

# Zonta District 1 Period Project

Distributing dignity to women living  
with homelessness or poverty

ALL WOMEN DESERVE SUPPLIES

# PERIOD



*The average woman requires over \$6,000 worth of  
disposables in her lifetime. For some women, that time  
of the month couldn't come at a worse time.*

*#TheHomelessPeriod*

Tampons | Pads | Panty liners | Wipes | Soap | Underwear

Please join us in collecting  
feminine products for women  
and girls living in shelters  
and in poverty.

Details at [ZontaQV.org/Period](http://ZontaQV.org/Period)



Together, we can make a period just a little easier.