

## Join Us!

Become part of a vibrant community that values action, dialogue, and progress. Whether you're looking to lead a project, share your expertise, or simply support impactful initiatives, your journey starts here.

## Rewards for Members

- Be a catalyst for empowerment
- Hone your leadership skills
- Build a community of strong women
- Access an international network
- Lead a truly meaningful legacy
- Expand knowledge and expertise
- Join the fight for gender equity
- Make the most of your life
- Stand up for human rights
- Be a mentor and/or be a mentee

## Take Action

Getting involved is easy. Visit our website or speak with a current member to learn more about the organization. If interested in membership, complete a Prospective Member form. Consider attending an upcoming meeting and getting involved in one of our projects.



Visit the ZontaQV website

## Zonta of Quaboag Valley Officers for 2025-2026

President	<i>Cynthia Melcher</i>
Vice Presidents	<i>Karen and Chris Keough-Huff</i>
Treasurers	<i>Joanne Turner-Chiacchia Pamela Albertson</i>
Secretary	<i>Mary Knight</i>
Director	<i>Patricia Pupek</i>
Director	<i>Andreea Rotaru</i>
Parliamentarian	<i>Cherie Braun</i>

## Upcoming Events

**March 10 5:30** – Dinner Meeting  
International Women's Day Program:  
Women Making a Difference

**March 10-21** New York and Virtual  
Commission on the Status of Women

**April 14 5:30** Dinner Meeting  
Emergency Evacuation Planning  
Calendar Raffle Sales

**May 12 5:30** Dinner Meeting  
The Zonta Foundation for Women  
Membership Orientation

**June 9 6:00** Potluck Dinner  
Scholarship Presentation  
Committee Reviews



**Welcome to Change**  
Welcome to the Zonta Club of Quaboag Valley, where your voice powers our mission to improve the lives of women and girls, locally and globally. Join us to make a tangible difference in your community and beyond!



**Zonta Club of Quaboag Valley**  
[www.ZontaQV.org](http://www.ZontaQV.org)  
[Info@ZontaQV.org](mailto:Info@ZontaQV.org)  
413-219-8260

## What Empower Zonta?



The name Zonta is derived from a Lakhota word of the Native American Sioux Indian word meaning “honest and trustworthy.”

**Zonta is an international service organization** working to improve the legal, political, economic, health, leadership and educational status of all women.

Since its 1919 inception in Buffalo, NY, the organization has grown to include clubs in 67 countries. There are 32 districts throughout the world that forms Zonta International. The Zonta Club of Quaboag Valley is part of Zonta District 1, which comprises Rhode Island, Connecticut, Massachusetts, New Hampshire, Vermont, Maine, and Nova Scotia, Canada.

**Zonta International and its members volunteer their time,** talents and energy at the international, national and local levels to realize our vision of a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential, where women have access to all resources and are represented in decision-making positions on an equal basis with men, and where



no woman lives in fear of violence.

**Learn more about Zonta International**  
[www.zonta.org](http://www.zonta.org).

## 2010 Advocate Day Award



**The Zonta Club of Quaboag Valley fosters a deep connection** between our members' passions and our projects. Here, every member has the opportunity to lead, share, and inspire.

**During the 16 Days of Activism** against Gender-Based Violence in 2024, members worked with The Writing Sisters to submit poems about women with the themes of Empowerment, Survival, Resilience, Mother, and Shero's. Each day, a poem was posted on our Zonta of Quaboag Valley web page and on Facebook.

**Each year we raise awareness** and funds to purchase women's hygiene supplies (considered a luxury by federal law) for packaging and distribution to shelters, food pantries, schools and organizations serving women and teens in need.

**We work closely** with local domestic violence task forces, like-minded organizations, state and federal legislators regarding issues impacting women and girls. The Zonta USA Caucus ensures we are informed as advocates, and we host subject-matter experts at our meetings to keep us abreast of local challenges.

## Impact

**Fundraising efforts help Zonta amplify** its positive impact, grow its reach and influence more people. The Quaboag Valley club holds a Golf Tournament, sells Poinsettia plants and sponsors a Calendar Raffle each year.

**One-third of profits are donated to the Zonta Foundation for Women** to fund Scholarships and Awards, and International Service projects chosen by members at a biennial Convention. As a non-governmental organization (NGO), Zonta works with UNICEF and other United Nations agencies to measurably change lives. Current ZI projects include Ending Child Marriage, Engaging Girls on Climate Change, Women's Health, Rights and Gender-based Violence Services.

**Two-thirds of fundraising profits are earmarked for local initiatives** chosen by members and through Service Grant applications from community partners such as Alianza Domestic Violence Services, Ware Domestic Violence Taskforce, YWCA of Western MA, Belchertown Police RAD program, Girls Inc. of the Valley, Girls on the Run Western MA, Safe Passage, CHD Court Appointed Special Advocates, and most recently to Children's Advocacy Center of Hampshire County. During the December holidays, we distributed gift cards to women and families in shelters and sent checks to local food banks.

**The Quaboag Club is grateful to members and allies** for their generous support in our fundraising efforts.