zonta.org ~ ZontaDistrict1.org ~ ZontaQV.org*

In November of each year, the Zonta Club of Quaboag Valley recognizes the founding of Zonta by honoring someone in the community who exemplifies the ideals of Zonta. Past recipients have included **Monica Moran** (manager of Domestic Violence Prevention Programs at the Pioneer Valley Planning Commission in Springfield, Massachusetts), **Gail Gramarossa** (Program Director for the Quaboag Hills Substance Use Alliance and a prevention specialist at the Collaborative for Educational Services), **Marge Cavanaugh** (founding member of the club and the epitome of a leader and role model to many – as a Korean war veteran, one of the first women Postmasters in Belchertown, first female commander of American Legion Post 130, Chaplain for AmVets Post 74, tireless volunteer for numerous clubs and organizations in the Palmer area), **Mary Reardon Johnson** (retired Executive Director of the YWCA of Western Massachusetts for 30 + years), **Kathy Picard** (tireless advocate on behalf of children and adults who are survivors of child sexual abuse), **Yoko Kato** (domestic violence activist and motivational speaker on the topic of abuse locally and in Japan), **Anne Gobi** (state legislator since 2001 and strong advocate for issues that affect women's rights), just to name a few.






## Membership Committee Update By Dana Burton

Our "Procedures for Working with Prospective Members" - posted at [zontaqv.org/resources](http://zontaqv.org/resources) was reviewed recently by the board. We would like to amend step 3 to read: *"The Membership Chairman reviews the application with the Membership Committee. An orientation meeting is scheduled for the candidate (at a member's home or a restaurant) to cover key information about expectations and commitment, their WHY, and WIFM. Candidate names are then submitted to the Board with the Committee's recommendation."* Our thoughts were of a somewhat informal meeting to discuss "what is Zonta" beyond what is in the membership packets (ZI has a great PowerPoint) or maybe to go through the membership packets in more detail. We seem to be struggling with new member retention and we are hoping this may help. We would like to begin this orientation with the potential members we have now, but would also like to open it up to other new members or those who feel they need a refresher. As always, additional insight is appreciated.

Also, as you keep your eyes open for like-minded people, remember two recent changes made by Zonta International:

1. **Men are encouraged to join Zonta clubs.** Zonta International recognizes that gender equality is not a women's issue, but a human rights issue. In 2017, Zonta International announced support for UN Women's HeForShe campaign. The global campaign aims to mobilize 1 billion men to accelerate the achievement of gender equality. Through innovative online, offline and mobile phone technology, HeForShe identifies and activates men and boys in every city, community and village around the world.
2. **Individual Membership in Zonta is available for anyone who is not ready to be a club member.** As an individual member, you can participate in activities and campaigns to bring about change, attend the Zonta International Convention and the Commission on the Status of Women and connect with Zonta members worldwide. You will also receive critical updates on issues facing women in the world and regular updates on the activities of Zonta International.

Details: <https://www.zonta.org/Local-Action/Individual-Members>:



Worldwide organization of professionals  
Local engagement to benefit women

■ *Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.*


Realizing this vision takes persistent and coordinated advocacy actions at the international, national and local levels. Driven by our approximately 29,000 members in 63 countries, Zonta International's efforts are making a difference on many levels.

On a local level, every Zonta club is free to address regional challenges and engage in local projects. Measures are financed by fundraising and individual donations.

Zonta members drive:

- **Advocacy efforts** to empower women and girls to improve their situation in every aspect needed
- **Education programs** to award more than US \$600,000 every year for educational scholarships
- **Service projects** to support local shelters, institutions and initiatives empowering women and girls. Zontians have contributed US\$28.7 million to our international service projects.
- **Campaign activities**, such as Zonta Says NO to Violence Against Women, to create awareness and advocate for human rights.

Zonta is nonsectarian and nonpartisan.



Zonta International Centennial:  
100 years of proud tradition for the future of women and girls

■ Over 100 years, Zonta's actions have been far-reaching and effective. Read an excerpt from Zonta's record of achievements:

- 1919 Zonta is founded in Buffalo, New York
- 1923 Near East Relief efforts to care for 115,000 orphan children and women in Smyrna, Turkey
- 1930 First European Zonta club is founded in Vienna, Austria
- 1938 Amelia Earhart Fellowship established to empower women in aerospace-applied sciences or engineering
- 1948 First student club is organized in Burbank, California, USA
- 1968 Zonta's service contributions reach US\$1,000,000 total
- 1969 Zonta receives consultative status at the United Nations
- 1983 Zonta receives participatory status at the Council of Europe
- 1986 Zonta becomes the first non-governmental organization to support UNIFEM (later UN Women)
- 1990 Young Women in Public Affairs Award established
- 2008 Began supporting the Liberia Fistula Project, to which Zonta contributed more than US\$2.5 million over 10 years
- 2012 Zonta Says NO to Violence Against Women campaign is introduced
- 2018 Commitment to child marriage results in US\$2 million contribution and partnership with UNICEF USA and UNFPA

Our past is our responsibility for the future,  
serving as role models for the world.

www.zonta100.org