



ZONTA

CLUB OF
QUABOAG VALLEY

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

**ZONTA CLUB OF
QUABOAG VALLEY
BOG NEWSLETTER**

JUNE 2021

2021 Dates for your Calendar

June 14

Business Meeting—in person, weather permitting!

June 25—27 Cincinnati NAIDM

North American Inter-District Meeting

zontadistrict4.org/category/naidm-2021/

Good news: There is an opportunity for you to attend remotely!

The virtual streaming will be limited to the main ballroom and will include only a portion of the sessions, but the hope is that this hybrid event is successful in involving more Zontians and in connecting you with each other.

To learn more, go to

<https://www.zonta-cinti.org/registration> and click on the *virtual registration key*.

August Picnic T.B .A.

September 12 Zonta Golf Tournament

Fundraiser—Cold Spring Country Club

September 13

Business Meeting

October 22-23 District 1 Fall Conference

hosted by the Concord NH club will be completely virtual. This is an important event for our club and district, held every two years—so please mark your calendars. More details forthcoming.

We expect to see all of you on Zoom; if you are unable to attend, please let Dana know. **P.S. Guests are invited to our virtual meetings. If you know any one who is interested in joining us, simply contact us by email to get a meeting link: info@zontaqv.org**

Hello Fellow Zontians and Friends,

I want to start off by giving my condolences to the family and friends of Luz Rivera. She was a truly inspiring woman and an excellent Zontian. She will sincerely be missed!

We had an amazing meeting last month. I want to thank Kerry again for all the incredible information she shared with us on women's health issues during this pandemic and educating us about SANE. I am hoping she will join us again some time. I also want to thank Trish and Mary for coordinating the calendar auction and making it such a success. Congrats to all the winners and thanks to all who donated both prizes and for tickets.

In June we are going to have a fun meeting at the home of Chris and Karen. We will have a few items of business to take care of but will finally be able to enjoy some face to face time with each other.

Bring any donations for the golf tournament. Make sure items are new and in great condition, no hand-me-downs please. I will be passing around a sign-up sheet to pick a time slot to volunteer at the tournament, Sunday September 12. Continue to solicit players for the tournament and if you visit local businesses make sure to drop off a sponsor flyer or see if they wish to donate a prize.

I look forward to getting to see you all in person!

Please RSVP to me for the meeting at Karen and Chris's.

See you soon!

In Zonta Friendship,
Dana Burton

P.S. During the summer months, the board will be reviewing responses from the District-wide survey and formulating a strategic plan for our club to consider.

If you are interested in joining the discussion please let me know!



In this issue:

1. Message from President Dana Burton
2. Luz Rivera obituary
3. May Business Meeting minutes
4. May Board Meeting minutes
5. Zonta Golf Tournament
6. Advocacy: In Support of S.A.N.E.



Birthday wishes:

Mary Ann Rubis 6/15

Marge Cavanaugh 8/27

Janet DaSilva 8/29



Luz Rivera
1966 - 2021

Luz Ivette Rivera - colleague, friend and sister Zontian - passed away unexpectedly after a short illness on May 10, 2021 at Baystate Medical Center. Luz was born in Camuy, Puerto Rico on January 28, 1966 to the late David Rivera and Emilia Hernandez. In 2016, she obtained a Masters Degree in psychology from BayPath University where she was awarded the coveted Pathfinder Award and was a member of the Maroon Key Honor Society. Luz' career was one of selfless service to others.

She worked as a domestic abuse advocate for the Springfield Police Department and the YWCA. She was currently an elder abuse investigator for the Great Springfield Senior Services. As a director for Zonta Club of Quaboag Valley, she worked to empower women worldwide through service and advocacy. Luz was the Vice-President of the Pine Point Community Council. With her fiancé, she founded Good Neighbor Fence Company. A fan of Wonder Woman, she was thought of as a true superhero to her family. Luz touched the lives of all who knew her.

She leaves to cherish her memory her children: Jose Hernandez of Springfield, Efrain Rodriguez and his fiancé Erica Olivo of Springfield, Kayla Rivera of Springfield and Netania Caceres and her husband Isaiah of Enfield, CT; her fiancé of 11 years, John Lysak of Springfield; her step-children: Samantha Tremblay, Erica Lysak, Lauren Lysak and Kevin Lysak, all of Springfield; 11 grandchildren and many brothers and sisters, other family members, and numerous friends and colleagues.

Several members of the Quaboag Club attended a memorial for Luz and the club made a donation to the Zonta International Foundation for Women's Rose Fund in her memory.



Zonta Club of Quaboag Valley
District I, Area II,
Charter 1317 of Zonta
International
2020—2022

- President:** Dana Burton
- Vice President:** Danielle Petrangelo
- Treasurer:** Andrea Bordenca
- Secretary:** Mary Knight
- Directors:** Patti Matthieu
Patricia Pupek
Susan Seaver
Chris Keough-Huff

Website: www.zontaqv.org

Committee Chairs 2020—2022

- Finance/Audit Chair:** Joanne Turner-Chiacchia
- Membership Chair:** Danielle Petrangelo
- PR /Communication Chair:** Mary Knight
- Advocacy/UN Chair:** Pam Albertson
- Service Chair:** Joanne Turner-Chiacchia
- Scholarships Chair:** Maria Maloney
- Poinsettia Fundraiser Chair:** Liz Reeves
- Golf Fundraiser Chair:** Debra Wood
- Auction Fundraiser Chairs:**
Patricia Pupek and Dianne Kidd
- Nominating:**
Trish Pupek, Kristin Goold, Janet DaSilva
- Bylaw Revisions:** Suz Tiranno

"If you don't like something, change it; if you can't change it, change the way you think about it."

Mary Engelbreit



Zonta of Quaboag Valley— May 10, 2021 Business Meeting

Present on Zoom Call: Andrea Bordenca, Dana Burton, Marge Cavanaugh, Joanne Turner-Chiacchia, Kris Goold, Karen Keough-Huff, Chris Keough-Huff, Mary Knight, Patti Matthieu, Trish Pupek, Mary Ann Rubis, Susan Seaver, Suz Tiranno, Stacy Troy, Mike Wallace, Debbie Wood

Absent: Nancy Ayers, Dianne Kidd, Janet DaSilva, Luz Rivera, Maria Maloney, Pam Albertson, Danielle Petrangelo, Liz Reeves

Guests: An Aunt of Chris & Karen and **guest speaker: Kerry L. Chenausky**

President Dana Burton welcomed everyone and shared very sad news: Danielle called to report that **Luz Rivera** has passed away. Details will be shared as received. Her Facebook page is under Luz Rivera Duprey. Luz, you will be missed – prayers for your family and friends at this difficult time.



Our program tonight was an Update on Women’s Health and the COVID-19 Pandemic by Kerry Chenausky, RN, MA SANE, WHNP-BC, ANP-BC.

Kerry started with a review of the status of women in the U.S. prior to the pandemic – pointing out that the maternal mortality rate was close to 40% higher for non-Hispanic, black women compared to white women; nearly 1/3 of households served as a caregiver for an ill or disabled relative; and women were trailing men in wages - \$.82 for every \$1. When Covid hit, 1 in 10 women left employment; half of mothers quit because of school/childcare closures; and over 2/3 of low-income women took on unpaid time off for caregiver roles. **While not all women were infected, ALL were affected by the pandemic:** increased stress and vulnerability; decreased independence,

long-term implications on wealth and career, and increased substance abuse.

While we are aware that vulnerability leads to violence and have heard that an estimated 1 in 3 women are subjected to physical, emotional, and/or sexual violence during their lifetime, the quarantine and stay-at-home mandates related to the pandemic created a **surge in domestic violence, impacting partners, seniors and children.** This issue is of utmost importance to Kerry who has SANE (Sexual Assault Nurse Examiner) certification from the Commonwealth of MA. SANE nurses are on call to provide compassionate, comprehensive, expert forensic nursing care to sexual assault patients and staff TeleSANE through the National TeleNursing Center. They work in partnership with rape crisis centers and provide expert testimony that often increases prosecution rates. *[Note: Zontians can help increase awareness about SANEs in their community and advocate for greater support – visit zontadistrict1.org for more information.]*

Kerry shared some positive news on Women’s Health, too. Since the onset of Covid-19, there has been an increased uptake of SANE services and increased access to health care through tele-services. Workplace safety has taken on added importance; we are seeing initiatives to reduce maternal mortality for Black women and a movement to include holistic, preventive care for women across the lifespan. She is especially pleased that Governor Charlie Baker signed legislation that went into effect on January 1, 2021 allowing NPs to practice independently in Massachusetts.

In closing her presentation, Kerry shared her hope for the road forward:

We need to learn from our mistakes - by supporting public health infrastructure; fighting for equal pay and job security for women; offering support for caregivers; and getting serious about disaster planning before the next pandemic.

We need to build robust primary & preventive care with an eye to acknowledging socioeconomic and racial disparities.

Note: Kerry’s slides can be requested from Info@zontaqv.org.

Following the Program, the business meeting was called to order by President Dana Burton

The first order of business was the induction of our newest member Michael Wallace by PDG Dr. Mary Ann Rubis. Dana noted that she has delivered his pin, badge and materials, but owes him a yellow rose! Michael is welcomed by all of his fellow Zontians for his enthusiasm in sharing the ideals of Zonta. He is already urging us to do a better job in marketing ourselves and suggested a table at the Farmer’s Market! Mary Knight will follow up.

April Minutes: A motion was made and seconded to approve the minutes published in the Bog. The vote was in favor.

Treasurers Report: Andrea did not have a current report to vote on but will present one to the Board next week, along with the Proposed 2022 Budget. She thanked members for submitting dues in a timely fashion; she is waiting for just one more member.

Committee Reports

Calendar Fundraiser – Sales of ‘chances’ went exceptionally well – 298! Each morning this month, a name gets picked by Trish (videotaped). The ‘seller’ is notified so she/he can share the good news with the winner; the videotaped announcement is shared on Facebook and the webpage, and the winner’s name goes back in the drawing. Lots of excitement!

May Business Minutes continued

Golf – Debbie reported that her committee will be sending out forms and ideas for raffle prizes for the September 12th event. We are encouraged to bring raffle items to the June meeting so Suz and Stacy can get a head start on tracking prizes. A press release to save the date will go out shortly as well – all members are asked to share and encourage early registration.

Final Meeting before Summer break

June 14th – Weather permitting, we will have a picnic meeting/dinner at the home of Chris and Karen. Address will be shared in an email. Bring your own meal and beverage – plenty of chairs available.

Dana thanked everyone for attending. Before adjourning, we had a moment of silence as we remembered our sister Zontian Luz for the honor of working with her to advocate for women and prayed for her family and friends at the loss of such a vibrant soul.

Next Newsletter deadline is 5/27.

Meeting Adjourned 7:30

Respectfully Submitted, Mary Knight, Secretary

ZQV Board Meeting May 17, 2021 6:00 PM on Zoom

Present: Andrea Bordenca, Dana Burton, Mary Knight, Patti Matthieu, Danielle Petrangelo, Trish Pupek,

Absent: Chris Keough-Huff, Sue Seavers

President Dana called the meeting to order at 6:08.

Minutes: The minutes from April 2021 were moved and voted to accept as written.

Treasurers – Andrea updated us on the checklist from April and noted that she is working with Joanne on several items.

A check was issued for the Billboard donation approved in April.

Name tags for our newest members (Susan, Chris, Karen and Michael) Trish will order and get Andrea the bill for payment

Report on Calendar Fundraiser. **After Square charges accounted for, our profit for this fundraiser was: \$7495**

Update on status of membership: Luz Rivera has passed away – status change; Dianne Kidd is not renewing; Nancy Ayers, Janet DaSilva and Maria Maloney have not responded to repeated requests. New members: Chris and Karen Keough-Huff and Michael Wallace are added to membership. Andrea will send updated Report with payment ONLINE to ZI before the 5/30 deadline.

OUTSTANDING: No Treasurer Report voted on and approved for Audit since December 2020. Please prepare report from December through May for the June 2021 meeting.

OUTSTANDING: UPDATED 2022 Budget should be emailed to all members by 5/31. Budget to be voted on at the June meeting.

OUTSTANDING: Provide a list of year end activities that will be completed for 5/31.

OUTSTANDING: Cut the YWPA check for winner announced in April. Dana or Mary will deliver.

After recommendation from Danielle and Trish, the Board agreed that we should follow the procedure voted on several years ago by the club: Sunshine Funds will be used for illness or death of someone close to a member. Amount will be \$50 donated either to the Rose Fund or to a charity specified in an obituary. Andrea is requested to send a \$50 donation from the Sunshine Fund to the Zonta International Foundation for Women's Rose Fund in memory of Luz Rivera. Members are welcome to make donations in Luz's memory to the Foundation or to a Shelter of their choice.

May 2021 – Women's Health Month speaker: Kerry Chenausky, NP did an outstanding job. She is interested in learning more about Zonta and has been added to our Supporter's list. Mary Ann Rubis also did an outstanding job in inducting Michael Wallace – a most welcome new member.

June 2021 – We plan to have a Picnic at the home of Chris and Karen. Everyone will be asked to bring their own food and drink. No decision yet of "rain plan". The business meeting agenda will be short – minutes, treasurer report and budget, golf tournament plans.

Members are encouraged to bring donations for the Golf raffle prize table – Suz and Stacy will collect and track them. More to come.

Other Business

Summer get-together – Trish has volunteered her house for a summer picnic in August. Details to follow.

Fall Conference – October 22-24, 2021 – Concord NH club is the host. Specifics not yet available but the formal conference will be totally remote.

Next board meeting 6/21/2021 at 6:00

Meeting was adjourned at 6:45

Respectfully Submitted, Mary Knight, Secretary

The ZONTA Club of Quaboag Valley 27th Golf Tournament Fundraiser

Sunday, September 12, 2021

Cold Spring Country Club, Belchertown, MA

We are gearing up for our September Golf Tournament Fundraiser!

Sponsor forms have been sent to past donors but additional new sponsors are welcome. Inform donors we are a 501(c)(3) charity organization. Please use the attached form and submit with payment to me in time to prepare signs for display on the course and in all publicity announcements.

We are once again offering our chance raffle which proved to be popular last year. Stacy and Suz prepared a list of suggested themes (see below). Since we have several men in our tournament keep them in mind regarding items appealing to men. We know that alcohol including beer and sport related items can appeal to all players. Since the country is slowly opening up restaurant and store gift cards are always popular. Please bring to our June meeting or send your items to Stacy and Suz. Golf Committee members will also arrange to pick up items donated by members and businesses.

Player Registration forms are attached as well. Players can register online at zontaqv.org/golf or submit forms to Mary. The forms include a choice of sandwich selection and extra cart at player's expense.

We will be offering boxed lunches which can be collected at any time during the course of play. We do not yet know if Joseph's at Cold Spring will obtain a liquor license by September but will inform all team captains in advance if allowed to bring their own alcohol and water will be provided.

Dana will be arranging golfing and non golfing members to work 3 shifts the day of the tournament starting with (1) at 7 a.m. for set up, registration and sale of raffle, 50/50 and mulligans as well as directing players to their assigned carts. Another group (2) would remain on hand by 8:30 a.m. to draw and post raffle tickets and monitor the prize and count proceeds from the early a.m. This group could also assist with distribution of boxed lunches. They will be joined by a final (3) group to monitor and hand out prizes to all the winners and assist with clean up. Golfing members would be part of the 1st and final shifts.

For your information we have included a flyer to post and share with others. Please feel free to contact any member of the Golf Committee including Debbie, Marge, Mary, Suz, Stacy and Karen. Many hands make light work and contribute to the success of this longstanding fundraiser. Hope to see you all June 14th and September 12th!

Debbie Wood

Chair, Golf Tournament Committee

We are putting together a bunch of themed raffle boxes. I am hoping that as you each are grocery shopping or find a good sale or just out and about and see something that would fit one of the themes that you might tuck it aside for a box. Of course we are always accepting gift cards and alcohol donations! Here are some of the themes with suggestions of items that may be helpful:

Tea Basket: teas, honey, tea pot, cup brewers, gift card to any tea shoppe/cafe

Coffee Basket: local coffee, Dunkin gift card, French press, flavored syrups, coffee shop gift card,

Popcorn basket: popcorn kernels, popcorn flavoring, oil to pop it in, popcorn bags, bowls, kettle corn, popcorn snacks, etc

Mill valley and/or Flayvors Ice cream basket: gift cards to either, ice cream toppings such as sprinkles, hot fudge, caramel, butterscotch, candies etc. bowls, scooper etc

Local brewery or winery baskets - anyone know any of the local brewers? cans are in. could we get a 12 pack or case? Drunken Rabbit, fort hill, Building 8, Iron Duke, Amherst Brewing, etc

Lottery scratch ticket: pick up one or more and I will collect from now until September

Writers/coloring box: pens, journals, colored pencils/pens, adult coloring books, local book shop or Barnes & Noble gift card.

Candle Box: candles of all types, lighters, gift card to Yankee candle etc. I know the paper store often has good sales on Candles.

Sports/golf basket: all types of balls, whiffle bats, tennis, paddle ball racquets, golf gear, dick's gift card., local sports team college or professional gear. etc. Anything sporty and will make it work

There will be a bunch more as well. If you have something you would like to re-gift or may be great to put on the raffle table please let me know and I will pick it up or bring it to the next meeting or feel free to drop it at Stacy & Suzanne's house anytime (21 Two Ponds Road, Belchertown). Thank you so much for anything you can offer!



ZONTA GOLF TOURNAMENT

SUNDAY, SEPTEMBER 12, 2021
COLD SPRING CC BELCHERTOWN

8:30 a.m. Shotgun Start - 18 Hole Scramble

Your support helps strengthen our organization, allowing us to continue providing the important community and worldwide service projects that further Zonta's vision of a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision-making positions on an equal basis with men. In such a world, no woman lives in fear of violence.



Mail Registration AND Payment by
September 1st to
Zonta of Quaboag Valley
PO Box 1034, Belchertown MA 01107
Questions: (413) 219-8260
Email: info@zontaqv.org

As we continue to deal with the uncertain times of COVID-19, there will be necessary changes to this annual fundraiser to offer a safe and fun outing for all to enjoy.

\$100 /Person
Includes
Greens Fees, Cart,
Boxed Lunch
Raffles
and Prizes
Day of Fun for a
Worthy Cause

Registration Form,
Online payment,
and Details:
zontaqv.org/golf



TAKE A PICTURE!

Visit ZontaQV.org/golf for the Forms
and online Registration and Payment.



Advocacy Report: In Support of SANE

From Pam Albertson, ZQV Advocacy Chair
and Zonta USA Caucus- Violence Against Women Subcommittee

A Sexual Assault Nurse Examiner (SANE) is a registered nurse who has completed additional education and training to provide comprehensive health care to survivors of sexual assault. As our May speaker— **Kerry Chenausky**, RN, MA SANE, WHNP-BC, ANP-BC - explained, SANEs provide a key role in helping survivors of sexual assault deal with both acute and long-term consequences of sexual violence, consistent with the mission of Zonta.

SANE is explained in more detail below, and Kerry would be a wonderful resource if you want to learn more!
The Massachusetts site is: www.mass.gov/ma-sexual-assault-nurse-examiner-sane-program

Sexual Assault Nurse Examiners (SANE) and International Association of Forensic Nurses (IAFN)

What is a SANE?

A Sexual Assault Nurse Examiner (SANE) is a registered nurse who has completed additional education and training to provide comprehensive health care to survivors of sexual assault. Similar services may be provided by others such as physicians or physician assistants, who may use the title Sexual Assault Forensic Examiner, Sexual Assault Examiner (Indian Health Services), or Sexual Assault Medical Forensic Examiner (military). Education, training, and certification for these providers are provided through the International Association of Forensic Nurses (IAFN).

A SANE does much more than conduct an examination of a sexual assault victim and complete a rape kit. The Office of Victims of Crime (<https://www.ovcttac.gov/saneguide/introduction/>) provides a comprehensive description of SANEs:

In order to offer comprehensive care, the role of the SANE includes evaluating and treating the patient in a holistic way, being mindful of both the acute and long-term consequences of sexual violence victimization. The SANE can gather a culturally and developmentally appropriate medical history and a history of the assault, with an essential understanding of the medical and legal implications of both. Gathering this history lays a foundation to offer the patient suitable options in care, which may include forensic evidence collection, testing and treatment or prevention of sexually transmitted diseases and the human immunodeficiency virus (HIV), pregnancy prevention, and immediate and follow-up services with community-based sexual assault advocacy, and medical and law enforcement partners. The SANE ultimately provides culturally sensitive, developmentally appropriate, trauma-informed, and patient-specific evaluation and treatment. SANEs are also prepared to testify in a criminal or civil trial as a fact or expert witness when necessary, and understands the ethical obligations of their testimony and the limitations as well.

Challenges and needs of SANE programs

There are currently more than 900 fully trained forensic nurses in the U.S. But of the more than 6,000 hospitals in the U.S., only a small percentage maintain full-time SANE personnel on site. An NBC investigation across all 50 states found the average percent of trained nurses is 3.7% nationwide (Kaplan et al. 2020). Most SANEs are “on-call,” which creates a host of problems with time, availability, distance, funding, need, and hospital profitability. Few hospitals have robust forensic exam programs, and nurses are often on call 24 hours a day to do exams, in addition to their other full-time responsibilities, which can lead to burnout. Hospitals have little incentive to invest in programs because they do not generate profit. Retention of trained SANEs is problematic not only because burnout but also difficulties in completing their clinical hours or finding opportunities to practice. Funding is critical to starting and sustaining a SANE program, providing the necessary support for personnel, space and equipment, operations, coordination, training, and insurance. Key funding sources include grants, crime victims' compensation, Medicare/Medicaid, and donations.

International Association of Forensic Nurses (IAFN) – a potential partner for Zonta

IAFN is a professional organization and network of over 6,000 members who practice and support forensic nursing in 26 countries. It develops, promotes, and disseminates information internationally about forensic nursing science, and provides a diversity of resources for hospitals and nurses who specialize in care of patients who are victims and/or perpetrators of trauma, including educa-

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Continued

tional programs, certification, and grants. Their primary activities are prevention awareness, resource referral, statewide coalitions, legislative interest and action, and education specific to forensic nursing. Public policy is focused on three key aspects: 1) support funding of the Violence Against Women Act (VAWA), 2) increase access to forensic nurses in the United States and globally, and 3) monitor and comment on policy developments that impact access to forensic nurses and comprehensive care and safety for their patients.

Current federal legislation to support SANE programs

The Survivors' Access to Supportive Care Act (SASCA) (S.926/H.R.2145). S.926 was introduced by Senator Patty Murray (D-WA) and Senator Lisa Murkowski (R-AK) in the Senate. A companion bill, H.R.2145, was introduced in the House of Representatives by Rep. Pramila Jayapal (D-WA) and Rep. Peter King (R-NY). SASCA will: 1) strengthen the sexual assault examiner workforce by evaluating state-level needs, 2) develop and test national standards of care for victims of sexual assault, 3) increase understanding of and access to sexual assault care nationwide, 4) increase understanding of and access to sexual assault care nationwide, 5) increase access to SAFE/SANE services for students, and 6) create a new resource center to provide technical assistance to states and hospitals in providing care to survivors.

A Bill to bill to amend the Victims of Crime Act of 1984 (S 1339) was introduced by Senator Catherine Cortez-Masto (NY) and co-sponsored by Senator Pat Toomy (PA), requiring state programs under the VOCA Act to allow victims to file for compensation without being unfairly penalized for delays due to rape kit backlogs. The legislation would ensure that when a law enforcement agency initiates a renewed investigation into a previously reported sexual assault after DNA testing or other evidence has revealed the identity of the offender, a victim would be eligible to apply for compensation, even if the deadline for submitting an application has passed.

How Zontians can support SANEs

SANEs provide a key role in helping survivors of sexual assault deal with both acute and long-term consequences of sexual violence, consistent with the mission of Zonta. Zontians can help increase awareness about SANEs in their community and advocate for greater support in multiple ways:

- Contact your legislators support HR 2145 and support S 1339.

- Educate Zonta members and become involved with SANE nurses in their area and state.

- Learn about challenges SANE programs face or current state legislation that affects them.

- Provide hope kits or fund training and Scholarships to local SANEs (Cheyenne, WY and Jamestown ND clubs).

- Apply advanced education scholarship or grant opportunities specific to SANE nurses.

Information in this article was obtained from:

International Association of Forensic Nurses, <https://www.forensicnurses.org/>; Christina Presenti, IAFN

Office of Victims of Crime: SANE Program Development and Operation Guide, <https://www.ovcttac.gov/saneguide/>

Kaplan, A., W. Wong, A. Keyes, and C. Beck. 2020. After a sexual assault, where ca you get a medical and forensic exam? NBC news investigative report, December 28, 2020. Available online at <https://www.nbcnews.com/health/sexual-health/map-where-sexual-assault-forensic-exams-are-available-your-state-n1252376>

[Jayapal, Murray, Murkowski Reintroduce Bipartisan Bill to Help Survivors get Critical Sexual Assault Examinations - Congresswoman Pramila Jayapal \(house.gov\)](https://www.cortezmasto.senate.gov/news/press-releases/cortez-masto-and-toomey-introduce-bipartisan-legislation-to-ensure-survivors-of-sexual-assault-can-access-victims-benefits)

<https://www.cortezmasto.senate.gov/news/press-releases/cortez-masto-and-toomey-introduce-bipartisan-legislation-to-ensure-survivors-of-sexual-assault-can-access-victims-benefits>