

ZONTA CLUB OF QUABOAG VALLEY BOG NEWSLETTER

JUNE 2020



Greetings Sister Zontians,

Typically, the June President's message would be focused on recapping a very successful Silent "no more!" Auction. While it saddens me to miss the opportunity to gush about our wonderful auction, I am determined to make our 2021 auction a humdinger of an event!! Stay tuned!

Many thanks to our May speaker, Jessica Hernandez, LCSW, Director of Survivor Community Support Programs and our board member, Danielle Petrangelo, Senior SAFEPLAN Advocate, SAFEPLAN Program, for engaging us in a discussion about the difficulties in helping victims of

domestic violence during the pandemic. In spite of the numerous challenges facing them, the YWCA continues to provide amazing support to all victims. Since the YWCA has been unable to do any fundraising due to COVID, they are in great need of financial support. Our club members voted unanimously to make a donation of \$400 to be used for emergency services for survivors. Some members are also donating the money they normally would be paying for dinner meetings every month to this important cause. Thank you, everyone!

We have quite a bit of business to take care of at our June 8th virtual meeting. We will induct our newest club member, Maria Maloney. We are very excited to have Maria join us and look forward to working with her! We also welcome Sue Seaver, who transferred to our Quaboag Valley club from the Zonta Club of Southern Maine. We will install a new executive board for the 2020-2022 biennium. In addition, we look forward to recognizing our 2020 Young Women in Public Affairs award recipient, Jena Marie Roseman, who will join us at our meeting.

We will vote on our Zontian of the Biennium at our June meeting. Please take some time before the meeting, to think about who is most deserving of this recognition. A \$100 contribution will be made to the Zonta International Foundation in the recipient's name.

I want to give a huge shout out to our amazing executive board for their tireless efforts. Dana, Danielle, Joanne, Mary, Andrea and Lizyou have all been incredibly supportive and dependable throughout the past 2 years. I want to extend a very special thank you to Joanne who has served as our club treasurer for 4 long years!! We are so appreciative of your hard work and keeping it all straight! Lastly, many thanks to our fabulous members. I look forward to continuing to serve with you in the next biennium.

With Much Love and Appreciation, Trish

P.S. Guests are invited to our virtual meetings. If you would be interested in joining us on June 8th at 6pm, simply contact us by email to get a meeting link: info@zontaqv.org

In this issue:

- 1. Message from President Trish Pupek
- 2. Jena Roseman receives YWPA award
- 3. Business Meeting minutes from 5/11/20 Board Meeting minutes from 5/18/20
- 4. Positivity & Perspective with Dee DiFatta
- 5. Zonta Talks—Review by Dana Burton
- 6. Committee Reports 2019-2020
- 8. Choosing to grow during the Pandemic
- 9. ZI 2020-2022 Biennial & Fundraising Goals
- 11. ZI 2020-2022 Service Project Descriptions
 - Adolescent Girls' Health in Peru
 - Ending Child Marriage—Phase 2
 - Let Us Learn Madagascar—Phase 3
 - Gender-based Violence in Papua New Guinea and Timor-Leste



Birthday wishes: Mary Ann Rubis 6/15 Marge Cavanaugh 8/27 Janet DaSilva 8/29

Young Women in Public Affairs Award Winner Announced for 2020



Jena Marie Roseman of Belchertown was presented with a \$1000 award, a Zonta yellow rose, and certificate by the Zonta Club of Quaboag Valley's Scholarship Chair and President-elect Dana Burton.

The Young Women in Public Affairs (YWPA) Award recognizes young women, ages 16-19, for demonstrating leadership skills and commitment to public service and civic causes, and encourages them to continue their participation in public and political life.

Jena is pleased to accept this award. "I am a senior from Belchertown High School, and I plan on double-majoring in digital filmmaking and history at Lesley University. My goals as both a filmmaker and a leader are to use my creative outlet to tell the stories of those unrepresentative in mainstream media and inspire others to express themselves and their own stories creatively. I also wish to use my work to inspire social change in global issues such as climate change, sustainability, and social justice issues among racial minorities and the LGBT+ community. To me, film is the per-

fect medium to capture emotion and create an immersive world to share with others. I am extremely grateful to receive this award, and I look forward to what's to come!"

Winners of the local award are eligible to be considered for a District wide and International award. More information is available at four-programs/Educational-Programs/Young-Women-in-Public-Affairs-Award

"Imagine that each of us felt suddenly called to wonder in this moment, what does the world need from me? What are my gifts?" — Lynn Ungar



Zonta Club of Quaboag Valley District I, Area II, Charter 1317 of Zonta International

2020—2021

President: Dana Burton
Vice President: Danielle Petrangelo
Treasurer: Andrea Bordenca
Secretary: Mary Knight
Directors: Patti Matthieu

Luz Rivera Patricia Pupek

Website: www.zontaqv.org

Committee Chairs 2019—2020

Finance and Audit Chair: Pam Albertson

Membership Chair: Dana Burton

PR /Communication Chair: Mary Knight Advocacy/UN Chair: Pamela Albertson

Service Chair: Debra Wood Scholarships Chair: Dana Burton

Poinsettia Fundraiser Chair: Liz Reeves
Golf Fundraiser Chair: Debra Wood

Auction Fundraiser Chairs:

Patricia Pupek and Dianne Kidd

Centennial: Marge Cavanaugh, MaryAnn Rubis **Nominating:** Pam Albertson, Liz Reeves, Marge

Cavanaugh

ZONTA BOG NEWSLETTER

Zonta of Quaboag Valley Zoom Meetings

Business Meeting May 11, 2020

Present: Trish Pupek, Marge Cavanaugh, Liz Reeves, Dana Burton, Joanne Turner-Chiacchia, Pam Albertson, Suz Tiranno, Stacy Troy, Patti Matthieu, Debbie Wood, Mary Ann Rubis, Andrea Bordenca, Mary Knight, Danielle Petrangelo, Luz Rivera. Liz Reeves.

Absent: Dianne Kidd, Nancy Ayers, Kris Goold, Janet DaSilva, Shanique Spalding.

Guests: Jessica Hernandez, Constance Mahoney, Rachael Mahoney, Maria Maloney (to be inducted as member in June)

Meeting called to order 6:40

Treasurers Report: A motion was made and voted to file the Treasurer's Report for audit. Reminder: Dues should be sent to Joanne by 5/15.

Minutes: A motion was made and voted to accept the minutes as written.

Slate of Officers 2020/2022: Approved. Installation will be at June meeting.

Soldier On: We had our first Zoom visit with the women on 4/24. We are open to suggestions for activities that we can do over Zoom with the women. Games etc.

International Convention: The Convention will be online and accessible to all. Date is TBD. We need a Delegate and Alternate. The Delegate will cast a ballot for the next ZI Board and Nominating Committee; vote on amendments to ZI's governing documents; and approve the 2020-22 Goals and Service Projects. Maria Maloney has volunteered to be the Delegate and Mary Knight will work with her as an Alternate.

Membership: We will do an email vote for Maria Maloney. Susan Seaver from the Zonta Club of Sourthern ME will be relocating to the Quaboag Valley and will be joining our club. **YWPA:** Jena Marie Roseman is the recipient this year. She is from Belchertown. We will be recognizing her at our June meeting.

Golf Tournament: It will be decided by the end of June if we are going to go forward with the September fundraiser. The deposit has not been given to the golf course yet. Questions arose about the ability to get sponsors and players. Stay tuned!

Service: The committee will write a proposal for the club to vote on a donation to the YWCA. They will talk to Danielle as to what is needed or give cash so they can purchase needed items.

Meeting Adjourned 7:20 Respectfully Submitted Liz Reeves, Secretary Joint Board Meeting May 18, 2020

Present: Trish, Dana, Joanne, Liz, Andrea, Danielle, Luz, Mary, Patti

Trish thanked both Joanne and Liz as they leave their positions on the Board. We all thanked Trish for her leadership as President!

Minutes: A motion was made and voted to accept the minutes.

Treasurers Report: Joanne will send the final report to the membership. Andrea and Dana will need to go to the bank to get their signatures approved for their new positions. All dues have been paid!! Sue Seaver from the Zonta Club of Sourthern Maine hopes to be in our area by July and is looking forward to being part of ZQV.

June Meeting: The induction of the 2020-2022 Executive Board will take place on Zoom at the June Meeting. Trish will talk to Mary Ann about performing the ceremony. The Past Presidents pin has been ordered.

Membership: Maria Maloney will be inducted as a new member at our Zoom meeting in June. Mary will see that she receives the membership packet as well as a gift such as a yellow rose. Danielle is our incoming Vice President and will become the Membership Chair.

YWPA: Jena Marie Roseman and her mom will attend our June Zoom meeting to be honored. Dana will see that she receives her \$1000 educational award, certificate and plant/rose.

Donation to the YWCA: Debbie needs information to fill out the form so there can be a club vote on donating to YWCA. They would like a cash donation to use where needed...emergency survivors are on the top of the list. Any other donations are greatly appreciated. It was mentioned that if members would like too, they could donate their dinner meeting expenses since our last few meetings have been on Zoom and free of charge.

Mary encouraged the incoming Board to look at the Zonta Club Manual, section two at <u>zontaqv.org/resources</u> to review their roles. Dana will be looking at goals for the next biennium.

Any suggestions for Zoom activities with the Soldier On women are welcome. The June campfire at Debbie's has been canceled.

Zonta Cares is a series of Zoom presentations by ZI presenting short workshops on different issues. Dana attended the 5/15 workshop. [See page 5 to read her summary.]

Meeting Adjuourned 6:50 Respectfully Submitted Liz Reeves, Secretary

Positivity and perspective: How I changed my thoughts around my illness



Dee DiFatta, Life Coach, Inspirational Speaker, Educator and proud Zonta supporter

Being challenged with Multiple Sclerosis for 26 years has taught me that I am more robust and more resilient than I give myself credit. I am worthy, and I am living life to the fullest.

However, I did not always feel this way. Before I got my diagnosis, the day before my 22nd birth-day, I was an over-achieving, stressed-out perfectionist. I was inflexible, unforgiving, and full of self-doubt. As a control freak who always knew best, I was unwilling to take advice from others. They told me to slow down, breathe, and take it easy on more than one occasion. But in my mind, I was on a mission to "Fit In" and be the best I could be. Unbeknownst to me, I was harboring all kinds of negative emotions like guilt, resentment, and shame. And they were holding me back.

Although MS stopped me in my tracks, I was grateful to have a 2nd chance at life. Being forced to slow down and spend some time with me, myself, and I was challenging. But it allowed me to see things from a different perspective. As I started adjusting to life with M.S. and making modifications, I realized that I felt more empowered. Just because I was physically challenged did not mean I could no longer participate in things. On the contrary, I had inner strength like none other. And I was not about to let M.S. hold my mind and my spirit captive.

Don't get me wrong; this did not happen overnight. And it was not a one and done. Every day I was challenged with negative thoughts and feelings. And every moment of every day,I chose how to deal with them. I have had my fair share of ups and downs, but I refused to quit and give up on life.

Instead, I decided to keep things in perspective and redefine M.S. I looked up all kinds of words in the dictionary starting with the letter "M" and "S." And after reviewing 2 full pages of words, I chose a combination that defined me and my feisty personality. Redefining MS as Modified Swagger and Motivational Spitfire gave me a sense of power and purpose. I regained some pep in my step. By making this one little shift in my thinking, it set me free from my own insecurities. I was no longer bound and captive by my belief of being a victim of M.S.

I am in control now. I have even redefined myself as "A Work in Progress." I am no longer ashamed of using mobility devices to get around. I have befriended my wheelchair and my walker. Instead of allowing them to make me feel weak, I have changed my thought process. I named my wheelchair "Proud Mary." And a friend of mine came up with the name "D.I.V.A." for my walker. She said it stood for "Dee is Independent, Vivacious, and Authentic." It was empowering. I can get around much more comfortably. Thus, I feel stronger and more confident.

By making these little shifts to my thought process, I have regained energy and reclaimed my authentic self. I am not going to let society, doctors, a diagnosis of M.S., or any other circumstances define me. I have realized M.S. doesn't punish me. I got a reminder of how special I am. I got the opportunity to be a positive role model.

This disease is not our destiny. It is a wake-up call to live life to the fullest and be consciously aware of our thoughts, words, and actions. We do not get to choose what happens to us in life, but we do get to decide how to deal with it.

After 48 years of life and 26 years with M.S., I am still moving forward. Positivity and perspective have helped me set myself free from limiting beliefs, self-doubts, worries, and fears. And MS has offered me a platform to share encouragement, guidance, and support to others.

P.S. Want to gain a new perspective? I'm giving away a limited number of FREE 30-minute G.P.S (Guiding Perspective Shift) calls. There are only 10 call spots, so reach out to me by e-mail: dee@adoseofpositividee.com

Facebook: https://mmini.me/Dee YouTube: search "Dee DiFatta" or "PositiviDee" Website: www.adoseofpositividee.com



Zonta Talks—A Report from Dana Burton

Zonta International is having a series of virtual talks on a number of topics. The latest talk was **Zonta Cares: Our Responses to Covid-19** on May 15th. It was a great talk with many interesting ideas from clubs around the world. It opened with a message from Zonta International President Suzanne and then different clubs presented some interesting ways they are handling activities and fundraising during the pandemic.

The club of Mankato, MN presented <u>Zonta Nurtures Hope</u> a Zoom panel discussion on topics effecting women during this time including: worth, support, identity, and rising above the times. They invited women from the community to be on their 6 person panel. Panelists included previous

scholarship winners, nurses, immigrants, and female leaders. Each panelist was given one question to answer so there was no overlap. It lasted an hour and a half and they had some success advertising the event on Facebook with the paid ads.

Another great idea presented by the London club was asking members if they would like to donate the money they normally would be paying for dinner meetings every month to a local domestic violence group. Our club's board talked about this idea and we would like to encourage those who are able to donate any amount to the Western Mass YWCA. The link to donate online is: https://www.ywworks.org/i-can-help/donate/monetary-donation/

The Perth, Australia club presented their idea for wine and card sale fundraisers. They teamed up with a local winery and assisted them with selling wine for a cut of the profit. The club also designed cards with Amelia Earhart quotes and an insert that said something to the effect that "a donation had been made in your name to the Zonta club of ..." Each card cost \$10 and the printing services were donated.

The Union of German Zonta clubs talked about their struggle with implementing "Codeword Mask 19" in Germany. This is a successful code being used in Spain and France for women in dangerous domestic situations to use when going to the doctor or pharmacy. Danielle informed us at the board meeting that there are similar codes and methods being used in the U.S. and we have posted some on our club's Facebook page.

Recordings of all the Zonta Talks are online on the International website: www.zonta.org/Media-News/Zonta-Talks

The next Zonta Talk is **Zonta Cares: Achievements and Challenges** in **Ending Child Marriage** 8 AM EST, Friday, 5 June.

Join Zonta International President Susanne von Bassewitz, Margaret Greene from GreeneWorks and our partners at UNFPA and UNICEF to learn more about how this unique project has empowered adolescent girls and educated families and communities to prevent child marriage in 12 countries. You will also hear about a new partnership between the Zonta USA Caucus and UNICEF USA to end child marriage in the United States. **Register for this session at the Zonta-Talks page.**

Hope you are able to attend the workshop or listen to some previous talks. Good information!

Another free resource available to Zonta members is the Zonta Leadership Program—a series of online courses to increase your knowledge of Zonta and your leadership skills.

Check it out! Sign in at https://membership.zonta.org Click on Tools/Leadership-Development-Tools to enter.

Planning for the future is key. Get the tips for planning for long range goals in the first session in the Goal Inspired Leadership module. Find the module and session here: Become an expert in GOAL INSPIRED **LEADERSHIP** Session 2.1: Strategic Planning: Long Range Vision and Goals Understand the importance of strategic planning on the club level, setting goals for the club and establishing a course for your club's future. Learn more in the Zonta Leadership Program, an e-learning program exclusively for Zonta members. LEADERSHIP https://membership.zonta.org/ PROGRAM Dashboard/e-Learning

ZQV Committee Reports for 2019-2020

Nominating Committee—Marjorie Cavanaugh, Pam Albertson, Liz Reeves

Successfully recruited a new Executive board for 2020-20212: President Dana Burton, V.P Danielle Petrangelo, Treasurer: Andrea Bordenca, Secretary, Mary Knight, Board members, Trish Pupek, Luz Rivera & Patti Matthieu. The Nominating committee will present a slate for a new nomination committee by September

Membership—Dana Burton, Chairman

We have seen great interest in our club this past year, as a result of our wonderful programming, active outreach by club members and publicity of our special events. We have also enhanced membership materials to better educate guests about our mission and are exploring joint ventures with other Zonta clubs and like-minded organizations. We are pleased to induct Maria Maloney in June and welcome the transfer of Susan Jennison Seaver from the Southern Maine club. She has been a Zontian since 2000 and her background is in Accounting. She has served as Treasurer at the club and district level.

Service Committee—Debbie Wood, Chairman

In 2019 we donated \$3969 to Zonta International which included auction proceeds and fundraising from the prior year. **Of note, that brings the club's lifetime total donations to \$68,766.76!** Local donations included \$1000 each to our YWPA and JM Klausman Scholarship winners and \$500 for Springfield College as designated by the Founder's Day recipient. We expended \$594 for all Soldier On activities and related purchases. \$183 was spent on Period Project supplies. We made annual donations of \$100 each to the Jubilee Cupboard, Helping Hands Cupboard, Palmer Food Share and the Community Survival Center in Ludlow. In addition, over 100 jigsaw puzzles and some adult books were donated to the Women's Correctional Center and Soldier On residence. Members and businesses also donated supplies for the Period Project resulting in the assembly and distribution of over 500 Period Project kits to local shelters and organizations. We also collected toiletries and toys to donate to the YWCA and local shelters. The collection of magazines for Wing Memorial Hospital continues as well. Members also agreed to donate \$400 for the emergency needs of YWCA survivors.

Educational Awards—Dana Burton, Chairman

\$1000 awards were given out to two deserving applicants:

2019 Young Women in Public Affairs (YWPA) awarded to McKenna Troy, a senior at Belchertown High School 2019 Jane M. Klausman Women in Business Scholarship winner: Leah Jack, Tuck School of Business at Dartmouth College

Advocacy -Pamela Albertson, Chairman

Monthly meetings often featured a speaker who could educate us on a topic important to Zonta's advocacy efforts. One recent speaker spoke about the problems facing survivors and victims of domestic violence which have been exacerbated during the pandemic when women (usually) are forced to remain at home with their abusers and cannot often reach out to counselors or friends for help and advice. The Spring Workshop featured updates on the subjects of human trafficking and child marriage in the USA and Canada. Articles in our newsletter summarized the Global Programme to Accelerate Action to End Child Marriage and how Zonta International works in collaboration with the UN and the Council of Europe to advocate on behalf of women's issues. Several activities took place under the auspices of the Centennial Committee guidance. The "Girls Rocket" program identified girls at local high schools who had overcome personal adversity. The "Strong Women and Girls Read" offered local libraries funding to purchase books especially pertinent to women's and girls' interests. Lastly, information and resources have been published on the club's website—most recently, a description explaining the legislative and budget process in Massachusetts and SAFEPLAN—Safety For Every Person Leaving Abuse Now, published by the YWCA of Western MA..

Golf Tournament Committee—Debbie Wood, Chairman

The 25th tournament fundraiser in September at Cold Spring Country Club set new records – most players (106) and largest profit (\$5500). Weather was fantastic, prizes were amazing – sentiment among players is that we have a wonderful, worthwhile tournament! Kudos to the generosity of members who donated pastries, snacks, desserts, prizes and gift certificates and our loyal sponsors—small community businesses. Because of the COVID-19 pandemic and restrictions on public gatherings, the 9/12/2020 tournament is still under consideration. This is also a difficult time for small businesses, many of which have been shuttered for several months. We are looking at all possibilities and will announce a decision before July 1st.

Continued next page

JUNE 2018 PAGE 7

ZQV Committee Reports for 2019-2020 continued

Silent "no more!" Auction—Dianne Kidd, Trish Pupek, Co-chairmen

Our Silent Auction was cancelled—another casualty of the COVID-19 pandemic..

Centennial Committee—Mary Ann Rubis, Marjorie Cavanaugh, Patti Matthieu, Pam Albertson, Liz Reeves, Mary Knight, Trish Pupek and Dee DiFatta—Ad hoc committee charged with celebrating Zonta International's 100th anniversary during this biennium (2018-2020) Our update for this final year:

Luggage Tags were a big hit. We reordered and sold out again, allowing us to fund all Centennial activities.

The Centennial icon for Zonta Road signs are up and a big thank you is being sent to Patti's husband for his contributions and

donation of time.

Pictures and wording for our page in the Zonta District 1 2020 calendar were submitted as requested; the calendar was well received.

Founder's Day - November 11, 2019 ~ in honor of Zonta's 100th birthday ~ the Zonta Club of Quaboag Valley celebrated Dr. Mary Beth Cooper with a Centennial Community Award. The event was covered by local television and newspapers.

Strong Women and Girls Read ~ Mary Ann designed a bookplate for books purchased by the libraries. Belchertown, Monson, Palmer and Ludlow have promoted the books and planned on Women's Day events that were derailed by the pandemic. An additional \$250 (from luggage tag sales) to each library will be donated when libraries reopen.

Young Girls Rocket! In honor of Amelia Earhart who followed her dreams with courage and will to never

give up, we recognized young women nominated by guidance counselors in our local high schools who embody those characteristics at our January 2020 meeting. Grace Gerhardt - another young woman who has a tenacious spirit and an Aerospace Engineering degree - was our guest speaker.

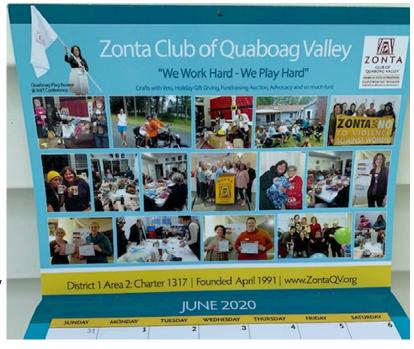
Display Table/Board ~ Liz and Mary Ann upgraded how we show Zontians in action.

Collaborations ~ Pattie Hallberg, CEO of the Girl Scouts, was unable to stay for the Period Project but will get back to Mary Ann about possible 'badge' support for the girls.. [https://www.girlscouts.org/en/our-program/badges/badge_explorer.html]

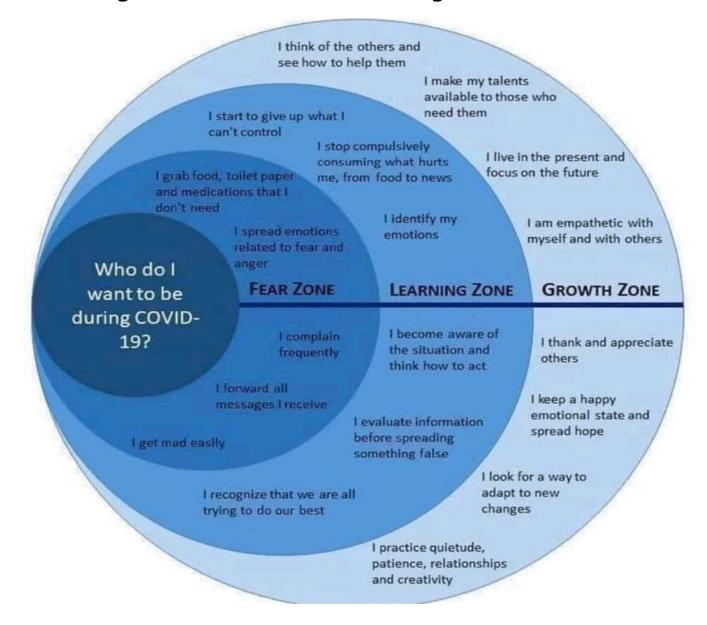
Archiving Club Records ~ Marge and Mary have started reviewing ZQV materials collected and saved over the years. In addition to hard copies of items, we will save documents and pictures on thumb-drives. As storage facilities are expensive, we will keep the records in a member's home for now. Currently, Mary Knight will store.

Billboard – Advocating against Child Marriage ~ USA Advocacy Caucus is spearheading an effort to take advantage of unused billboards (Lamar advertising) to promote our signature project. Details, cost, steps should be included in the announcement, coming soon.

All in all, the committee has concluded its duties with pride in the many accomplishments.



Choosing to Learn and Grow During the Pandemic



LEADERSHIP TIP:

When a Conversation is Important, Deep Listening is Required:

- 1) Be present. Check in with your body, breath, awareness, emotion. Get ready to listen.
- 2) **Acknowledge**. You are here to hold space for whatever emotions show up. Be Curious. You are not here to change or fix anything or negate or shut down.
- 3) Affirm, without judgement. Add to the conversation / grow it with empathy. "Yes, AND...."
- 4) Surrender to the moment. Be open to new possibilities. SYNERGY TIME!



2020-2022 Biennial & Fundraising Goals



Transitions, Changes & New Opportunities

The 2020-2022 Biennium begins Zonta International's second century. These biennial goals build on Zonta's past successes, strengthen our commitment for women's equality, and acknowledge today's rapidly changing world. Our founders provided a vision for women to achieve equality. That equality has yet to be fully realized and is the motivation to accomplish these biennial goals.

In order to achieve our goals, Zonta International must be viewed as an 'organization of choice' that people believe is worthy of the investment of their personal time and resources. Zonta needs to stand as a global community that engages in meaningful conversations and works to better the lives of half the world's population.

GOAL 1: Programs & Projects GOAL 2: Membership GOAL 3: Financial Resources

GOAL 1: Programs & Projects

Access to education is a key factor in achieving gender equality. Zonta's education programs provide essential support for women in male-dominated disciplines. The women who receive these awards are role models for the next generation. Thus, the continuation and expansion of these Zonta-managed education programs are critical for Zonta to expand women's participation in these fields.

Many girls around the world do not have the opportunity to attend school and/or complete their secondary education. For decades, Zonta has successfully partnered with UN agencies to address a variety of needs of women and girls. This biennium our Zonta-funded UN projects are implemented in Asia, Africa, South America and the southwestern Pacific, thus achieving a truly worldwide impact. The projects focus on education, health, preventing early marriage and eliminating other forms of violence against women. The objectives of the projects are achievable and measurable.

These four goals for our programs and projects increase our impact and effectiveness in helping women and girls.

- Zonta's pilot Women in Technology Scholarship continues with a second award cycle during the biennium. An assessment
 of the first and second award cycles will be conducted with results and recommendations presented at Convention 2022.
- 2. Zonta International will study the participation in the Young Women in Public Affairs Award and Jane M. Klausman Women in Business Scholarship programs and make recommendations for the future of these programs prior to the next convention.
- 3. Education and eliminating violence against women are two key elements of our projects funded through the UN agencies. Zonta International will publish statements on issues impacting the lives of women and girls such as human trafficking, climate change and other topics as we work for improvements for women and girls in all facets of life.
- 4. Zonta's voice is heard locally when clubs participate in advocacy actions. Advocacy work focuses on raising awareness of women's rights and has lasting impact when laws are changed. Clubs are encouraged to participate in at least one advocacy activity each year. The global Zonta Says No to Violence Against Women campaign provides an opportunity for advocacy and gives aligned visibility to Zonta in the community.

GOAL 2: Membership

Zonta's membership is central to its success. Growth in membership is always the desired outcome, however, a more realistic goal in today's world is to stabilize membership. Going forward into our second century membership retention is key, yet recruitment of young professionals remains a focus. For club members taking on leadership roles, Zonta International's leadership development program offers support and training.

Successful implementation of these three goals related to membership will maintain Zonta's visibility locally and globally.

- 1. Zonta International, districts and clubs will work together to focus on membership retention. This includes maintaining clubs in the current countries (61 countries as of January 2020).
- 2. Districts are encouraged to hold at least one event per year with current education award winners and awardee alumnae. Zonta International will work with the districts in contacting the awardee alumnae. Awardees are encouraged to become Zontians and serve as role models for the next generation of professionals.
- 3. Zonta International will support current and future leaders through Zonta professional development and mentoring tools, tailored to individual club needs.

GOAL 3: Financial Resources

Financial contributions are needed to fulfill Zonta's mission. For most of Zonta's history, the financial giving has been directed towards meeting the biennial fundraising goals to support our programs and projects. Since 1988, Zonta's endowment funds have been established for the sustainability and growth of Zonta's work towards women's equality. The visibility of Zonta International's Foundation is important for reaching new internal and external donors.

Contributions to both the biennial programs and projects and the endowment funds are essential for maintaining and growing our ability to make a difference in the lives of women and girls.

Achieving the following three goals ensures our impact continues while also providing opportunities to expand our influence.

- 1. Donations to the Zonta International Foundation meet or exceed the biennial fundraising goals.
- 2. Donations to the endowment funds for sustainability and growth of the foundation continue to be made towards achieving the long-term goal of US\$10,000,000. Zonta International will identify potential programs and projects for future support using the earned income from the endowments.
- 3. Zonta International Foundation will expand awareness and visibility of the focus of Zonta's global charitable efforts by doing business as "Zonta Foundation for Women."*

*The legal name will remain Zonta International Foundation; however, there will be a second legal filing that will allow us to also operate under the name Zonta Foundation for Women.

US\$700,000

US\$4,000,000

Fundraising Goals

Amelia Earhart Fellowship: Jane M. Klausman Women in Business Scholarship: Funding Available Young Women in Public Affairs Award: Funding Available International Projects:

Rose Fund: US\$100,000

Total Fundraise: US\$4,800,000

2020-2022 Project Description



Delivering Survivor-Centered Response to Gender-Based Violence Survivors in Papua New Guinea and Timor-Leste



2020-2022 Funding: US\$1,000,000 to UNFPA

Goal:

All women and girls in Papua New Guinea (PNG) and Timor-Leste live life free from violence.

Objective:

Women and girls who experience violence use quality essential services for long-term recovery from violence in Papua New Guinea and Timor-Leste.

Background:

Gender-based violence (GBV) is an umbrella term for any harmful act

that is perpetrated against a person's will and that is based on socially ascribed differences between males and females. It includes acts that inflict physical, sexual and mental harm or suffering, threats of such acts, coercion, and other deprivation of liberty.

Despite growing awareness of GBV as a life-threatening violation of human rights, poor quality of services and lack of coordination among multiple response sectors have been a major impediment for effective response to GBV in Asia and the Pacific region.

Strengthening National Capacities of Health Sector in Papua New Guinea and Timor-Leste to Deliver Survivor-Centered Response to Gender-Based Violence Survivors will focus on two countries in the region with the highest level of lifetime prevalence of intimate partner violence—PNG (68%) and Timor-Leste (59%). This initiative will build on the strong global and regional evidence base on what works for effective response to GBV.

The project will serve approximately 418,067 beneficiaries in PNG and 100.350 beneficiaries in Timor-Leste.

GBV in Papua New Guinea and Timor-Leste

- The magnitude of GBV in PNG is considered to be of epidemic proportions.
 In a recent study, 68% of women reported having experienced some form of physical and/or sexual violence in their lifetime.
- A 2012 study of male perpetration of violence conducted in the
- Autonomous Region of Bougainville, PNG, found that **87.6% of men** admitted to physical, emotional and/or economic abuse against their intimate partner.
- GBV remains one of the most pervasive human rights concerns in Timor-Leste, with almost two out
- of every three women (15-49 years) reporting having experienced intimate partner violence in their lifetime.
- In Timor-Leste, tolerance for GBV is high with more than three of four women and men believing a man is justified in physically beating his wife.



Strategies

- Conduct assessment of health sector's capacity to respond to GBV cases in select sites.
- Develop an in-service training package for health service providers on health sector response to GBV based on World Health Organization (WHO) curriculum for health workers to respond to GBV.
- Conduct cascade training to build capacities of health staff, including related to confidentiality and delivering targeted services for distinct groups of women and girls.
- Establish, within prioritized health facilities in Timor-Leste, spaces to provide LIVES (Listen, Inquire, Validate, Enhance Safety and Support) and other components of essential health service package as required ensuring confidentiality and privacy.
- Provide technical assistance through development of teaching aid materials to integrate content about the identification of, response to and referral of GBV in preservice curriculum building on WHO guidelines and tools.
- Strengthen health care providers' participation in GBV referral pathways and case management system to ensure a strong multi-sectoral response to GBV in all project sites.
- Expand Family Support Centers for provision of comprehensive GBV response services in three provinces of PNG
- Conduct research on the implementation of health sector guidelines to address GBV in PNG and Timor-Leste.
- Organize joint trainings of multi-sectoral GBV response teams in project sites on survivor centered case management and referral.
- Plan community awareness activities on the health impact of GBV and the availability of services, including health services.
- Develop informational brochures on GBV referral pathway with contact information of GBV response service providers per project site.
- Conduct action research on implementation of the survivorcentered health sector response and its impact.



Expected Outcomes



Health service providers at national and sub-national levels in selected sites in Papua New Guinea and Timor-Leste will have the knowledge and capacity to deliver quality essential health services to GBV survivors in line with global quidelines.



Relevant government authorities at national and sub-national levels in Papua New Guinea and Timor-Leste will have the capacity to establish a multi-sectoral GBV coordination mechanism.

All project sites have functional referral paths established in line with global guidelines.



At least 70% of project-trained health practitioners demonstrate an 80% increase in knowledge on survivor-centered principles for GBV response.

2020-2022 Project Description



Let Us Learn Madagascar

Empowering Girls Through Education: Phase III



2020-2022 Funding: US\$500,000 to UNICEF USA

Goal:

Address education and gender inequity in Madagascar through approaches targeted toward adolescent girls.

Specific objectives:

- Ensure that more children, particularly girls (who drop out at higher levels in the post-primary level) have access to post-primary education and stay in school.
- Ensure that Madagascar's education system has the capacity to offer quality teaching for enhanced learning outcomes.

Let Us Learn is an integrated education program that is creating opportunities for vulnerable and excluded children, particularly girls, in Madagascar.

The program will be implemented in the Androy and Atsimo Andrefana regions and will support children as they transition from primary to lower secondary school.

Nationwide, one in four children aged 6–10 does not attend primary school and one in three children aged 11–14 does not attend lower secondary school. By providing vulnerable girls with opportunities to realize their right to an education in a secure and protective environment, Let Us Learn aims to reduce poverty and

ultimately empower Madagascar's next generation of female leaders.

Let Us Learn's comprehensive approach engages multiple sectors—including education, social protection, child protection and sanitation—to address the systemic challenges faced by adolescents, particularly girls, in the two targeted regions.

A total of 45,214 children (52 percent girls) will benefit from the program over the next two years.

From 2016–2020, Zonta International contributed US\$2 million to the Let Us Learn project, financing the program in the regions of Anosy, Androy and Atsimo Andrefana. Following is a snapshot of some key results.

Results to date

- 1,564 households, caring for 4,793 children under 18, received a conditional cash transfer.
- 72,000 students (36,585 girls) learned in classes facilitated by more than 3,000 teachers supported through trainings or teaching materials.
- 200 children benefited from four new classrooms.
- Approximately 16,800
 community members
 were engaged on the
 importance of post-primary
 education, the risks and
 disadvantages related to
 early marriage and other
 child protection issues.
- 88 children's clubs were established to promote children's rights in lower secondary schools.
- 937 out-of-school children benefited from catch-up classes and returned to school.
- 396 teachers in 109 lower secondary schools in Atsimo Andrefana had their teaching practices strengthened during visits by 27 pedagogical support providers.



Strategies

- Construct two classrooms—complete with latrines, a water point and equipment—to improve the learning environment and increase access to post-secondary education.
- Identify out-of-school children at the lower secondary level and provide them with alternative schooling so they can catch up with their peers and reintegrate into the formal school system.
- Provide monthly or bi-monthly cash transfers to the female head of the household to allow families to meet basic needs like food, water and medicines, thereby reducing the multiple deprivations they face, as well as freeing up other household income to support education costs.
- Address the issue of violence in schools and the interlinkages between violence in communities and violence in schools through child protection activities.
- Continue training support for teachers and school personnel on child rights.
- Establish one children's club per school and train club leaders to implement action plans for awareness sessions on child rights/child protection in schools and communities.
- Support the adoption of a code of conduct against violence at the region level.
- Strengthen the referral and intake services for children who are victims of violence, both in schools and in the community.
- Train pedagogical advisers, trainers and school principals so they can provide efficient and result-based pedagogical support to teachers.
- Distribute learning and teaching materials in schools that are in line with curriculum reform.
- Provide local training and formative supervision of teachers by trained trainers and educational staff, including on sexual and reproductive health and life skills.
- Support effective application of annual work plans and the production of regional statistical yearbooks, essential monitoring, and evaluation mechanisms via UNICEF's regional technical assistants (field-based officers).
- Support Life Skills Sessions that guide adolescents in discussions to help them adopt practices to prevent violence, protect themselves and their peers, and succeed in school.

Expected Outcomes



Around 100 children will learn in two new classrooms, which will be complete with latrines, a water point, and equipment.

100 schools will receive pedagogical materials annually.

100 school principals will be trained.



100 follow-up monitoring visits and activities will be conducted by the pedagogical support officers.

750 households will benefit from conditional cash transfers.



700 children (at least 50 percent girls) will be reintegrated into school after attending catch-up classes.

3,500 children will have increased knowledge of life skills that support their well-being and healthy development.



Eight school districts will be supported to implement a code of conduct against violence in schools and to develop a functional intake and referral mechanism for child victims of violence and exploitation.

114 children's clubs will be established to implement plans of action to raise awareness in their schools and communities about the issue of violence.



1,600 children at risk and victims of violence and exploitation in schools and communities will benefit from medical, legal, or social support.

2020-2022 Project Description



Ending Child Marriage

A Program to Accelerate Global Action: Phase II



2020-2022 Funding: US\$1,500,000 to UNFPA and UNICEF via UNICEF USA

Child marriage is globally recognized as a harmful practice and a human rights violation. Despite laws against it, the practice remains widespread and can be found in cultures, religions, ethnicities and countries around the world. Globally, 21% of girls are married before they turn 18, robbing them of their childhood.

Ending child marriage requires addressing, over a period of time, the complex sociocultural and structural factors underpinning the practice. As a result, the Global Programme to End Child Marriage was designed to cover 15 years through 2030. During this time, the priority remains on engaging adolescent girls as key agents of change in the following 12 countries with high prevalence of child marriage: Bangladesh, Burkina Faso, Ethiopia, Ghana, India, Mozambique, Nepal, Niger, Sierra Leone, Uganda, Yemen and Zambia.

Zonta supported Phase I of the Global Programme, with a US\$2 million contribution from 2018-2020.

Overall goals of Phase II:

- 1. Elevate the voice and agency of adolescent girls by:
 - Empowering marginalized adolescent girls through life skills and knowledge building.

- Promoting gender equality in girls' families and communities.
- 2. Increase resources and opportunities for adolescent girls and their families by:
 - Strengthening education, health and child protection systems.
 - Addressing the ways that poverty drives the practice of child marriage.
- Enhance legal and political action to prevent child marriage and to support married, divorced or widowed adolescent girls by:
 - Helping governments strengthen their plans to end child marriage.
 - Building the capacity of governments to make datadriven decisions and implement evidence-driven programs.

Results to date

During Phase I, the Global Programme surpassed its targets, reaching millions of people in the 12 program countries with interventions designed to end child marriage. The following progress was made during Phase I:

- 8.7 million girls were reached through 2019.
- 46,000 service delivery points have improved services for adolescent girls.
- · 5.3 million community
- **members** were reached with community dialogue on ending child marriage.
- 8,000 schools improved quality of girls' education.
- 11 of the 12 countries have national strategies
- addressing child marriage, out of which six are budgeted and implemented.
- More than 125 studies have been conducted to inform programming and policy making.



Strategies

- 1. Create and expand opportunities for the empowerment of adolescent girls.
 - a. Improve literacy and provide girls with information about sexual reproductive health, financial competencies, gender equality and building healthy relationships.
 - b. Provide support to adolescent girls to help them enroll and remain in school.
- 2. Promote a supportive and gender equal environment.
 - Engage men and boys in gender equality work, challenging toxic masculinities and empowering them to become agents of positive change.
 - b. Engage families, communities, traditional and religious leaders, and other influencers in dialogue and consensus-building programs on alternatives to child marriage (including education), the rights of adolescent girls and gender equality.
- 3. Strengthen governance to prevent child marriage.
 - a. Provide technical support to governments in order to help them enact, enforce and uphold laws and policies that are in line with international human rights standards aimed at preventing child marriage.
 - b. Work with key ministries responsible for the implementation of the national child-protection system.
- 4. Enhance sustainability and impact of child marriage programs.
 - Increase the generation, sharing and use of robust data and evidence on adolescent girls for advocacy, programming, learning and tracking progress.
- 5. Build partnerships.
 - a. Partner with governments and organizations to ensure that social protection, poverty reduction and economic empowerment programs and services are adolescentfriendly, gender-responsive, and reaching the most vulnerable adolescent girls and their families.
 - Support women's organizations and youth-led organizations to mobilize the voices of marginalized girls, challenge harmful social norms, and promote gender equality.

Expected Outcomes



Marginalized adolescent girls improve their knowledge, skills and attitudes on their rights, relationships, sexual and reproductive health, and financial literacy, including in humanitarian contexts.



Adolescent boys, families, traditional and religious leaders, community groups and other influencers demonstrate more gender-equitable attitudes and support for girls' rights.



Education, health, child protection and gender-based violence systems increase capacity to deliver coordinated, quality programs and services that meet the needs of adolescent girls and their families, including in humanitarian contexts.



National and sub-national social protection, poverty reduction and economic empowerment programs and services increase capacity to respond to the needs of the poorest adolescent girls and their families, including in humanitarian contexts.

Governments increase capacity to coordinate and implement national and sub-national action plans and systems to end child marriage.



Governments and NGOs increase capacity to generate, disseminate and use quality and timely evidence to inform policy and program design, track progress and document lessons.

2020-2022 Project Description



Adolescent Girls' Health and Protection in Peru



2020-2022 Funding: US\$1,000,000 to UNICEF USA

Goal:

Improve the capacity of services to respond to the health needs of adolescents—especially girls—in a timely manner and prevent violence in schools in the regions of Huancavelica and Ucayali.

Specific objectives:

 Improve the response of the health sector in the provision of quality, comprehensive and differentiated adolescent care, with an emphasis on mental health care and violence prevention for girls. Improve the capacity of the protection and education sectors to promote health and prevent and address all types of violence in schools, especially gender-based violence, in a timely manner.

The Adolescent Girls' Health and Protection project will contribute to guaranteeing the rights of indigenous and rural adolescents, especially girls, and respond to their needs by preventing pregnancy, addressing mental health concerns and providing a protective environment from violence by providing quality, gendersensitive, and culturally adapted health, education and protection services.

Defined by the Peruvian government as the ages of 12 to 17, adolescents constitute 11.2% of the population, or 3.5 million people. Until recently, UNICEF's program interventions for children focused on younger age groups, while services for adults are not designed to cater for the distinct needs of adolescents.

The project will benefit:

- 31,082 adolescents (approximately 15,230 girls)
- 100 health personnel from 10 health care establishments
- 72 principals and teachers in 24 schools
- 14,000 families of adolescent beneficiaries

Adolescents in Huancavelica and Ucayali*

- In Huancavelica, 64.1%
 of adolescents used a
 health service. Of these,
 54.2% accessed the
 adolescent comprehensive
 health care plan.
- Only 36.3% of adolescents who accessed that comprehensive health care plan were screened for nutritional status and
- only 53.8% were screened for violence.
- 57.2% of adolescents in Huancavelica complete secondary school, and 14.1% of adolescent girls there are either pregnant or already mothers.
- In Ucayali, 40,935 adolescents used an outpatient health service.
- Of these, only 12.7% initiated an adolescent comprehensive health care package, and just 4.4% completed it.
- 58.2% of adolescents in Ucayali complete secondary school, and 20.2% of adolescent girls are either pregnant or already mothers.

'Data is from 2018.



Strategies

- Develop and/or update adolescent health care guidelines and/or protocols (e.g., the active identification of cases of violence against children) with the active participation of adolescents, especially girls.
- Implement an in-service training program for health care and other service providers in adolescent health. The five training modules are: adolescent sexual and reproductive health; adolescent mental health; nutrition; gender and adolescent health; and effective management of adolescent health services.
- Carry out a communication strategy to improve adolescents' access to information and services related to their health and integral development.
- Strengthen communication and referral mechanisms between health and protection services in project areas.
- Build the capacity of health personnel to provide adequate response to cases of sexual violence.
- Implement strategies that promote a healthy lifestyle and environment in secondary schools, including advocacy activities to ensure that health promotion is being prioritized within the school's annual plans, high-quality reproductive health education, technical assistance and support for the implementation of the Health Kiosk Guidelines, and the development of plans to improve school environments (e.g., clearing fields for recreational spaces, improving toilets, etc.).
- Design, evaluate and implement methodologies for violence prevention in schools, with an emphasis on violence experienced by girls in project regions.
- Develop a diagnostic and monitoring tool for school coexistence and violence prevention in project schools.
- Train school principals and teachers on response protocols to in-school violence, and disseminate in-school violence reporting mechanisms amongst the education community.
- Strengthen mechanisms to implement administrative sanctions at the national and sub-national levels for inschool violence committed by adults.

Expected Outcomes



10% increase in number of adolescents screened for mental health problems in project health facilities.

5% increase in number of adolescents with comprehensive health care in project health facilities.



100 health care professionals receive training on adolescent-friendly health care and how to provide adequate response to cases of sexual violence.



10 health facilities are trained to respond to cases of physical, psychological or sexual violence in coordination with other services.

Eight project schools provide students with health promotion activities related to mental or sexual health and nutrition.



24 schools provide health promotion activities that promote healthy lifestyles and environments and implement validated physical, sexual and gender-based violence prevention and school-based response strategies.



72 principals and teachers are trained to recognize violence and implement violence response protocols using reporting mechanisms.